



Timeline for the 2023 CASL Gary Shank All-Star Championships

This timeline is for informational purposes only

6:30am	Facility open for Spectators, Coaches, Swimmers, Officials
7:15-7:35am	Warm-up session 1: ACWS, Camp Hill, CVAC, Ducks, KA, Mechanicsburg
7:40-8am	Warm-up session 2: Big Spring, Carlisle, CYA, Dover, Gettysburg, IC, SMSC
8:00am	Coaches Scratch Meeting (Pool Office)
8:05-8:25am	Warm-up session 3: Bobcat, Dallastown, Lion, Seahorse, Shipp, Spring Grove, Trojan
8:20am	Officials Meeting (Pool Office)
8:30-8:45am	Racing Course: One Way Sprints / Shallow Side: Open Warm Up
8:40am	Timers Meeting (Starting End behind the Blocks)
8:50am	Senior Recognition (Graduating Sr's report to Bulkhead)
9:00am	Recognition of 4 Divisional Champ Winners
9:05am	National Anthem
9:10am	Medley Relays start
9:50am	IM's Start
10:20am	Short freestyle events start
11am	Backstroke events start
11:40am	Change Timers
11:45am	100 Freestyle starts
12:20pm	Breastroke events start
1:00pm	Butterfly events start
1:30pm	Freestyle Relay events start
2:10pm	Finish
2:15pm	Coaches meeting for Mid Caps (on Deck in the Staging Area)