

Capital Area Swim League 2019
Top 20 <http://www.swimcasl.org>

Relay Top Times

Number of Top Times: 5 Convert To: SC Print: SC

Time	P/F/S	Relay				
Women 8&U 100 Free Relay						
1	45.50 S	F	A Relay	DUCK -MA	7/13/2019	Hampden @ CHAC 07-13-2019
2	1:18.76 S	F	A Relay	BSC -MA	7/27/2019	2019 Mid-Cap Championship Meet
3	1:24.88 S	F	A Relay	CVAC -MA	6/15/2019	CVAC @ Bobcat Swim Club
4	1:26.21 S	F	A Relay	DAAC -MA	6/27/2019	DSC @ DAAC
5	1:26.23 S	F	A Relay	HAY -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Women 8&U 100 Medley Relay						
1	1:30.62 S	F	A Relay	CVAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
2	1:32.77 S	F	A Relay	DUCK -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	1:35.95 S	F	A Relay	SMSC -MA	7/11/2019	SST @ SMSC
4	1:38.97 S	F	A Relay	DAAC -MA	7/20/2019	2019 AAAA CASL Divisionals
5	1:44.73 S	F	A Relay	BSC -MA	6/8/2019	Dover Area Aquatic Club @ Bobc
Women 9-10 200 Free Relay						
1	2:24.35 S	F	A Relay	BSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
2	2:39.54 S	F	A Relay	DSC -MA	7/27/2019	2019 Mid-Cap Championship Meet
3	2:42.87 S	F	A Relay	TAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
4	2:43.62 S	F	A Relay	CSC -MA	7/27/2019	2019 Mid-Cap Championship Meet
5	2:49.52 S	F	A Relay	DUCK -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Women 9-10 200 Medley Relay						
1	2:48.72 S	F	A Relay	BSC -MA	6/22/2019	Bobcat Swim Club vs Dallastown Swim Club
2	2:52.37 S	F	A Relay	GETY -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	2:54.95 S	F	A Relay	DSC -MA	6/22/2019	Bobcat Swim Club vs Dallastown Swim Club
4	2:59.02 S	F	A Relay	CVAC -MA	6/15/2019	CVAC @ Bobcat Swim Club
5	3:00.76 S	F	A Relay	CYA -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Women 11-12 200 Free Relay						
1	2:00.07 S	F	A Relay	KA -MA	7/20/2019	2019 CASL 3-A Divisional Championships
2	2:01.51 S	F	A Relay	CYA -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	2:10.33 S	F	A Relay	SST -MA	7/20/2019	2019 CASL 3-A Divisional Championships
4	2:11.69 S	F	A Relay	BSC -MA	7/20/2019	2019 AAAA CASL Divisionals
5	2:12.55 S	F	A Relay	CSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Women 11-12 200 Medley Relay						
1	2:15.16 S	F	A Relay	CYA -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
2	2:19.01 S	F	A Relay	KA -MA	6/29/2019	Keystone Aquatic Club at Seaho
3	2:26.28 S	F	A Relay	SST -MA	6/8/2019	Carlisle Swim Club at Seahorse
4	2:27.06 S	F	A Relay	TAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	2:27.55 S	F	A Relay	DUCK -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Women 13-14 200 Free Relay						
1	2:01.09 S	F	A Relay	KA -MA	7/13/2019	Trojan and Shippensburg @ Keys
2	2:02.24 S	F	A Relay	CVAC -MA	7/20/2019	2019 AAAA CASL Divisionals
3	2:02.87 S	F	A Relay	DUCK -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
4	2:04.87 S	F	A Relay	SST -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships

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5	2:05.11 S	F	A Relay	DSC -MA	6/22/2019	Bobcat Swim Club vs Dallastown Swim Club
Women 13-14 200 Medley Relay						
1	2:12.03 S	F	A Relay	KA -MA	6/22/2019	South Middleton Swim Club @ Keystone Aquatics
2	2:13.52 S	F	A Relay	DUCK -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	2:17.32 S	F	A Relay	DSC -MA	6/8/2019	Aquatic Club of West Shore vs
4	2:18.77 S	F	A Relay	DAAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	2:21.66 S	F	A Relay	CYA -MA	7/20/2019	2019 AAAA CASL Divisionals
Women 15-18 200 Free Relay						
1	2:04.64 S	F	A Relay	HAY -MA	7/14/2019	Ship @ Hanover
2	2:06.98 S	F	A Relay	CVAC -MA	6/15/2019	CVAC @ Bobcat Swim Club
3	2:15.86 S	F	A Relay	BSC -MA	6/15/2019	CVAC @ Bobcat Swim Club
4	2:17.02 S	F	A Relay	EPAC -MA	6/29/2019	Elite Performance vs Indian Cr
Women 15-18 200 Medley Relay						
1	2:23.78 S	F	A Relay	HAY -MA	6/22/2019	Big Spring @ Hanover
2	2:30.46 S	F	A Relay	NYAC -MA	6/8/2019	EPAC and Ship at NYAC 2019
Women 15&O 200 Free Relay						
1	1:38.49 S	F	A Relay	CYA -MA	6/15/2019	DSC @ CYA
2	2:01.02 S	F	A Relay	DSC -MA	6/15/2019	DSC @ CYA
3	2:04.07 S	F	A Relay	GETY -MA	6/29/2019	Mechanicsburg Wildcats vs Gett
4	2:04.19 S	F	A Relay	TAC -MA	7/20/2019	2019 CASL 3-A Divisional Championships
5	2:05.25 S	F	A Relay	SST -MA	6/13/2019	SST vs TAC
Women 15&O 200 Medley Relay						
1	2:09.23 S	F	A Relay	CSC -MA	7/27/2019	2019 Mid-Cap Championship Meet
2	2:10.79 S	F	A Relay	DSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	2:10.80 S	F	A Relay	CVAC -MA	6/8/2019	CYA @ CVAC
4	2:12.50 S	F	A Relay	CHAC -MA	7/27/2019	2019 Mid-Cap Championship Meet
5	2:18.63 S	F	A Relay	KA -MA	6/8/2019	Lion Aquatic Club @ Keystone A
Women 200 Medley Relay						
1	2:12.73 S	F	A Relay	DSC -MA	6/22/2019	Bobcat Swim Club vs Dallastown Swim Club
2	2:13.51 S	F	A Relay	CVAC -MA	7/13/2019	Cumberland Valley vs DSC
Men 8&U 100 Free Relay						
1	1:11.04 S	F	A Relay	BSC -MA	7/20/2019	2019 AAAA CASL Divisionals
2	1:28.69 S	F	A Relay	CSC -MA	7/20/2019	2019 CASL 3-A Divisional Championships
3	1:30.29 S	F	A Relay	CVAC -MA	6/15/2019	CVAC @ Bobcat Swim Club
4	1:32.91 S	F	A Relay	SMSC -MA	7/11/2019	SST @ SMSC
5	1:38.72 S	F	A Relay	BSAC -MA	6/29/2019	Big Spring at NYAC 2019
Men 8&U 100 Medley Relay						
1	1:25.33 S	F	A Relay	BSC -MA	7/20/2019	2019 AAAA CASL Divisionals
2	1:38.32 S	F	A Relay	BSAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	1:38.98 S	F	A Relay	CVAC -MA	7/27/2019	2019 Mid-Cap Championship Meet

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	Time	P/F/S	Relay			
4	1:42.70 S	F	A Relay	SGSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	2:03.24 S	F	A Relay	MSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Men 9-10 200 Free Relay						
1	2:09.07 S	F	A Relay	CHAC -MA	6/15/2019	Gettysburg @ CHAC 06-15-2019
2	2:27.02 S	F	A Relay	BSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	2:33.81 S	F	A Relay	SMSC -MA	7/20/2019	2019 CASL 3-A Divisional Championships
4	2:34.22 S	F	A Relay	CVAC -MA	6/15/2019	CVAC @ Bobcat Swim Club
5	2:44.59 S	F	A Relay	SST -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Men 9-10 200 Medley Relay						
1	2:39.51 S	F	A Relay	CVAC -MA	7/27/2019	2019 Mid-Cap Championship Meet
2	2:55.50 S	F	A Relay	BSC -MA	6/8/2019	Dover Area Aquatic Club @ Bobc
3	3:01.05 S	F	A Relay	SMSC -MA	7/11/2019	SST @ SMSC
4	3:06.40 S	F	A Relay	DSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	3:15.53 S	F	A Relay	SST -MA	7/11/2019	SST @ SMSC
Men 11-12 200 Free Relay						
1	2:05.23 S	F	A Relay	BSC -MA	7/13/2019	ACWS @ Bobcat Swim Club
2	2:10.92 S	F	A Relay	DSC -MA	7/20/2019	2019 AAAA CASL Divisionals
3	2:20.07 S	F	A Relay	HAY -MA	7/14/2019	Ship @ Hanover
4	2:20.73 S	F	A Relay	DAAC -MA	6/27/2019	DSC @ DAAC
5	2:25.64 S	F	A Relay	SST -MA	6/29/2019	Keystone Aquatic Club at Seaho
Men 11-12 200 Medley Relay						
1	2:16.35 S	F	A Relay	CYA -MA	6/8/2019	CYA @ CVAC
2	2:25.35 S	F	A Relay	BSC -MA	7/13/2019	ACWS @ Bobcat Swim Club
3	2:27.24 S	F	A Relay	HAY -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
4	2:30.24 S	F	A Relay	DAAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	2:30.79 S	F	A Relay	DSC -MA	7/13/2019	Cumberland Valley vs DSC
Men 13-14 200 Free Relay						
1	1:53.09 S	F	A Relay	HAY -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
2	1:56.07 S	F	A Relay	BSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	1:57.66 S	F	A Relay	KA -MA	7/13/2019	Trojan and Shippensburg @ Keys
4	1:59.42 S	F	A Relay	CVAC -MA	6/29/2019	ACWS @ CVAC
5	1:59.76 S	F	A Relay	DSC -MA	6/22/2019	Bobcat Swim Club vs Dallastown Swim Club
Men 13-14 200 Medley Relay						
1	2:05.63 S	F	A Relay	HAY -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
2	2:05.70 S	F	A Relay	KA -MA	7/27/2019	2019 Mid-Cap Championship Meet
3	2:10.20 S	F	A Relay	CYA -MA	7/20/2019	2019 AAAA CASL Divisionals
4	2:12.07 S	F	A Relay	CVAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	2:13.05 S	F	A Relay	DSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Men 15-18 200 Free Relay						
1	1:48.70 S	F	A Relay	HAY -MA	7/13/2019	Hanover YMCA at NYAC 2019
2	1:53.75 S	F	A Relay	DAAC -MA	6/8/2019	Dover Area Aquatic Club @ Bobc

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	Time	P/F/S	Relay			
3	1:53.77 S	F	A Relay	BSAC -MA	6/22/2019	Big Spring @ Hanover
4	x 1:56.39 S	F	A Relay	NYAC -MA	6/22/2019	Northern York Aquatic Club vs Indian Creek
5	2:02.73 S	F	A Relay	BSC -MA	7/13/2019	ACWS @ Bobcat Swim Club
Men 15-18 200 Medley Relay						
1	2:01.23 S	F	A Relay	HAY -MA	7/13/2019	Hanover YMCA at NYAC 2019
2	2:07.27 S	F	A Relay	BSAC -MA	6/29/2019	Big Spring at NYAC 2019
3	2:10.05 S	F	A Relay	NYAC -MA	7/13/2019	Hanover YMCA at NYAC 2019
4	2:26.51 S	F	A Relay	IC -MA	6/8/2019	Indian Creek @ Hanover
Men 15&O 200 Free Relay						
1	1:38.80 S	F	A Relay	DSC -MA	7/20/2019	2019 AAAA CASL Divisionals
2	1:40.57 S	F	A Relay	DUCK -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	1:42.10 S	F	A Relay	DAAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
4	1:45.66 S	F	A Relay	SST -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	1:46.61 S	F	A Relay	BSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
Men 15&O 200 Medley Relay						
1	1:49.07 S	F	A Relay	DUCK -MA	7/27/2019	2019 Mid-Cap Championship Meet
2	1:54.42 S	F	A Relay	DSC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
3	1:54.53 S	F	A Relay	DAAC -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
4	1:58.09 S	F	A Relay	HAY -MA	7/21/2019	2019 CASL Gary Shank All-Stars Championships
5	1:58.25 S	F	A Relay	SST -MA	7/11/2019	SST @ SMSC
Men 200 Medley Relay						
1	1:59.19 S	F	A Relay	DSC -MA	7/13/2019	Cumberland Valley vs DSC
2	2:26.48 S	F	A Relay	BSC -MA	6/22/2019	Bobcat Swim Club vs Dallastown Swim Club
3	2:35.74 S	F	A Relay	CVAC -MA	7/13/2019	Cumberland Valley vs DSC