

Updated 2/15/23

CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2022 SEASON

Website: www.swimcasl.org

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Report any changes or corrections for the CASL Roster directly to
Mike Gobrecht at mike@wsyswim.org

TEAM

SOUTH MIDDLETON SWIM CLUB

25 yards

6 lanes

SMSC

Start: Thurs eve @ 6pm

Boiling Springs High School

CENTRAL YORK AQUATICS

25 yards

8 lanes

CYA

Start: 8:30 a.m.

www.swimcya.org

Central York High School

CUMBERLAND VALLEY AQUATIC CLUB

25 yards

8 lanes

CVAC

Start: 8:30 a.m.

www.teamunify.com/macvac

DOVER AREA AQUATIC CLUB

25 yards

6 lanes

DAAC

www.swimdover.org

Dover Aquatic Center

4500 intermediate Avenue

Dover 17315

DALLASTOWN SWIM CLUB

25 yards

6 lanes

DSC

Start: 8:30 a.m.

www.teamunify.com/masdsc

Dallastown Area School District

700 New School Lane

Dallastown, PA 17313

BOBCAT SWIM CLUB

25 yards

6 lanes

BSC

Start: 8:30 a.m.

www.bsctswimming.com

Northeastern High School

Manchester, PA 17345

HEAD COACH

Matt Brenner

7 Pewter Lane

Boiling Springs, PA 17007

717-448-7104

mdb@smsd.us

Aaron Tate

500 Paradise Rd

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schaeberled@gmail.com

TEAM

CARLISLE SWIM CLUB

25 meters

6 lanes

CSC

Start: 8:00 a.m.

www.carliseswimclub.com

outdoor pool

KEYSTONE AQUATIC CLUB

25 yards

8 lanes

KA

Start: 8:30 a.m.

<https://www.teamunify.com/usapaka>

Indoor pool

SEAHORSE SWIM TEAM

25 yards

6 lanes

SST

Start: 8:30 a.m.

www.seahorseswimteam.org

TROJAN AQUATIC CLUB

25 yards

4 lanes

TAC

Start: Thurs eve @ 5:30pm.

www.trojanaquaticclub.org

York Suburban High School

AQUATIC CLUB OF THE WEST SHORE

25 meters

6 lanes

ACWS

Start: 8:30 am

Red Land High school

HAMPDEN DUCKS

25 meters

8 lanes

DUCK

Start: 8:30 a.m.

<http://ducks.wsyswim.org>

Hampden Township Park

outdoor pool

HEAD COACH

Tara Young

103 Schoolfield Drive

Carlisle 17013

717-448-6291 (Cell)

tarayswim@gmail.com

Greg Fastrich

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Enola 17025

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HampdenDucks@gmail.com

TEAM

MECHANICSBURG SWIM CLUB

25 meters
6 lanes
MSC

Start: 8:30 a.m.

www.mechanicsburgswimclub.com

Memorial Park

LION AQUATIC CLUB

25 yards
6 lanes
LAC

Start: 8:30 a.m.

www.lionaquaticclub.org

Red Lion High School

GETTYSBURG YWCA

25 meters
6 lanes
GETY

Start: 9:00 a.m.

www.swimburg.org

BIG SPRING AQUATIC CLUB

25 yards
8 lanes/score 6 lanes
BSAC

Start: 9:00 a.m.

<https://www.swimbsac.org/>

HEAD COACH

Mike Glumac

2768 Stone Gate Cir
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mglumac@prismworks.net

Hannah Coligan

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LionAquaticHeadCoach@gmail.com cstein@wellspan.org

Megan Maslowski

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Evan Jarusewski

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ejarusewski@bigspringsd.org

TEAM

HEAD COACH

REPRESENTATIVE

CAMP HILL AQUATIC CLUB

25 meters
8 lanes

CHAC

Warmups 7:30 a.m. - Start: 8:30 a.m.

www.swimcamphill.org

Seibert Memorial Park – Camp Hill Pool
outdoor pool

Nicole Lee

(717) 574-1599

Email: nl1232@messiah.edu

Christina Garber

814-330-0535 (Cell)

christina@ilovealtoona.com

INDIAN CREEK AQUATIC CLUB

25 meters
4 lanes

ICAC

Start: 8:30 a.m.

www.swimindiancreek.org

Indian Creek Recreation Club
outdoor pool

Nick Francis

Lauren Stout

424 Sioux Drive
Mechanicsburg 17050
717-385-0136 (Cell)

laurenstout3@yahoo.com

Jeff Derr

jeffreyderr@yahoo.com

SPRING GROVE SWIM CLUB

25 yards
6 lanes

SGSC

Start: 8:30 a.m.

<http://www.sgsc.teampages.com/>

Spring Grove High School
1490 Roth's Church Road
Spring Grove, PA 17362
indoor pool

Brian Wingert

(717) 261-7158 (cell)

brian_wingert@hotmail.com

Gabriela Calugar

6400 Lauren Ln
Spring Grove 17362
717-332-2292 (cell)
sgswimclub@gmail.com

SHIPPENSBURG AQUATIC CLUB

25 yards
6 lanes

SAC

Start: 9:00 a.m.

www.swimship.org

NO HOME MEETS

Jonathan Hoffman

jonathanhoffman81@gmail.com

Alix Rouby

alixrouby@gmail.com
shipaquaclub@gmail.com