

CASL 2-A Divisional Championship

July 20

2019

Camp Hill Aquatic Club
Gettysburg YWCA
Hampden Aquatic Club
Mechanicsburg Swim Club
Mercersburg Swim Club
Spring Grove Swim Club

CAPITAL AREA SWIM LEAGUE

2019 2-A Divisional Championship

HOST: Spring Grove Swim Club
LOCATION: Spring Grove Area High School
1490 Roth's Church Road
Spring Grove, PA 17362

DATE: July 20, 2019

FACILITY: The Spring Grove Swim Club uses a 6 lane, 25 yard pool with a 6 foot deep starting end. A fully automatic Colorado 6 timing system, with touch pads at turn and finish end, plunger backup and Dolphin wireless backup timing watches. A six lane display will be used. We will be using Hy-Tek Meet Manager software. Access to the 2nd floor, 350 seats seating area for non-swimmers, is located in the school lobby. Teams will be seated & staged in the gym.

WARM-UPS:

Warm-up times will be sent to head coaches in a separate email.

* One way starts can be a part of your warm up time
8:55 clear the pool

SCRATCH MEETING: 8:20 AM (All Officials must be at the scratch meeting)
OFFICIALS MEETING: 8:35 AM
TIMERS MEETING: 8:45 AM
START OF THE MEET: 9:00 AM

The warm up pool will be available throughout the meet

Food and drinks are available for all coaches and officials in the room at the shallow end of the pool

RULES: This meet will be conducted according to current NFHS swimming rules and safety procedures, with CASL modifications.

ENTRIES: Hy-Tek entries must be emailed by Sunday, July 14, 2019 by 7:00 pm. No entries will be accepted without completed volunteer sheets.

Entries must be submitted to henningd@sgasd.org using Hy-tek software by 7:00pm on Sunday, July 14, 2019. An entries report will be sent to each team for review and verification. No changes may be made after Tuesday, July 16 at 7:00 pm.

TM Entry file can be found on the CASL website under Division AA

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ELIGIBILITY: A swimmer's age will be determined as of June 1, 2019. A swimmer may enter a maximum of 3 events. All entry times must have been accomplished during current season. A swimmer must have swum in one half of the dual meets sponsored by the league in order to be eligible. Gary Shank Invitational can be used as an official meet for a swimmer's postseason eligibility. A tri-meet will count as two meets. A maximum of two relay entries for each age group will be permitted. A swimmer may move up in relay events only.

AWARDS: Ribbons will be awarded to the top eight finishers in each event. A coach or parent representative must pick up their team's awards at the end of the meet.

QUALIFYING FOR ALL STARS: Below are the qualifying criteria for All Stars Championship meet:

- Top 8 relays from 4-A, 3-A, 2-A and 1-A
- Top 16 individuals from 4-A, 3-A, 2-A and 1-A

ADMISSION: Admission fee is \$5.00 for non-swimmers ages 12 and older and includes one program per family while supplies last. All heat sheets and meet results will be posted **FREE** on Meet Mobile. Enter using rear entrance of school. Handicap parking is at front of school.

VOLUNTEERS: Free admission will be extended to volunteers listed on your returned volunteer sign-up sheets. **No entries will be accepted without completed volunteer sheets.** Please do your best to fill these sheets. If there is a problem, please contact the Meet Director at sgswimclub@gmail.com for other arrangements. **Please make sure your volunteers are present at pre-meet meetings. We will hold the meet until assigned volunteers are present at the pre-meet meetings.**

*** Included Volunteer Registration form must be completed and submitted by entry deadline of Sunday, July 14 at 7:00 pm. Teams who do not submit a Volunteer registration form will not have their entries processed.**

CONCESSIONS: The concession stand located in the pool balcony will be open at 8:00AM and continue operation until the end of the meet.

All Food must be consumed in the Concession area.
Please clean all liquid spills immediately.

T-SHIRT SALES: Online orders only. Meet T-Shirts will be available online for pre-orders only. The link will be posted on the CASL Swim web site and sent via email to each coach & representative in the division. A limited number of sizes will be available at the concession stand. (Design will be posted on the CASL Swim web site)

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Directions to Spring Grove High School –

1490 Roth's Church Road, Spring Grove, PA 17362

From 83, take 30 west towards Gettysburg make a left at the light onto 116 (Old Hanover Rd) approximately 3.5 miles bear to the right at the circle onto Roth's Church road approximately 0.5 of a mile turn left at the light into the Spring Grove campus and follow the road up the hill past the Papermaker Stadium. The natatorium is located at the Spring Grove High School.

PARKING

Event parking will be located at the rear of the building.

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Boys #	Event Description	Girls #
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15 & Over 200 Medley Relay	10
11	9-10 100 IM	12
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15 & Over 100 IM	18
19	8 & Under 25 Freestyle	20
21	9-10 50 Freestyle	22
23	11-12 50 Freestyle	24
25	13-14 50 Freestyle	26
27	15 & Over 50 Freestyle	28
29	8 & Under 25 Backstroke	30
31	9-10 50 Backstroke	32
33	11-12 50 Backstroke	34
35	13-14 50 Backstroke	36
37	15 & Over 50 Backstroke	38
10 Minute Break		
39	9-10 100 Freestyle	40
41	11-12 100 Freestyle	42
43	13-14 100 Freestyle	44
45	15 & Over 100 Freestyle	46
47	8 & Under 25 Breaststroke	48
49	9-10 50 Breaststroke	50
51	11-12 50 Breaststroke	52
53	13-14 50 Breaststroke	54
55	15 & Over 50 Breaststroke	56
57	8 & Under 25 Butterfly	58
59	9-10 50 Butterfly	60
61	11-12 50 Butterfly	62
63	13-14 50 Butterfly	64
65	15 & Over 50 Butterfly	66
67	8 & Under 100 Freestyle Relay	68
69	9-10 200 Freestyle Relay	70
71	11-12 200 Freestyle Relay	72
73	13-14 200 Freestyle Relay	74
75	15 & Over 200 Freestyle Relay	76

IMPORTANT INFORMATION

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PLEASE SHARE THIS INFORMATION WITH ALL PARENTS and SWIMMERS

The Spring Grove Area School District has graciously allowed us the use of the cafeteria and gym to host this meet. Please return the courtesy by following SGASD rules and adhere to the following.

The Spring Grove High School is a large facility and we are asking that all swimmers and their parents stay in the gym, lobby, and cafeteria portions of the school. ***In the gym area, please place all chairs on a blanket or towel NOT directly on the gym floor.*** Anyone trespassing anywhere else in the building will be turned over to the Spring Grove Area School District for trespassing charges.

Video Surveillance Cameras, both covert and overt, installed in District facilities are for security and monitoring purposes. This equipment is monitored or recording at all times. Information received through these recordings will be shared with District Staff and local agencies as deemed appropriate by the administration.

There is no smoking allowed anywhere on the Spring Grove campus. Remember the campus extends all the way to Lake Road.

Coaches, Officials, and assigned meet workers will be the only persons allowed on deck. You must have an event wristband to be on deck.

Any swimmer observed swimming under the bulkhead at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Director. This policy will be strictly enforced.

There are lockers and showers for your swimmer's use, however, neither the SGASD nor the SGSC will be held responsible for any lost or stolen items.

The seating area will be for spectators only. No swimmers will be allowed to sit in the spectator area. Please respect your fellow swim parent by not standing at the railing or saving seats.

Swimmers will be seeded in the gym and escorted through the natatorium hallway. From there they will be brought into the pool area prior to swimming their event. Please make sure your swimmers understand we will not look for them anywhere other than the gym, and once they have been staged they should remain where instructed.

We must ask that all swimmers exit the pool through the natatorium hallway (same way entered) and use the locker rooms located on each side of the gym (not the pool locker rooms). Swimmers please do your best to dry off in the locker rooms before entering the gym. Wet gym floors could get very slippery. Please walk on the rugs provided for your safety.

There must be at least one parent dedicated to supervise your team in the gym at all times.

Your team will be responsible for cleaning your area.

Remember to please clean all liquid spills immediately on the wooden GYM floor. No chairs will be allowed directly on the gym floor. You must provide a towel or blanket for the floors protection. There will be NO RUNNING OR BALL PLAYING IN THE GYM.

Be safe and have a great meet.

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Saturday, July 20, 2019

Volunteer Form

Return by email to sgswimclub@gmail.com

Team Name: _____

Head Coach: _____

Phone: _____

E-Mail: _____

1st Half

Timer: _____

Timer: _____

Back-up timer/Misc: _____

Official: _____

Official: _____

2nd Half

Timer: _____

Timer: _____

Back-up timer/Misc: _____

Official: _____

Official: _____