

# CAPITAL AREA SWIM LEAGUE

## 2026 MEMBERSHIP ROSTER

[www.swimcasl.org](http://www.swimcasl.org)

Last Updated: March 31, 2026

Report any changes or corrections directly to Mike Gobrecht at [mike@michaelgobrecht.com](mailto:mike@michaelgobrecht.com)

### *Officers*

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## League Teams

Team	Head Coach	CASL Representative
<b>AQUATIC CLUB OF THE WEST SHORE</b>		
<b>ACWS (1A)</b> Red Land High School 560 Fishing Creek Rd, Lewisberry 17399 <a href="https://www.swimwithacws.com/">https://www.swimwithacws.com/</a> 25 yards   6 Lanes Sat @ 8:30 AM, Indoor <b>No Home Meets in 2026</b>	<b>Kori Beamer</b> <a href="mailto:kcbeamer@gmail.com">kcbeamer@gmail.com</a> 326 3 <sup>rd</sup> St #1, New Cumberland 17070 (717) 919-8988	<b>Nikki Fehr</b> <a href="mailto:bnikkifehr@gmail.com">bnikkifehr@gmail.com</a>
<b>BIG SPRING AQUATIC CLUB</b>		
<b>BSAC (2A)</b> Big Springs High School 100 Mount Rock Rd, Newville 17241 <a href="https://www.swimbsac.org/">https://www.swimbsac.org/</a> 25 yards   8 Lanes (score 6) Sat @ 9:00 AM, Indoor	<b>Mike Owen</b> <a href="mailto:mowen1579@yahoo.com">mowen1579@yahoo.com</a> 100 Mount Rock Rd, Newville 17241 717-385-6029	<b>Evan Jarusewski</b> <a href="mailto:swimbulldogs19@gmail.com">swimbulldogs19@gmail.com</a> 717-713-9859
<b>BOBCAT SWIM CLUB</b>		
<b>BSC (4A)</b> Northeastern High School 300 High St, Manchester 17345 <a href="http://www.bscswimming.com">www.bscswimming.com</a> 25 yards   6 Lanes Sat @ 8:30 AM, Indoor	<b>Lyndsay Schaeberle</b> <a href="mailto:fry3578@gmail.com">fry3578@gmail.com</a> 110 Old School Ln, Manchester 17345 (717) 968-4355 cell	<b>Dan Schaeberle</b> <a href="mailto:schaeberled@gmail.com">schaeberled@gmail.com</a> (717) 891-3471 cell
<b>CAMP HILL AQUATIC CLUB</b>		
<b>CHAC (2A)</b> Seibert Memorial Park 2414 Walnut St, Camp Hill 17011 <a href="http://www.swimcamphill.org">www.swimcamphill.org</a> 25 meters   8 Lanes Sat @ 8:30 AM, Outdoor	<b>Elizabeth Skolnicki</b> <a href="mailto:elizabeth.skolnicki@gmail.com">elizabeth.skolnicki@gmail.com</a> 3017 1/2 Dickinson Ave, Camp Hill 17011	<b>Christina Garber</b> <a href="mailto:christina@ilovealtoona.com">christina@ilovealtoona.com</a> (814) 330-0535 cell

Team	Head Coach	CASL Representative
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**CARLISLE SWIM CLUB**

<p><b>CSC (3A)</b>            Carlisle Swim Club            1286 South Pitt St, Carlisle 17013  <a href="http://www.carliseswimclub.com">www.carliseswimclub.com</a>            25 meters   6 Lanes            Sat @ 8:30 AM, Outdoor</p>	<p><b>Tara Young</b>  <a href="mailto:tarayswim@gmail.com">tarayswim@gmail.com</a>            103 Schoolfield Dr, Carlisle 17013            (717) 448-6291 cell</p>	<p><b>Jason Bono</b>  <a href="mailto:Jason.bono80@gmail.com">Jason.bono80@gmail.com</a></p>
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**CENTRAL AQUATICS OF PA**

<p><b>CAP (1A)</b>            East Pennsboro Middle School            529 Panther Pkwy, Enola 17025  <a href="https://www.capswim.com/">https://www.capswim.com/</a>            25 yards   6 Lanes            Wed @ 6:00 PM, Indoor</p>	<p><b>Leah Gingrich</b>  <a href="mailto:capswim.leah@gmail.com">capswim.leah@gmail.com</a>            793 South Humer St, Enola 17025            (717) 395-7949</p>	<p><b>Tina Gingrich</b>  <a href="mailto:capswim.tina@gmail.com">capswim.tina@gmail.com</a>            (717) 608-0389</p>
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**CENTRAL YORK AQUATICS**

<p><b>CYA (3A)</b>            Central York High School            601 Mundis Mill Rd, York 17406  <a href="http://www.swimcya.com">www.swimcya.com</a>            25 yards   8 Lanes            Sat @ 8:30 AM, Indoor</p>	<p><b>Aaron Tate</b>  <a href="mailto:cyacoachtate@gmail.com">cyacoachtate@gmail.com</a>            500 Paradise Rd, York 17402            (717) 819-3171</p>	<p><b>Ashley Martz</b>  <a href="mailto:swimcypresident@gmail.com">swimcypresident@gmail.com</a></p>
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**CUMBERLAND VALLEY AQUATIC CLUB**

<p><b>CVAC (4A)</b>            Cumberland Valley High School            6746 Carlisle Pike, Mechanicsburg 17050  <a href="http://www.teamunify.com/macvac">www.teamunify.com/macvac</a>            25 yards   8 Lanes            Sat @ 8:30 AM, Indoor</p>	<p><b>Gus Schnell</b>  <a href="mailto:cvaccoaches@gmail.com">cvaccoaches@gmail.com</a>            164 Rich Valley Rd, Mechanicsburg 17050            (717) 439-0564</p>	<p><b>Jason Sandhaus</b>  <a href="mailto:lemonsandhaus@gmail.com">lemonsandhaus@gmail.com</a>            (717) 418-2827</p>
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Team	Head Coach	CASL Representative
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**DALLASTOWN SWIM CLUB**

<p><b>DSC (4A)</b>  Dallastown Area School District  700 New School Lane, Dallastown 17313  <a href="http://www.teamunify.com/masdsc">www.teamunify.com/masdsc</a>  25 yards   6 Lanes  Sat @ 8:30 AM, Indoor</p>	<p><b>Megan Zinn</b>  <a href="mailto:Meganzinn@comcast.net">Meganzinn@comcast.net</a>  91 W Brook Cir, York 17403  (717) 793-1195</p>	<p><b>Megan Zinn</b>  <a href="mailto:Meganzinn@comcast.net">Meganzinn@comcast.net</a>  91 W Brook Cir, York 17403  (717) 793-1195</p>
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**DOVER AREA AQUATIC CLUB**

<p><b>DAAC (4A)</b>  Dover Aquatic Center  4500 Intermediate Ave, Dover 17315  <a href="http://www.swimdover.org">www.swimdover.org</a>  25 yards   6 Lanes  Sat @ 8:30AM, Indoor</p>	<p><b>Ross Spangler</b>  <a href="mailto:rspangler@doversd.org">rspangler@doversd.org</a>  3171 Sky Top Tr, Dover 17315  (717) 676-1366 cell</p>	<p><b>Ross Spangler</b>  <a href="mailto:rspangler@doversd.org">rspangler@doversd.org</a>  (717) 676-1366 cell</p>
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**GETTYSBURG SHARKS SWIM TEAM**

<p><b>GETY (3A)</b>  Hanover Area YMCA, Gettysburg  909 Fairfield Rd, Gettysburg 17325   25 meters   6 Lanes  Sat @ 8:30 AM, Indoor</p>	<p><b>Megan Maslowski</b>  <a href="mailto:sharkscoaches@gmail.com">sharkscoaches@gmail.com</a>  <a href="mailto:mmaslowski@hanovermca.org">mmaslowski@hanovermca.org</a>  228 Highland Ave, Gettysburg 17325  (717) 215-6051; (717) 253 1706 cell</p>	<p><b>Sara Dooley</b>  <a href="mailto:saradooley14@gmail.com">saradooley14@gmail.com</a></p>
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**HAMPDEN DUCKS**

<p><b>DUCK (4A)</b>  Hampden Township Park  5001 Park, Mechanicsburg 17050  <a href="http://ducks.wsyswim.org">http://ducks.wsyswim.org</a>  25 meters   8 Lanes  Sat @ 8:30 AM, Outdoor</p>	<p><b>Samantha Shirliff</b>  <a href="mailto:samantha.shirliff@ymcaharrisburg.org">samantha.shirliff@ymcaharrisburg.org</a>  410 Fallowfield Rd, Camp Hill 17011  (717) 580-1364</p>	<p><b>Janet Butterfield</b>  <a href="mailto:HampdenDucks@gmail.com">HampdenDucks@gmail.com</a>  (717) 576-8945</p>
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### HANOVER Y STINGRAYS SWIM CLUB

<p><b>HAY (1A)</b>            Hanover Area YMCA, Hanover            500 George St, Hanover 17331</p> <p>25 meters   6 Lanes  <i>Admission fee \$5</i></p>	<p><b>Ben Olewiler</b>  <a href="mailto:kbsdad24@gmail.com">kbsdad24@gmail.com</a></p>	<p><b>Cassandra Beck</b>  <a href="mailto:cswim94@gmail.com">cswim94@gmail.com</a>            410-474-3365</p>
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### INDIAN CREEK AQUATIC CLUB

<p><b>ICAC (2A)</b>            Indian Creek Recreation Club            458 Pawnee Dr, Mechanicsburg 17050  <a href="http://www.swimindiancreek.org">www.swimindiancreek.org</a>            25 meters   4 Lanes            Sat @ 8:30 AM, Outdoor</p>	<p><b>Nick Francis</b>            1830 Hunter Dr, Mechanicsburg 17050</p>	<p><b>Ally Yurkanin</b>  <a href="mailto:allysi@comcast.net">allysi@comcast.net</a>            (717) 856-1392</p> <p><b>Jess McFarland</b>  <a href="mailto:jladams196@gmail.com">jladams196@gmail.com</a></p>
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### MECHANICSBURG SWIM CLUB

<p><b>MSC (3A)</b>            Mechanicsburg Area Senior High School            500 South Broad Street, Mechanicsburg 17055  <a href="http://www.mechanicsburgswimclub.com">www.mechanicsburgswimclub.com</a>            25 yards   8 lanes            Sat @ 8:30 AM, Indoor</p>	<p><b>Mike Glumac</b>  <a href="mailto:mglumac@prismworks.net">mglumac@prismworks.net</a>            2768 Stone Gate Cir, Camp Hill 17011            (717) 503-1831</p>	<p><b>Jaime Kichline</b>  <a href="mailto:Jaime@onsongapp.com">Jaime@onsongapp.com</a>            (717) 253-4439</p>
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### RED LION AQUATIC CLUB

<p><b>LAC (1A)</b>            Red Lion High School            200 Horace Mann Ave, Red Lion 17356</p> <p>25 meters   6 Lanes            Sat @ 8:30 AM, Indoor</p>	<p><b>Kelley Romyn</b>  <a href="mailto:wheres.kelley@gmail.com">wheres.kelley@gmail.com</a>            (484) 955-2594</p>	<p><b>Amy Shoffner</b>  <a href="mailto:amyshoffner@yahoo.com">amyshoffner@yahoo.com</a></p> <p><b>Bridgette Urey</b>  <a href="mailto:dobemom.bu@gmail.com">dobemom.bu@gmail.com</a>            (717) 758-7561</p>
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Team	Head Coach	CASL Representative
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**SEAHORSE SWIM TEAM**

<p><b>SST (3A)</b>          Emory H Markle Middle School          225 Bowman Rd, Hanover 17331  <a href="http://www.seahorseswimteam.org">www.seahorseswimteam.org</a>          25 yards   6 Lanes          Sat @ 8:30 AM, Indoor</p>	<p><b>Ray Evelan</b>  <a href="mailto:rayevelan03@gmail.com">rayevelan03@gmail.com</a>          6096 Old Hanover Rd, Spring Grove 17362          (717) 476-7203; (717) 479-6886 cell</p>	<p><b>Bill Sterner</b>  <a href="mailto:bsterner@embarqmail.com">bsterner@embarqmail.com</a>          (717) 637-8834</p>
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**SHIPPENSBURG AQUATIC CLUB**

<p><b>SAC (1A)</b>          Shippensburg Area Sr High School          201 Eberly Drive, Shippensburg 17257  <a href="http://www.swimship.org">www.swimship.org</a>          25 yards   6 Lanes          Sat @ 9:00 AM, Indoor</p>	<p><b>Jonathan Hoffman</b>  <a href="mailto:jonathanrhoffman81@gmail.com">jonathanrhoffman81@gmail.com</a>          (717)-217-9005</p>	<p><b>Melissa Snyder</b>  <a href="mailto:curly_sue60@hotmail.com">curly_sue60@hotmail.com</a>  <a href="mailto:shipaquclub@gmail.com">shipaquclub@gmail.com</a></p>
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**SOUTH MIDDLETON SWIM CLUB**

<p><b>SMSC (2A)</b>          Boiling Springs High School          21 Academy St, Boiling Springs, PA 17007           25 yards   6 Lanes          Wed @ 5:30 PM, Indoor</p>	<p><b>Matt Brenner</b>  <a href="mailto:mdb@smsd.us">mdb@smsd.us</a>          7 Pewter Lane ,Boiling Springs, PA 17007          (717)-448-7104</p>	<p><b>Brid Kenyon</b>  <a href="mailto:smscsharks@gmail.com">smscsharks@gmail.com</a>  <b>Billy Sellers</b>  <a href="mailto:bsellers@smiddleton.com">bsellers@smiddleton.com</a></p>
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**SPRING GROVE SWIM CLUB**

<p><b>SGSC (2A)</b>          Spring Grove High School          1490 Roth's Church Rd, Spring Grove 17362  <a href="http://www.sgsc.teampages.com/">http://www.sgsc.teampages.com/</a>          25 yards   6 Lanes          Sat @ 8:30 AM, Indoor</p>	<p><b>Brian Wingert</b>  <a href="mailto:brian_wingert@hotmail.com">brian_wingert@hotmail.com</a>          6335 Straw Acres Rd, Spring Grove PA, 17362          (717) 261-7158 cell</p>	<p><b>Gabriela Calugar</b>  <a href="mailto:sgswimclub@gmail.com">sgswimclub@gmail.com</a>          (717) 332-2292 (cell)</p>
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**Team**

**Head Coach**

**CASL Representative**

**TROJAN AQUATIC CLUB**

**TAC (2A)**

York College Natatorium

441 Country Club Rd, York 17403

[www.trojanaquaticclub.org](http://www.trojanaquaticclub.org)

*NO HOME MEETS*

**Heidi Royer**

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