

2022 CASL 4-A Divisional Championship Meet

Hosted by Keystone Aquatics
Saturday July 23, 2022

General Information:

- Location:** Keystone Aquatic Center
103 Midway Drive
Carlisle, PA 17015
- Facility:** Keystone Aquatic Center has an 8 lane, 25 yard pool. With 10 extra lanes for warmup during the meet. 16 ft. x 20 ft. LED scoreboard. Colorado 6 System timing system with Hy-tek Meet Manger software will be used. Meet programs and results will be available thru Meet Mobile. Separate locker rooms are available for all swimmers.
- Meet Director:** Scott Zacharda
103 Midway Drive
Carlisle, PA 17015
717-487-9500
keystoneaquaticcenter@gmail.com
Please direct ALL questions about the meet to the Meet Director
- Officials:** ALL currently certified PIAA, USA or YMCA officials are encouraged to volunteer.
- Eligibility:** This meet is open to all CASL 4-A Division swimmers who have competed in a minimum of three (3) CASL league or invitational meets during the 2022 season. Entry times must have been achieved in the current season. The swimmer's age is as of June 1, 2022.
- Entry Limits:** Swimmers may swim a maximum of three (3) events. Swimmers may "swim up" on relays, but must swim in their age group for individual events. For individual events there is no limit to the number of swimmers that each team may enter. A team may only enter 2 teams for each relay event.

Events/Sessions: The meet will be run in a single session as a pre-seeded, timed finals meet. The order of events is the same as a dual meet.

Start time Information: Scoreboard end of the pool will be open for warm ups during the meet.

The following are the warm-up assignments:

7:10 – 7:30am	Keystone Aquatics & Hampden
7:30 – 7:50am	Cumberland Valley & Central York
7:50 – 8:10am	Wildcat & Northeastern
8:10 – 8:20am	ALL TEAMS ONE WAY SPRINTS ONLY

Scratch Meeting – 7:45am

Officials Meeting – 8:00am

Timers Meeting – 8:15am

Meet Start – 8:30am

Entries: Electronic entries must be submitted using Hy-Tek software. Entry times must be submitted in yard time (actual or converted). Entries for a swimmer with no time shall be entered with a NT seed time. Entries and volunteer sheet should be emailed to **Scott Zacharda at keystoneaquaticcenter@gmail.com**

Upon receipt of each team's entries, a confirmation report will be emailed back to the representative who submitted the entries. Each team should verify the accuracy of the confirmation report. Psych sheets will be posted on the league website after each team's entries have been received and confirmed as accurate.

Volunteers: Each team is responsible for providing three (3) first half timers, three (3) second half timers, two (2) certified stroke and turn officials, and one (1) misc./seeding volunteer. Additional volunteers are also welcome. All volunteers will receive free admission and a name badge at the admission table. Volunteer lists should be submitted with team entries. Teams will NOT be permitted to compete until they provide the required volunteers.

Entry Deadline: **Sunday July 17, 2022 at 7:00PM**

Rules: This meet will be conducted in accordance with current NFHS swimming rules as amended by the Capital Area Swim League. This meet will be conducted using the whistle command and with the exception of 8&U, no recall false start procedures. 8&U will be permitted one false start.

NO DIVING will be permitted during warm-ups, except during the one way sprint session. All entries into the pool must be feet first other than the above mentioned.

Bullpen/seeding area will be located on the 3 row bleacher on the starter side of the pool.

- Awards: Ribbons will be awarded for 1st – 8th place in each event.
- Admissions: Admissions: \$5.00 Children under 8 will be admitted free.
- Programs/Results: Heat sheets and results will be available thru Meet Mobile.
- Divisional T-shirts: Meet T-shirts will be available on a pre-order basis. No additional orders will be taken the meet.
Please submit one order per team by July 14, 2022. Payment can be made by check on the morning of the meet. Please make checks payable to **Keystone Aquatics**. T-shirts will not be delivered without payment.
- All-Star Qualifications: This is a qualifying meet for the CASL All-Star Championship meet to be held on July 24 at Cumberland Valley High School. Here are the qualifying criteria for the All-Star meet:
- Top 8 Relays across all 3 Divisions Championship meets
 - Top 16 Individuals across all 3 Divisions Championship meets
 - Only times and finishes earned at each Divisional Championship will be used to determine qualification.
- Directions: Keystone Aquatic Center is located off Exit 47A of I-81 onto PA Route 34 South. Proceed 2.5 miles south on PA Route 34. Take a Left onto Midway Drive. Parking is located on the 2 lots at the Aquatic Center and the large lot at the Keystone Fieldhouse.

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ORDER OF EVENTS

BOYS	EVENT	GIRLS
1	8&U 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15-18 200 Medley Relay	10
11	9-10 100 IM	12
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15-18 100 IM	18
19	8&U 25 Freestyle	20
21	9-10 50 Freestyle	22
23	11-12 50 Freestyle	24
25	13-14 50 Freestyle	26
27	15-18 50 Freestyle	28
29	8&U 25 Backstroke	30
31	9-10 25 Backstroke	32
33	11-12 50 Backstroke	34
35	13-14 50 Backstroke	36
37	15-18 50 Backstroke	38
39	9-10 100 Freestyle	40
41	11-12 100 Freestyle	42
43	13-14 100 Freestyle	44
45	15-18 100 Freestyle	46
47	8&U 25 Breaststroke	48
49	9-10 50 Breaststroke	50
51	11-12 50 Breaststroke	52
53	13-14 50 Breaststroke	54
55	15-18 50 Breaststroke	56
57	8&U 25 Butterfly	58
59	9-10 50 Butterfly	60
61	11-12 50 Butterfly	62
63	13-14 50 Butterfly	64
65	15-18 50 Butterfly	66
67	8&U 100 Freestyle Relay	68
69	9-10 200 Freestyle Relay	70
71	11-12 200 Freestyle Relay	72
73	13-14 200 Freestyle Relay	74
75	15-18 200 Freestyle Relay	76

**2022 CASL 4-A Divisional Championship Meet
July 24, 2022
Entry Summary and Volunteer Form**

*This form MUST accompany team entries due **Sunday July 17***

TEAM NAME: _____

Head Coach: _____

Phone Number: _____

E-mail Address: _____

Assistant Coaches: _____

Volunteers: 1st Half timer _____

1st Half timer _____

1st Half timer _____

2nd Half timer _____

2nd Half timer _____

2nd Half timer _____

Official _____

Official _____

Misc./Seeding _____

Mail form to: Scott Zacharda
103 Midway Drive
Carlisle, PA 17015

Submit electronically to:
keystoneaquaticcenter@gmail.com

Submission Deadline: Sunday July 17, 2022 at 7:00PM

