

2021 CASL All-Star Warm-up Schedule

Lanes 1-6 have blocks. Lane 1 is the closest to the scoring tent.

Lanes A-C don't have blocks. Lane A is closest to the scoring tent.

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane A	Lane B	Lane C
7:00-7:20	Carlisle	Keystone	ACWS ICAC	CVAC	Big Spring	South Middleton	CVAC	Keystone	Carlisle
7:25-7:45	CYA	Ducks	MSC	Dallastown	Dallastown	Hanover Y Trojan	Ducks	Hanover Y	CYA
7:50-8:10	Dover	Seahorse	Bobcat	Bobcat	Gettysburg Lion	Spring Grove	Seahorse	Spring Grove	Dover
8:10-8:30	One-Way Sprints						Open Warm-up		
11:30-11:50	Carlisle	Keystone	ACWS ICAC	CVAC	Big Spring	South Middleton	CVAC	Keystone	Carlisle
11:55-12:15	CYA	Ducks	MSC	Dallastown	Dallastown	Hanover Y Trojan	Ducks	Hanover Y	CYA
12:20-12:40	Dover	Seahorse	Bobcat	Bobcat	Gettysburg Lion	Spring Grove	Seahorse	Spring Grove	Dover
12:40-1:00	One-Way Sprints						Open Warm-up		