

**2025 CAPITAL AREA SWIM LEAGUE
DIVISION 3A CHAMPIONSHIP MEET
Saturday, July 19, 2025**

Location

The 2025 CASL Division 3A Championship Meet will be conducted at the recently renovated Markle Middle School Pool of the South Western School District. The Middle School is located at 225 Bowman Road directly across from the high school. The pool is located at the far end of the building next to the turf fields.

Facilities

The pool is six lanes with the starting platforms at the 5 1/2 foot end. There is a deck level gutter system with a connected diving tank which will be available for warm down swims. A Colorado fully automatic timing system with a horn start will be used with a six-line Colorado display board. Spectator seating for 180 is available. We ask spectators to use the seating area during their swimmers' events and then return to the gym to avoid overcrowding. Spectators will be allowed on the deck area next to the low diving board. Spectators may not stand along the end of the pool.

Swimmers will be housed in an adjacent gymnasium. Each team must supply two responsible adults to supervise and move swimmers to the seeding area on time. Swimmers should come to the meet in their suits. Locker rooms will be available for changing clothes at the end of the meet. No musical devices will be permitted to be played in the gymnasium. **Chairs must be placed on a towel or blanket in the gymnasium. No food or drink in the gym.**

Eligibility

A swimmer must swim in their age level as of June 1, 2025. A swimmer may enter three events (3 individual or 2 individual and 1 relay). To qualify for the championship meet, a swimmer must compete in three CASL meets. One Invitational meet can be included in the total of 3. A swimmer may swim up two age groups in relay events only.

Entries close

Sunday, July 13, 2025 – 7:00 PM

Official entries:

A Team Manager export of all your team entries must be e-mailed to bsterner@embarqmail.com

Rules

2025 National Federation Rules will govern the meet along with any Capital Area Swim League modifications.

Awards

Ribbons will be given to first through eighth places.

Starting time

All age groups

8:30 AM

T-shirts

Championship Meet t-shirts may be ordered on the following link.

<http://www.companycasuals.com/CASLSWIM2025>

Orders will close on Tuesday, July 1, 2025. Team orders will be available for pickup on the day of the meet.

Concession Stand

A concession stand will be in operation throughout the meet in the school cafeteria. **Food and drink are permitted in the cafeteria only. In addition, no outside food or coolers may be brought into the gym or pool areas. Everyone's cooperation in this request will be greatly appreciated.**

Timers

Each team must supply six timers for the entire meet. You will be assigned a lane for the entire meet and may rotate different people throughout the meet. On the form for timers, list the names of six timers who will time in the meet. **PLEASE BRING WATCHES FOR YOUR TIMERS.**

Timers meeting

A timers meeting will be held at 8:15 AM. This meeting will be held in the hallway at the starting end of the pool.

Attention Coaches

A Team manager export of entries for the Capital Area Swim League 3A Championship Meet must be forwarded to Bill Sterner at bsterner@embarqmail.com . Please be sure to have all entries in by Sunday, July 13, 2025 – 7:00 PM.

Certified Officials

The meet will be conducted by PIAA/YMCA/USA certified officials.

Admission fees

\$5.00 for Adults (15 & over)

Students 14 & under will be admitted free.

Team volunteers who are on the submitted team list as timers or officials will not be charged the admission fee. Meet programs will be given to stroke & turn officials before the start of the meet. Spectator programs will be available by scanning a QR code in the lobby area.

Cy's of Catonsville:

Cy's of Catonsville will be selling all kinds of swim equipment and supplies in an area of the gym.

CASL 3A Division Championship Meet Volunteer List

Please e-mail the information below to:

bsterner@embarqmail.com

By Monday, July 14, 2025

Timer

Timer

Timer

Timer

Timer

Timer

Each team should list six timers who will time at the meet. Bring stop watches for your timers.

Each team should list at least one PIAA/YMCA/USA certified official who will work the meet.

Certified official _____

Certified official _____

List Coaches who will be attending the meet:

Team Name _____

Meet contact person _____

Phone number _____

E-Mail address _____