

**55th Annual Gary Shank Invitational
Hosted by the Carlisle Swim Club**

Date: Tuesday June 30, 2026

Meet Background

Gary Shank is a former coach of the Carlisle Swim Club who was instrumental in founding the swim team in 1968. The team joined the Capital Area Swim League in 1969. Gary served as Head Coach of the Carlisle Swim Club team until 2014 and was Capital Area Swim League President from 1984 to 2014. Gary continues to have a positive impact on summer swimming. Both the Carlisle Swim Club Invitational and Capital Area Swim League All-Star Meet were renamed in honor of his years of service to swimming in South-Central Pennsylvania. The meet is split into two sessions which are listed below.

AM Session (Warm up begins at 11 AM/ Meet starts at 12 PM): Swimmers 11+

PM Session (Warm up begins at 3 PM/ Meet starts at 4 PM): Swimmers 10 and under

Facility

- 6-lane, 25-meter pool, starting blocks on both ends of the pool.
- Colorado Timing System with touchpads and spectator display.

Admission

- \$5 cash admission charge for adults (swimmers, coaches, volunteers, and kids under 18 are free).

Entries

- Swimmers may enter a maximum of 3 individual events and 2 relays.
- Submit entries using the meet Hy-Tek file.
- Use meter times for entries.
- Age group is determined by swimmer age as of June 1, 2026.

Entry Fees

- Entries are \$7 per individual event and \$24 for relays.
- Make checks payable to **CARLISLE SWIM CLUB**.
- Write one check for total team entry fees and enclose a physical copy of team entries.

- **MAIL ALL CHECKS AND ENTRIES TO:**
Devon Chenot
22 Dannah Drive
Carlisle, PA, 17015
- Also email your entry file to devonchenot@gmail.com

Awards

- Awards will be given for 1st through 6th place in each event per age group.
- Heat winners will receive prizes.
- One male and one female will win a high point award in each age group.
- High point awards are only calculated based on individual events.

Concessions

- Concessions are cash only.
- Gary Shank Invitational T-shirts will also be available for purchase.

Directions

- Physical Address:
Carlisle Swim Club
1286 S Pitt St, Carlisle, PA, 17013
- The Carlisle Swim Club is located off of Exit 47A of Interstate 81.
- The pool can be accessed by using PA Route 34 traveling south to Rolling Drive just beyond Chili's.
- Once on Rolling Drive, turn left at the first stop sign and you will see the Carlisle Swim Club sign.

Relays

- All relays are mixed relays. At least one relay team member must be from the opposite gender (Ex: 1 girl and 3 boys, 1 boy and 3 girl, or 2 girls and 2 boys).

Volunteers

- Timers and officials are needed to help run this event. Please email Devon Chenot at devonchenot@gmail.com with your list of volunteers and the sessions they are willing to help. Volunteers receive free admission.

2026 Gary Shank Invitational AM Session (Ages 11+)

Warmup begins at 11 AM / Meet begins at 12 PM

Boys Event Number	Age Group	Event	Girls Event Number
1	11-12	200 Meter Mixed Medley Relay	1
2	13-14	200 Meter Mixed Medley Relay	2
3	15+	200 Meter Mixed Medley Relay	3
4	11-12	100 Meter Individual Medley	5
6	13-14	100 Meter Individual Medley	7
8	15+	100 Meter Individual Medley	9
10	11-12	50 Meter Freestyle	11
12	13-14	50 Meter Freestyle	13
14	15+	50 Meter Freestyle	15
16	11-12	50 Meter Backstroke	17
18	13-14	50 Meter Backstroke	19
20	15+	50 Meter Backstroke	21
22	11-12	200 Meter Mixed Freestyle Relay	22
23	13-14	200 Meter Mixed Freestyle Relay	23
24	15+	200 Meter Mixed Freestyle Relay	24
25	11-12	100 Meter Freestyle	26
27	13-14	100 Meter Freestyle	28
29	15+	100 Meter Freestyle	30
31	11-12	50 Meter Breaststroke	32
33	13-14	50 Meter Breaststroke	34
35	15+	50 Meter Breaststroke	36
37	11-12	50 Meter Butterfly	38
39	13-14	50 Meter Butterfly	40
41	15+	50 Meter Butterfly	42

2026 Gary Shank Invitational AM Session (Ages 10 and Under)

Warmup begins at 3PM / Meet begins at 4 PM

Boys Event Number	Age Group	Event	Girls Event Number
43	8 and Under	100 Meter Mixed Medley Relay	43
44	9-10	200 Meter Mixed Medley Relay	44
45	8 and Under	100 Meter Individual Medley	46
47	9-10	100 Meter Individual Medley	48
49	8 and Under	25 Meter Freestyle	50
51	9-10	50 Meter Freestyle	52
53	8 and Under	25 Meter Backstroke	54
55	9-10	50 Meter Backstroke	56
57	8 and Under	100 Meter Mixed Freestyle Relay	57
58	9-10	100 Meter Mixed Freestyle Relay	58
59	8 and Under	25 Meter Breaststroke	60
61	9-10	50 Meter Breaststroke	62
63	8 and Under	25 Meter Butterfly	64
65	9-10	50 Meter Butterfly	66