

2023 CASL Gary Shank CASL All-Star Championships
hosted by Cumberland Valley Aquatic Club | 8 lane 25 yard
Session Report

Session: 1 2023 CASL All Stars - All Ages

Day of Meet: 1 Starts at 09:15 AM Heat Interval: 35 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Boys 8 & Under 100 Medley Relay	3	1	09:15 AM	_____
Finals	2 Girls 8 & Under 100 Medley Relay	6	1	09:19 AM	_____
Finals	3 Boys 9-10 200 Medley Relay	6	1	09:22 AM	_____
Finals	4 Girls 9-10 200 Medley Relay	8	1	09:26 AM	_____
Finals	5 Boys 11-12 200 Medley Relay	7	1	09:30 AM	_____
Finals	6 Girls 11-12 200 Medley Relay	8	1	09:35 AM	_____
Finals	7 Boys 13-14 200 Medley Relay	6	1	09:38 AM	_____
Finals	8 Girls 13-14 200 Medley Relay	4	1	09:41 AM	_____
Finals	9 Boys 15 & Over 200 Medley Relay	8	1	09:45 AM	_____
Finals	10 Girls 15 & Over 200 Medley Relay	7	1	09:47 AM	_____
	Break: 5 Minutes: Relay Break				
Finals	11 Boys 9-10 100 IM	16	2	09:56 AM	_____
Finals	12 Girls 9-10 100 IM	16	2	10:00 AM	_____
Finals	13 Boys 11-12 100 IM	16	2	10:05 AM	_____
Finals	14 Girls 11-12 100 IM	16	2	10:09 AM	_____
Finals	15 Boys 13-14 100 IM	16	2	10:13 AM	_____
Finals	16 Girls 13-14 100 IM	16	2	10:16 AM	_____
Finals	17 Boys 15 & Over 100 IM	16	2	10:20 AM	_____
Finals	18 Girls 15 & Over 100 IM	16	2	10:23 AM	_____
	Break: 3 Minutes: Timer Walk				
Finals	19 Boys 8 & Under 25 Freestyle	16	2	10:30 AM	_____
Finals	20 Girls 8 & Under 25 Freestyle	16	2	10:31 AM	_____
	Break: 3 Minutes: Timer Walk				
Finals	21 Boys 9-10 50 Freestyle	16	2	10:36 AM	_____
Finals	22 Girls 9-10 50 Freestyle	16	2	10:39 AM	_____
Finals	23 Boys 11-12 50 Freestyle	16	2	10:41 AM	_____
Finals	24 Girls 11-12 50 Freestyle	16	2	10:43 AM	_____
Finals	25 Boys 13-14 50 Freestyle	16	2	10:45 AM	_____
Finals	26 Girls 13-14 50 Freestyle	16	2	10:48 AM	_____
Finals	27 Boys 15 & Over 50 Freestyle	16	2	10:50 AM	_____
Finals	28 Girls 15 & Over 50 Freestyle	16	2	10:52 AM	_____
	Break: 3 Minutes: Timer Walk				
Finals	29 Boys 8 & Under 25 Backstroke	16	2	10:57 AM	_____
Finals	30 Girls 8 & Under 25 Backstroke	16	2	10:59 AM	_____
	Break: 3 Minutes: Timer Walk				
Finals	31 Boys 9-10 50 Backstroke	16	2	11:05 AM	_____
Finals	32 Girls 9-10 50 Backstroke	16	2	11:08 AM	_____
Finals	33 Boys 11-12 50 Backstroke	16	2	11:12 AM	_____
Finals	34 Girls 11-12 50 Backstroke	16	2	11:15 AM	_____
Finals	35 Boys 13-14 50 Backstroke	16	2	11:18 AM	_____
Finals	36 Girls 13-14 50 Backstroke	16	2	11:21 AM	_____
Finals	37 Boys 15 & Over 50 Backstroke	16	2	11:24 AM	_____
Finals	38 Girls 15 & Over 50 Backstroke	16	2	11:27 AM	_____

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	Break: 10 Minutes: Timer Change				
Finals	39 Boys 9-10 100 Freestyle	16	2	11:40 AM	_____
Finals	40 Girls 9-10 100 Freestyle	16	2	11:44 AM	_____
Finals	41 Boys 11-12 100 Freestyle	16	2	11:48 AM	_____
Finals	42 Girls 11-12 100 Freestyle	16	2	11:51 AM	_____
Finals	43 Boys 13-14 100 Freestyle	16	2	11:55 AM	_____
Finals	44 Girls 13-14 100 Freestyle	16	2	11:58 AM	_____
Finals	45 Boys 15 & Over 100 Freestyle	16	2	12:02 PM	_____
Finals	46 Girls 15 & Over 100 Freestyle	16	2	12:05 PM	_____
	Break: 3 Minutes: Timer Walk				
Finals	47 Boys 8 & Under 25 Breaststroke	16	2	12:11 PM	_____
Finals	48 Girls 8 & Under 25 Breaststroke	16	2	12:13 PM	_____
	Break: 3 Minutes: Timer Walk				
Finals	49 Boys 9-10 50 Breaststroke	16	2	12:18 PM	_____
Finals	50 Girls 9-10 50 Breaststroke	16	2	12:21 PM	_____
Finals	51 Boys 11-12 50 Breaststroke	16	2	12:24 PM	_____
Finals	52 Girls 11-12 50 Breaststroke	16	2	12:26 PM	_____
Finals	53 Boys 13-14 50 Breaststroke	16	2	12:29 PM	_____
Finals	54 Girls 13-14 50 Breaststroke	16	2	12:31 PM	_____
Finals	55 Boys 15 & Over 50 Breaststroke	16	2	12:34 PM	_____
Finals	56 Girls 15 & Over 50 Breaststroke	16	2	12:36 PM	_____
	Break: 3 Minutes: Timer Walk				
Finals	57 Boys 8 & Under 25 Butterfly	16	2	12:41 PM	_____
Finals	58 Girls 8 & Under 25 Butterfly	16	2	12:43 PM	_____
	Break: 3 Minutes: Timer Walk				
Finals	59 Boys 9-10 50 Butterfly	13	2	12:48 PM	_____
Finals	60 Girls 9-10 50 Butterfly	16	2	12:52 PM	_____
Finals	61 Boys 11-12 50 Butterfly	16	2	12:55 PM	_____
Finals	62 Girls 11-12 50 Butterfly	16	2	12:57 PM	_____
Finals	63 Boys 13-14 50 Butterfly	16	2	01:00 PM	_____
Finals	64 Girls 13-14 50 Butterfly	16	2	01:02 PM	_____
Finals	65 Boys 15 & Over 50 Butterfly	16	2	01:04 PM	_____
Finals	66 Girls 15 & Over 50 Butterfly	16	2	01:06 PM	_____
	Break: 5 Minutes: Relay Break				
Finals	67 Boys 8 & Under 100 Freestyle Relay	8	1	01:13 PM	_____
Finals	68 Girls 8 & Under 100 Freestyle Relay	8	1	01:16 PM	_____
Finals	69 Boys 9-10 200 Freestyle Relay	8	1	01:19 PM	_____
Finals	70 Girls 9-10 200 Freestyle Relay	8	1	01:23 PM	_____
Finals	71 Boys 11-12 200 Freestyle Relay	8	1	01:26 PM	_____
Finals	72 Girls 11-12 200 Freestyle Relay	8	1	01:31 PM	_____
Finals	73 Boys 13-14 200 Freestyle Relay	6	1	01:34 PM	_____
Finals	74 Girls 13-14 200 Freestyle Relay	7	1	01:37 PM	_____
Finals	75 Boys 15 & Over 200 Freestyle Relay	6	1	01:40 PM	_____

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Round	Event	Entries	Heats	Starts at	
Finals	76 Girls 15 & Over 200 Freestyle Relay	4	1	01:42 PM	_____
	Swimmers Counts for Warm-ups: 684	=====	=====		
	Entry / Heat Totals:	1,027	132		
	Finish Time			01:45 PM	_____