

Linwood Nester
Sprint Invitational

June 24, 2026



HOST: Mechanicsburg Swim Club
LOCATION: Mechanicsburg High School
500 S. Broad Street
Mechanicsburg, PA 17055

DATE: Wednesday June 24, 2026

TIME: The meet will begin at 6:00 pm. Warm up times will be sent/posted once we have all the entries.

PURPOSE: The Linwood Nester Sprint Invitational is a league approved, short-format swim meet hosted by the Mechanicsburg Swim Club (MSC) at the Mechanicsburg Area Senior High School. This invitational is held in honor of Linwood Nester, a former swim coach whose dedication and impact on the Mechanicsburg High School swimming program left a lasting legacy. All proceeds from the event will directly support and grow the Linwood Nester Scholarship Fund, benefiting future student-athletes. This meet is designed to be high-energy, efficient, and family-friendly, with short race distances, creative awards, and minimal volunteer demands.

FACILITY: Mechanicsburg High School is an 8-lane, 25-yard pool. A fully automatic Colorado 7 timing system, with touch pads at both the far end and the finish end with plungers at both ends, along with manual stop watches. 8 lane display panel will be used. The meet will be posted on the meet mobile app.

As a reminder:

This meet counts towards the league minimum to qualify for CASL post season participation.

ENTRIES: Meet entries must be e-mailed by 9:00 PM on Saturday, June 20 using the Hy-Tek Team manager entry file. Entries must be submitted to mglumacswimmingcoach@mbgsd.org (*Event #51 is open to coaches, parents & alum who would like to swim a 25. Bring names to the scorer's table on day of meet*). Make one check payable the Mechanicsburg Swim Club for your team's entries – mail to 275 Cumberland Parkway #244, Mechanicsburg, Pa 17055 (UPS drop box) or bring on day of meet.

ENTRY LIMITS: Swimmers may enter a maximum of 4 individual events and 2 relays. Each relay must include at least one boy and one girl.

ENTRY FEES: \$5 per event, relays \$20.

TEAM AREA:

Teams will be seated in the Gymnasium. The school district has asked that **NO CHAIRS** be placed on the gym floor. Teams may sit in the bleachers or on the gym floor. Parents may place chairs in the long hallway outside the gym. The Mechanicsburg School District (MBGSD) and Mechanicsburg Swim Club (MSC) require that each team provide adult supervision for their team area and comply with MBGSD regulations.

SWIMMER SEEDING: Swimmers will be staged – pre-event - in the auxiliary gym behind the pool. All swimmers must have footwear & a towel when walking to and from the pool.

COACHES AREA: Coaches will be located on the opposite side of the spectator seating in the pool area.

HOSPITALTY: Coaches and Officials hospitality will be in the pool storage area behind the scorer's table.

CONCESSIONS: The concession stand will be in the hallway between the cafeteria & pool. We accept cash. Food and drink are **NOT** permitted in the pool, or spectator areas. Tables & chairs will be provided in the concession stand area. Water is permitted in the pool, and spectator area.

AWARDS: Ribbons will be awarded to the top eight finishers in each event. High Point Medals will be awarded in each age group for boys and girls. A coach or parent representative must pick up their team's awards at the end of the meet.

ADMISSION: Admission fee is \$5.00 for non-swimmers ages 12 and older. Doors open at 4:00pm

CONTACTS: Meet Director: Mike Glumac 717-503-1831
mglumacswimmingcoach@mbgsd.org

Head Referee: Jaime Kichline jaime@onsongapp.com

2026 Nester Invitational T-shirts: (Details & link will be sent to each team)

INVITATIONAL HOME PAGE: [Linwood Nester Invitational 2026](#)

MEET MOBILE: Meet results will be posted via the Meet Mobile App. Download from either Google Play or the Apple App Store.

MEET LIVESTREAM: The meet will be livestreamed on TV's located in the cafeteria & concession stand areas.

IMPORTANT INFORMATION

PLEASE SHARE THIS INFORMATION WITH ALL PARENTS and SWIMMERS

The Mechanicsburg School District has graciously allowed us to use the pool & school facilities to host this meet. Please return the courtesy by following the pool & school rules and adhere to the following.

There is no Smoking/Vaping allowed anywhere on the school property.

There are lockers for your swimmer's use, however, neither the school district nor MSC will be held responsible for any lost or stolen items.

No parent/spectator/volunteer are allowed in the locker rooms. Public restrooms are available in the pool entry & in the hallway by the concession stand.

Your team will be responsible for cleaning your area after the meet has been completed.

Be safe and have a great meet!

Linwood Nester Sprint Invitational Order of Events

Event	Event Name	Event	Event Name
1	Mixed 5-18 100 Medley Relay	40	Boys 7-8 25 Butterfly
2	Boys 6 & Under 25 Freestyle	41	Girls 7-8 25 Butterfly
3	Girls 6 & Under 25 Freestyle	42	Boys 9-10 25 Butterfly
4	Boys 7-8 25 Freestyle	43	Girls 9-10 25 Butterfly
5	Girls 7-8 25 Freestyle	44	Boys 11-12 25 Butterfly
6	Boys 9-10 25 Freestyle	45	Girls 11-12 25 Butterfly
7	Girls 9-10 25 Freestyle	46	Boys 13-14 25 Butterfly
8	Boys 11-12 25 Freestyle	47	Girls 13-14 25 Butterfly
9	Girls 11-12 25 Freestyle	48	Boys 15-18 25 Butterfly
10	Boys 13-14 25 Freestyle	49	Girls 15-18 25 Butterfly
11	Girls 13-14 25 Freestyle	50	Mixed 5-18 100 Free Relay
12	Boys 15-18 25 Freestyle	51	Mixed 19-99 Freestyle
13	Girls 15-18 25 Freestyle		Open to coaches, parents & alum
14	Boys 6 & Under 25 Backstroke		
15	Girls 6 & Under 25 Backstroke		
16	Boys 7-8 25 Backstroke		
17	Girls 7-8 25 Backstroke		
18	Boys 9-10 25 Backstroke		
19	Girls 9-10 25 Backstroke		
20	Boys 11-12 25 Backstroke		
21	Girls 11-12 25 Backstroke		
22	Boys 13-14 25 Backstroke		
23	Girls 13-14 25 Backstroke		
24	Boys 15-18 25 Backstroke		
25	Girls 15-18 25 Backstroke		
26	Boys 6 & Under 25 Breaststroke		
27	Girls 6 & Under 25 Breaststroke		
28	Boys 7-8 25 Breaststroke		
29	Girls 7-8 25 Breaststroke		
30	Boys 9-10 25 Breaststroke		
31	Girls 9-10 25 Breaststroke		
32	Boys 11-12 25 Breaststroke		
33	Girls 11-12 25 Breaststroke		
34	Boys 13-14 25 Breaststroke		
35	Girls 13-14 25 Breaststroke		
36	Boys 15-18 25 Breaststroke		
37	Girls 15-18 25 Breaststroke		
38	Boys 6 & Under 25 Butterfly		
39	Girls 6 & Under 25 Butterfly		

PARKING MAP:



Parking:

- We ask that all coaches and officials please park in the green square in front of the high school.
- All swimmers and families should park behind the high school (between the tennis courts and athletic track) in the purple square. Once parked, please proceed to the gymnasium entrance to enter the school. Signs will be posted.