

2021CASL Gary Shank All-Star Championships at Carlisle Swim Club
hosted by Carlisle Swim Club
Session Report

Session: 1 CASL All Stars - Session 1 | 8U and 9-10 Ages

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 35 Seconds / Back +20 Seconds

Round	Event	Starts at	
Finals	1 Boys 8 & Under 100 Medley Relay	08:45 AM	_____
Finals	2 Girls 8 & Under 100 Medley Relay	08:49 AM	_____
Finals	3 Boys 9-10 200 Medley Relay	08:55 AM	_____
Finals	4 Girls 9-10 200 Medley Relay	08:59 AM	_____
Finals	11 Boys 9-10 100 IM	09:08 AM	_____
Finals	12 Girls 9-10 100 IM	09:15 AM	_____
	Break: 3 Minutes:		
Finals	19 Boys 8 & Under 25 Freestyle	09:25 AM	_____
Finals	20 Girls 8 & Under 25 Freestyle	09:28 AM	_____
	Break: 3 Minutes:		
Finals	21 Boys 9-10 50 Freestyle	09:34 AM	_____
Finals	22 Girls 9-10 50 Freestyle	09:38 AM	_____
	Break: 3 Minutes:		
Finals	29 Boys 8 & Under 25 Backstroke	09:44 AM	_____
Finals	30 Girls 8 & Under 25 Backstroke	09:48 AM	_____
	Break: 3 Minutes:		
Finals	31 Boys 9-10 50 Backstroke	09:55 AM	_____
Finals	32 Girls 9-10 50 Backstroke	10:01 AM	_____
Finals	39 Boys 9-10 100 Freestyle	10:06 AM	_____
Finals	40 Girls 9-10 100 Freestyle	10:12 AM	_____
	Break: 3 Minutes:		
Finals	47 Boys 8 & Under 25 Breaststroke	10:22 AM	_____
Finals	48 Girls 8 & Under 25 Breaststroke	10:25 AM	_____
	Break: 3 Minutes:		
Finals	49 Boys 9-10 50 Breaststroke	10:31 AM	_____
Finals	50 Girls 9-10 50 Breaststroke	10:36 AM	_____
	Break: 3 Minutes:		
Finals	57 Boys 8 & Under 25 Butterfly	10:43 AM	_____
Finals	58 Girls 8 & Under 25 Butterfly	10:46 AM	_____
	Break: 3 Minutes:		
Finals	59 Boys 9-10 50 Butterfly	10:52 AM	_____
Finals	60 Girls 9-10 50 Butterfly	10:57 AM	_____
Finals	67 Boys 8 & Under 100 Freestyle Relay	11:01 AM	_____
	Break: 3 Minutes:		
Finals	68 Girls 8 & Under 100 Freestyle Relay	11:09 AM	_____
Finals	69 Boys 9-10 200 Freestyle Relay	11:14 AM	_____
Finals	70 Girls 9-10 200 Freestyle Relay	11:23 AM	_____
	Swimmers Counts for Warm-ups: 278		
	Finish Time	11:31 AM	_____

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Session: 2 CASL All Stars - Session 2 | 11-12 | 13-14 | 15 Over

Day of Meet: 1 Starts at 01:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	5 Boys 11-12 200 Medley Relay	01:15 PM	_____
Finals	6 Girls 11-12 200 Medley Relay	01:19 PM	_____
Finals	7 Boys 13-14 200 Medley Relay	01:27 PM	_____
Finals	8 Girls 13-14 200 Medley Relay	01:30 PM	_____
Finals	9 Boys 15 & Over 200 Medley Relay	01:37 PM	_____
Finals	10 Girls 15 & Over 200 Medley Relay	01:42 PM	_____
	Break: 3 Minutes:		
Finals	13 Boys 11-12 100 IM	01:49 PM	_____
Finals	14 Girls 11-12 100 IM	01:55 PM	_____
Finals	15 Boys 13-14 100 IM	02:01 PM	_____
Finals	16 Girls 13-14 100 IM	02:06 PM	_____
Finals	17 Boys 15 & Over 100 IM	02:11 PM	_____
Finals	18 Girls 15 & Over 100 IM	02:16 PM	_____
Finals	23 Boys 11-12 50 Freestyle	02:22 PM	_____
Finals	24 Girls 11-12 50 Freestyle	02:25 PM	_____
Finals	25 Boys 13-14 50 Freestyle	02:28 PM	_____
Finals	26 Girls 13-14 50 Freestyle	02:31 PM	_____
Finals	27 Boys 15 & Over 50 Freestyle	02:34 PM	_____
Finals	28 Girls 15 & Over 50 Freestyle	02:37 PM	_____
Finals	33 Boys 11-12 50 Backstroke	02:40 PM	_____
Finals	34 Girls 11-12 50 Backstroke	02:45 PM	_____
Finals	35 Boys 13-14 50 Backstroke	02:49 PM	_____
Finals	36 Girls 13-14 50 Backstroke	02:53 PM	_____
Finals	37 Boys 15 & Over 50 Backstroke	02:57 PM	_____
Finals	38 Girls 15 & Over 50 Backstroke	03:01 PM	_____
Finals	41 Boys 11-12 100 Freestyle	03:05 PM	_____
Finals	42 Girls 11-12 100 Freestyle	03:10 PM	_____
Finals	43 Boys 13-14 100 Freestyle	03:16 PM	_____
Finals	44 Girls 13-14 100 Freestyle	03:21 PM	_____
Finals	45 Boys 15 & Over 100 Freestyle	03:25 PM	_____
Finals	46 Girls 15 & Over 100 Freestyle	03:30 PM	_____
Finals	51 Boys 11-12 50 Breaststroke	03:35 PM	_____
Finals	52 Girls 11-12 50 Breaststroke	03:39 PM	_____
Finals	53 Boys 13-14 50 Breaststroke	03:43 PM	_____
Finals	54 Girls 13-14 50 Breaststroke	03:46 PM	_____
Finals	55 Boys 15 & Over 50 Breaststroke	03:50 PM	_____
Finals	56 Girls 15 & Over 50 Breaststroke	03:53 PM	_____
Finals	61 Boys 11-12 50 Butterfly	03:57 PM	_____
Finals	62 Girls 11-12 50 Butterfly	04:01 PM	_____
Finals	63 Boys 13-14 50 Butterfly	04:04 PM	_____
Finals	64 Girls 13-14 50 Butterfly	04:07 PM	_____
Finals	65 Boys 15 & Over 50 Butterfly	04:11 PM	_____
Finals	66 Girls 15 & Over 50 Butterfly	04:14 PM	_____

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Session: 2 CASL All Stars - Session 2 | 11-12 | 13-14 | 15 Over
 Day of Meet: 1 Starts at 01:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	71 Boys 11-12 200 Freestyle Relay	04:17 PM	_____
Finals	72 Girls 11-12 200 Freestyle Relay	04:24 PM	_____
Finals	73 Boys 13-14 200 Freestyle Relay	04:30 PM	_____
Finals	74 Girls 13-14 200 Freestyle Relay	04:33 PM	_____
Finals	75 Boys 15 & Over 200 Freestyle Relay	04:38 PM	_____
Finals	76 Girls 15 & Over 200 Freestyle Relay	04:43 PM	_____
	Swimmers Counts for Warm-ups: 400		
	Finish Time	04:46 PM	_____