

2025 CASL Gary Shank All Star Swimming Championships



Warm-Up Schedule

	Session 1 7:15-7:35am	Session 2 7:40-8am	Session 3 8:05-8:25am	Starts 8:30-8:45am
Lane 1	DUCKS (70)	GETY (37)	Carlisle (67)	All 8 Lanes Starts
Lane 2	DUCKS (70)	Big Spring (32)	Carlisle (67)	
Lane 3	ICAC (18)	Spring Grove (38)	Carlisle (67)	
Lane 4	Seahorse (24)	Shippensburg (20) Trojan (16)	Central York (27)	
Lane 5	CVAC(102)	Bobcat (39)	Dallastown (55)	
Lane 6	CVAC(102)	HANY (17) Trojan (16)	Dallastown (55)	
Lane 7	CVAC(102)	Camp Hill (26)	Dover (35)	
Lane 8	CAP (12) ACWS (9)	Mechanicsburg (40)	Red Lion (25)	



Shallow 1	CVAC(102)	Camp Hill (26)	Central York (27)	All 5 lanes open
Shallow 2	CVAC (102)	Bobcat (39)	Carlisle (67)	
Shallow 3	CVAC (102)	GETY (37)	Dallastown (55)	
Shallow 4	DUCKS (70)	Mechanicsburg (40)	Dover (35)	
Shallow 5	DUCKS (70)	Spring Grove (38)	Rd Lion (25)	

Teams are expected to share lane space with each other when necessary