

CAPITAL AREA SWIM LEAGUE

2026 MEMBERSHIP ROSTER

www.swimcasl.org

Last Updated: March 31, 2026

Report any changes or corrections directly to Mike Gobrecht at mike@michaelgobrecht.com

Officers

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DadBrenner@gmail.com

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League Teams

Team	Head Coach	CASL Representative
AQUATIC CLUB OF THE WEST SHORE		
ACWS (1A) Red Land High School 560 Fishing Creek Rd, Lewisberry 17399 https://www.swimwithacws.com/ 25 yards 6 Lanes Sat @ 8:30 AM, Indoor No Home Meets in 2026	Kori Beamer kcbeamer@gmail.com 326 3 rd St #1, New Cumberland 17070 (717) 919-8988	Nikki Fehr bnikkifehr@gmail.com
BIG SPRING AQUATIC CLUB		
BSAC (2A) Big Springs High School 100 Mount Rock Rd, Newville 17241 https://www.swimbsac.org/ 25 yards 8 Lanes (score 6) Sat @ 9:00 AM, Indoor	Mike Owen mowen1579@yahoo.com 100 Mount Rock Rd, Newville 17241 717-385-6029	Evan Jarusewski swimbulldogs19@gmail.com 717-713-9859
BOBCAT SWIM CLUB		
BSC (4A) Northeastern High School 300 High St, Manchester 17345 www.bscswimming.com 25 yards 6 Lanes Sat @ 8:30 AM, Indoor	Lyndsay Schaeberle fry3578@gmail.com 110 Old School Ln, Manchester 17345 (717) 968-4355 cell	Dan Schaeberle schaeberled@gmail.com (717) 891-3471 cell
CAMP HILL AQUATIC CLUB		
CHAC (2A) Seibert Memorial Park 2414 Walnut St, Camp Hill 17011 www.swimcamphill.org 25 meters 8 Lanes Sat @ 8:30 AM, Outdoor	Elizabeth Skolnicki elizabeth.skolnicki@gmail.com 3017 1/2 Dickinson Ave, Camp Hill 17011	Christina Garber christina@ilovealtoona.com (814) 330-0535 cell

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CARLISLE SWIM CLUB

<p>CSC (3A) Carlisle Swim Club 1286 South Pitt St, Carlisle 17013 www.carliseswimclub.com 25 meters 6 Lanes Sat @ 8:30 AM, Outdoor</p>	<p>Tara Young tarayswim@gmail.com 103 Schoolfield Dr, Carlisle 17013 (717) 448-6291 cell</p>	<p>Jason Bono Jason.bono80@gmail.com</p>
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CENTRAL AQUATICS OF PA

<p>CAP (1A) East Pennsboro Middle School 529 Panther Pkwy, Enola 17025 https://www.capswim.com/ 25 yards 6 Lanes Wed @ 6:00 PM, Indoor</p>	<p>Leah Gingrich capswim.leah@gmail.com 793 South Humer St, Enola 17025 (717) 395-7949</p>	<p>Tina Gingrich capswim.tina@gmail.com (717) 608-0389</p>
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CENTRAL YORK AQUATICS

<p>CYA (3A) Central York High School 601 Mundis Mill Rd, York 17406 www.swimcya.com 25 yards 8 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Aaron Tate cyacoachtate@gmail.com 500 Paradise Rd, York 17402 (717) 819-3171</p>	<p>Ashley Martz swimcyaresident@gmail.com</p>
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CUMBERLAND VALLEY AQUATIC CLUB

<p>CVAC (4A) Cumberland Valley High School 6746 Carlisle Pike, Mechanicsburg 17050 www.teamunify.com/macvac 25 yards 8 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Gus Schnell cvaccoaches@gmail.com 164 Rich Valley Rd, Mechanicsburg 17050 (717) 439-0564</p>	<p>Jason Sandhaus lemonsandhaus@gmail.com (717) 418-2827</p>
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DALLASTOWN SWIM CLUB

<p>DSC (4A) Dallastown Area School District 700 New School Lane, Dallastown 17313 www.teamunify.com/masdsc 25 yards 6 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Megan Zinn Meganzinn@comcast.net 91 W Brook Cir, York 17403 (717) 793-1195</p>	<p>Megan Zinn Meganzinn@comcast.net 91 W Brook Cir, York 17403 (717) 793-1195</p>
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DOVER AREA AQUATIC CLUB

<p>DAAC (4A) Dover Aquatic Center 4500 Intermediate Ave, Dover 17315 www.swimdover.org 25 yards 6 Lanes Sat @ 8:30AM, Indoor</p>	<p>Ross Spangler rspangler@doversd.org 3171 Sky Top Tr, Dover 17315 (717) 676-1366 cell</p>	<p>Ross Spangler rspangler@doversd.org (717) 676-1366 cell</p>
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GETTYSBURG SHARKS SWIM TEAM

<p>GETY (3A) Hanover Area YMCA, Gettysburg 909 Fairfield Rd, Gettysburg 17325 25 meters 6 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Megan Maslowski sharkscoaches@gmail.com mmaslowski@hanovermca.org 228 Highland Ave, Gettysburg 17325 (717) 215-6051; (717) 253 1706 cell</p>	<p>Sara Dooley saradooley14@gmail.com</p>
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HAMPDEN DUCKS

<p>DUCK (4A) Hampden Township Park 5001 Park, Mechanicsburg 17050 http://ducks.wsyswim.org 25 meters 8 Lanes Sat @ 8:30 AM, Outdoor</p>	<p>Samantha Shirliff samantha.shirliff@ymcaharrisburg.org 410 Fallowfield Rd, Camp Hill 17011 (717) 580-1364</p>	<p>Janet Butterfield HampdenDucks@gmail.com (717) 576-8945</p>
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HANOVER Y STINGRAYS SWIM CLUB

<p>HAY (1A) Hanover Area YMCA, Hanover 500 George St, Hanover 17331</p> <p>25 meters 6 Lanes <i>Admission fee \$5</i></p>	<p>Ben Olewiler kbsdad24@gmail.com</p>	<p>Cassandra Beck cswim94@gmail.com 410-474-3365</p>
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INDIAN CREEK AQUATIC CLUB

<p>ICAC (2A) Indian Creek Recreation Club 458 Pawnee Dr, Mechanicsburg 17050 www.swimindiancreek.org 25 meters 4 Lanes Sat @ 8:30 AM, Outdoor</p>	<p>Nick Francis 1830 Hunter Dr, Mechanicsburg 17050</p>	<p>Ally Yurkanin allysi@comcast.net (717) 856-1392</p> <p>Jess McFarland jladams196@gmail.com</p>
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MECHANICSBURG SWIM CLUB

<p>MSC (3A) Mechanicsburg Area Senior High School 500 South Broad Street, Mechanicsburg 17055 www.mechanicsburgswimclub.com 25 yards 8 lanes Sat @ 8:30 AM, Indoor</p>	<p>Mike Glumac mglumac@prismworks.net 2768 Stone Gate Cir, Camp Hill 17011 (717) 503-1831</p>	<p>Jaime Kichline Jaime@onsongapp.com (717) 253-4439</p>
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RED LION AQUATIC CLUB

<p>LAC (1A) Red Lion High School 200 Horace Mann Ave, Red Lion 17356</p> <p>25 meters 6 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Kelley Romyn wheres.kelley@gmail.com (484) 955-2594</p>	<p>Amy Shoffner amyshoffner@yahoo.com</p> <p>Bridgette Urey dobemom.bu@gmail.com (717) 758-7561</p>
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SEAHORSE SWIM TEAM

<p>SST (3A) Emory H Markle Middle School 225 Bowman Rd, Hanover 17331 www.seahorseswimteam.org 25 yards 6 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Ray Evelan rayevelan03@gmail.com 6096 Old Hanover Rd, Spring Grove 17362 (717) 476-7203; (717) 479-6886 cell</p>	<p>Bill Sterner bsterner@embarqmail.com (717) 637-8834</p>
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SHIPPENSBURG AQUATIC CLUB

<p>SAC (1A) Shippensburg Area Sr High School 201 Eberly Drive, Shippensburg 17257 www.swimship.org 25 yards 6 Lanes Sat @ 9:00 AM, Indoor</p>	<p>Jonathan Hoffman jonathanhoffman81@gmail.com (717)-217-9005</p>	<p>Melissa Snyder curly_sue60@hotmail.com shipaquaclub@gmail.com</p>
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SOUTH MIDDLETON SWIM CLUB

<p>SMSC (2A) Boiling Springs High School 21 Academy St, Boiling Springs, PA 17007 25 yards 6 Lanes Wed @ 5:30 PM, Indoor</p>	<p>Matt Brenner mdb@smsd.us 7 Pewter Lane ,Boiling Springs, PA 17007 (717)-448-7104</p>	<p>Brid Kenyon smscsharks@gmail.com Billy Sellers bsellers@smiddleton.com</p>
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SPRING GROVE SWIM CLUB

<p>SGSC (2A) Spring Grove High School 1490 Roth’s Church Rd, Spring Grove 17362 http://www.sgsc.teampages.com/ 25 yards 6 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Brian Wingert brian_wingert@hotmail.com 6335 Straw Acres Rd, Spring Grove PA, 17362 (717) 261-7158 cell</p>	<p>Gabriela Calugar sgswimclub@gmail.com (717) 332-2292 (cell)</p>
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TROJAN AQUATIC CLUB

<p>TAC (2A) York College Natatorium 441 Country Club Rd, York 17403 www.trojanaquaticclub.org <i>NO HOME MEETS</i></p>	<p>Heidi Royer hlroyer@comcast.net 511 Erlen Dr, York 17402 (717) 577-2770</p>	<p>Heidi Royer hlroyer@comcast.net (717) 577-2770</p>
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WEST YORK AQUATIC CLUB

<p>WYAC (1A) Graham Aquatic Center 543 N Newberry St, York, PA 17404 https://www.westyorkaquaticclub.org/ 25 meters 8 Lanes Sat @ 8:30 AM, Indoor</p>	<p>Reed French rfrench@rosesymca.org 90 N. Newberry St, York 17401 (717) 487-8809</p>	<p>Reed French rfrench@rosesymca.org (717) 487-8809</p>
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