Splash in the Grove

June 4,

2023



HOST:Spring Grove Swim ClubLOCATION:Spring Grove Area High School1490 Roth's Church RoadSpring Grove, PA 17362

DATE: June 4, 2023

FACILITY: The Spring Grove Swim Club uses a 6 lane, movable bulkhead pool. The pool configuration will be a 25 yards competition pool with starting blocks on the bulkhead and a smaller warmup tank. A fully automatic Colorado timing system, with touch pads at turn and finish end, plunger backup and Dolphin wireless backup timing watches. A six lane display will be used. We will be using Hy-Tek Meet Manager software. Access to the 2nd floor, 350 seats seating area for non-swimmers, is located in the school lobby. Teams will be seated & staged in the gym.

We ask spectators to use the viewing/seating area above the pool ONLY during their swimmers events and then return to the gym to avoid overcrowding.

CONTACTS: Brian Wingert 717-261-7158 <u>brian_wingert@hotmail.com</u> Gabriela Calugar 717-332-2292 <u>sgswimclub@gmail.com</u>

PURPOSE: This meet has been created to provide all swimmers within the Capital Area Swim League an opportunity for early season racing, possibly trying new events, fun, and having the meet count toward the league minimum for postseason participation.

Coaches note: the 8&u 100 relays will have the 2nd/4th swimmers start from the water in accordance with CASL rules, but the older groups will start from the blocks at both ends.

ELIGIBILITY: Swimmers will participate based on their age as of June 1,2023.

RULES: National Federation Rules will be in effect with the following exceptions: one false start will be permitted for the 8 & under age group only

<u>TIME</u>: Warm up times will be sent to the team contact once we have all entries. The meet will begin at **10:00 am**.

*Warmup/Cool down pool will be available throughout the meet. Swimmers using the warmup/cooldown pool must be accompanied by a coach. FEET FIRST ENTRY AT ALL TIMES UNLESS DOING STARTS UNDER COACHES SUPERVISION!

ADMISSION: Admission fee is \$5.00 for non-swimmers ages 12 and older. Enter using the rear entrance of the school. Handicap parking is in front of school.

ENTRY FEES: \$5 per event, relays will be at no charge. *Max of 4 events per swimmer, not including relays*

ENTRIES: All entries must be e-mailed to <u>brian_wingert@hotmail.com</u> by using Hy-Tek Team Manager or Meet manager software. Meet entries close at midnight on Sunday, **May 28, 2023**.

Please make one check payable to: **SPRING GROVE SWIM CLUB** for your team's entries; mail check to PO BOX 63, Spring Grove, PA 17362.

AWARDS: Ribbons will be awarded to the top eight finishers in individual events. High point trophies will be awarded in each age group for boys and girls. A coach or parent representative must pick up their team's awards at the end of the meet.

CONCESSIONS: The concession stand located in the high school cafeteria will be open at 9:30 AM and continue operation until the end of the meet.

All Food must be consumed in the Concession area. Please clean all liquid spills immediately.

T-SHIRT SALES: Online orders only. Information and link will be posted on CASL website as soon as it is received from the vendor. There will be a very limited amount of t-shirts for sale on the day of the meet.

Directions to Spring Grove High School –

1490 Roth's Church Road, Spring Grove, PA 17362

From 83, take 30 west towards Gettysburg make a left at the light onto 116 (Old Hanover Rd) approximately 3.5 miles bear to the right at the circle onto Roth's Church road approximately 0.5 of a mile turn left at the light into the Spring Grove campus and follow the road up the hill past the Papermaker Stadium. The natatorium is located at the Spring Grove High School.

PARKING

Event parking will be located at the rear of the building.

IMPORTANT INFORMATION PLEASE SHARE THIS INFORMATION WITH ALL PARENTS and SWIMMERS

The Spring Grove Area School District has graciously allowed us the use of the cafeteria and gym to host this meet. Please return the courtesy by following SGASD rules and adhere to the following.

The Spring Grove High School is a large facility and we are asking that all swimmers and their parents stay in the gym, lobby, and cafeteria portions of the school. *In the gym area, please place all chairs on a blanket or towel NOT directly on the gym floor*. Anyone trespassing anywhere else in the building will be turned over to the Spring Grove Area School District for trespassing charges.

Video Surveillance Cameras, both covert and overt, installed in District facilities are for security and monitoring purposes. This equipment is monitored or recorded at all times. Information received through these recordings will be shared with District Staff and local agencies as deemed appropriate by the administration.

There is no smoking allowed anywhere on the Spring Grove campus. Remember the campus extends all the way to Lake Road.

Coaches, Officials, and assigned meet workers will be the only persons allowed on deck. You must have an event wristband to be on deck.

Any swimmer observed swimming under the bulkhead at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Director. This policy will be strictly enforced.

There are lockers and showers for your swimmer's use, however, neither the SGASD nor the SGSC will be held responsible for any lost or stolen items.

The seating area will be for spectators only. No swimmers will be allowed to sit in the spectator area. Please respect your fellow swim parents by not standing at the railing or saving seats.

Swimmers will be seeded in the gym and escorted through the natatorium hallway. From there they will be brought into the pool area prior to swimming their event. Please make sure your swimmers understand we will not look for them anywhere other than the gym, and once they have been staged they should remain where instructed.

We must ask that all swimmers exit the pool through the natatorium hallway (same way entered) and use the locker rooms located on each side of the gym (not the pool locker rooms). Swimmers please do your best to dry off in the locker rooms before entering the gym. Wet gym floors could get very slippery. Please walk on the rugs provided for your safety.

There must be at least one parent dedicated to supervising your team in the gym at all times.

Your team will be responsible for cleaning your area.

Remember to please clean all liquid spills immediately on the wooden GYM floor. No chairs will be allowed directly on the gym floor. You must provide a towel or blanket for the floors protection. There will be NO RUNNING OR BALL PLAYING IN THE GYM.

Be safe and have a great meet.

ORDER OF EVENTS

Boy's Event	Event	Girl's Event
1	8&U 100 Yard Co-Ed Medley Relay	1
2	9-10 100 Yard Co-Ed Medley Relay	2
3	11-12 100 Yard Co-Ed Medley Relay	3
4	13-14 100 Yard Co-Ed Medley Relay	4
5	15&O 100 Yard Co-Ed Medley Relay	5
6	8&U 25 Yard Freestyle	7
8	9-10 25 Yard Freestyle	9
10	11-12 25 Yard Freestyle	11
12	13-14 25 Yard Freestyle	13
14	15&O 25 Yard Freestyle	15
16	8&U 50 Yard Butterfly	17
18	9-10 50 Yard Butterfly	19
20	11-12 50 Yard Butterfly	21
22	13-14 50 Yard Butterfly	23
24	15&O 50 Yard Butterfly	25
26	8&U 25 Yard Breaststroke	27
28	9-10 25 Yard Breaststroke	29
30	11-12 25 Yard Breaststroke	31
32	13-14 25 Yard Breaststroke	33
34	15&O 25 Yard Breaststroke	35
36	8&U 50 Yard Backstroke	37
38	9-10 50 Yard Backstroke	39
40	11-12 50 Yard Backstroke	41
42	13-14 50 Yard Backstroke	43
44	15&O 50 Yard Backstroke	45
46	8&U 25 Yard Butterfly	47
48	9-10 25 Yard Butterfly	49
50	11-12 25 Yard Butterfly	51
52	13-14 25 Yard Butterfly	53
54	15&O 25 Yard Butterfly	55
56	8&U 50 Yard Breaststroke	57

58	9-10 50 Yard Breaststroke	59
60	11-12 50 Yard Breaststroke	61
62	13-14 50 Yard Breaststroke	63
64	15&O 50 Yard Breaststroke	65
66	8&U 25 Yard Backstroke	67
68	9-10 25 Yard Backstroke	69
70	11-12 25 Yard Backstroke	71
72	13-14 25 Yard Backstroke	73
74	15&O 25 Yard Backstroke	75
76	8&U 50 Yard Freestyle	77
78	9-10 50 Yard Freestyle	79
80	11-12 50 Yard Freestyle	81
82	13-14 50 Yard Freestyle	83
84	15&O 50 Yard Freestyle	85
86	8&U 100 Yard Co-Ed Freestyle Relay	86
87	9-10 100 Yard Co-Ed Freestyle Relay	87
88	11-12 100 Yard Co-Ed Freestyle Relay	88
89	13-14 100 Yard Co-Ed Freestyle Relay	89
90	15&O 100 Yard Co-Ed Freestyle Relay	90