



# 2023 Mid Cap Summer Swimming Championships

presented by Faulkner Toyota Harrisburg

## Warm-Up Schedule

	CASL 7-7:20am	CASL 7:25-7:45am	CASL 7:45-7:55am	MPSL 8-8:20am	MPSL 8:25-8:45am	MPSL 8:45-8:55am
<b>Lane 1</b>	ACWS CYA	Trojan Gettysburg		Mountain View	Willowood	
<b>Lane 2</b>	Camp Hill ICAC	Big Spring Gettysburg		Heatherfield	Lebanon YMCA Middletown	
<b>Lane 3</b>	CVAC	Red Lion Seahorse		Heatherfield	Dauphin	
<b>Lane 4</b>	CVAC	South Middleton		Hershey	Devon Crest	
<b>Lane 5</b>	Carlisle Mechanicsburg	Dallastown South Middleton		Hershey	Devon Crest	
<b>Lane 6</b>	DUCK	Dallastown		Annville Cleona	Piranha	
<b>Lane 7</b>	Dover	Spring Grove		Annville Cleona	Palmyra	
<b>Lane 8</b>	Keystone	Bobcat		Hummelstown	Palmyra	
<b>All 8 Lanes Starts</b>						
<b>Shallow 1</b>	CVAC	SMSC		Hershey	Devon Crest	
<b>Shallow 2</b>	CVAC	Dallastown		Hershey	Devon Crest	
<b>Shallow 3</b>	Dover	Spring Grove		Heatherfield	Palmyra	
<b>Shallow 4</b>	Keystone	Bobcat		Annville Cleona	Dauphin	
<b>Shallow 5</b>	CYA DUCK	Seahorse Gettysburg		Mountain View Hummelstown	Willowood	
<b>All 5 lanes open</b>						
<b>All 8 Lanes Starts</b>						
<b>All 5 lanes open</b>						