

Updated 4/15/19

CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2019 SEASON

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Report any changes or corrections for the CASL Roster directly to
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AAAA DIVISION

TEAM

AQUATIC CLUB OF THE WEST SHORE

25 meters or yards
6 lanes

ACWS

Start: 9:00 am
Red Land High school

CENTRAL YORK AQUATICS

25 yards or meters
8 lanes

CYA

Start: 8:30 a.m.
www.swimcya.org
Central York High School

CUMBERLAND VALLEY AQUATIC CLUB

25 meters or yards
8 lanes

CVAC

Start: 8:30 a.m.
www.teamunify.com/macvac

DOVER AREA AQUATIC CLUB

25 yards
6 lanes

DAAC

Start: 8:30 a.m.
www.swimdover.org
Dover Aquatic Center
4500 intermediate Avenue
Dover 17315

DALLASTOWN SWIM CLUB

25 yards
6 lanes

DSC

Start: 8:30 a.m.
www.teamunify.com/masdsc
Dallastown Area School District
700 New School Lane
Dallastown, PA 17313

BOBCAT SWIM CLUB

25 yards
6 lanes

BSC

Start: 8:30 a.m.
www.bsccswimming.com
Northeastern High School
Manchester, PA 17345

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AAA DIVISION

TEAM

CARLISLE SWIM CLUB

25 meters
6 lanes
CSC
Start: 8:00 a.m.
www.carliseswimclub.com
outdoor pool

KEYSTONE AQUATIC CLUB

25 meters or yards
8 lanes
KA
Start: 8:00 a.m.
<https://www.teamunify.com/usapaka>
Indoor pool

LION AQUATIC CLUB

25 yards
6 lanes
LAC
Start: 8:30 a.m.
www.lionaquaticclub.org
Red Lion High School

SEAHORSE SWIM TEAM

25 yards
6 lanes
SST
Start: 8:30 a.m.
www.seahorseswimteam.org

TROJAN AQUATIC CLUB

25 yards
4 lanes
TAC
Start: 8:30 a.m.
www.trojanaquaticclub.org
York Suburban High School

SOUTH MIDDLETON SWIM CLUB

25 yards
6 lanes
SMSC
Start: 9:00 a.m.
No Sat. in summer
Boiling Springs High School

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AA DIVISION

TEAM

GETTYSBURG YWCA

25 meters
6 lanes
GTY
Start: 9:00 a.m.
www.swimburg.org

HAMPDEN DUCKS

25 meters
8 lanes
HAC
Start: 8:30 a.m.
<http://ducks.wsyswim.org>
Hampden Township Park
outdoor pool

MECHANICSBURG SWIM CLUB

25 meters
6 lanes
MSC
Start: 8:30 a.m.
www.mechanicsburgswimclub.com
Memorial Park

MERCERSBURG AREA SWIM CLUB

25 yards
6 lanes
MASC
9:00 a.m. (Sat.)
or 6:00 p.m. (weeknights)
www.swimmasc.org
James Buchanan High School
indoor pool

SPRING GROVE SWIM CLUB

25 meters or yards
6 lanes
SGSC
Start: 8:30 a.m.
<http://www.sgsc.teampages.com/>
Spring Grove High School
1490 Roth's Church Road
Spring Grove, PA 17362
indoor pool

CAMP HILL AQUATIC CLUB

25 meters
8 lanes
CHAC
Warmups 7:30 a.m. - Start: 8:30 a.m.
www.swimcamphill.org
Seibert Memorial Park – Camp Hill Pool
outdoor pool

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A DIVISION

TEAM

BIG SPRING AQUATIC CLUB

25 meters or yards
8 lanes/score 6 lanes
BSAC
Start: 9:00 a.m.

ELITE PERFORMANCE AQUATIC CLUB

www.epac.org
EPAC
6 lanes
25 yards
Central Penn Fitness Club
450 Powers Avenue
Harrisburg, PA 17109

HANOVER YMCA

25 meters
6 lanes
HAY
Start: 9:00 a.m.

INDIAN CREEK AQUATIC CLUB

25 meters
4 lanes
ICAC
Start: 8:30 a.m.
www.swimindiancreek.org
Indian Creek Recreation Club
outdoor pool

SHIPPENSBURG AQUATIC CLUB

25 yards
6 lanes
SAC
Start: 9:00 a.m.
www.swimship.org
NO HOME MEETS

NORTHERN YORK AQUATIC CLUB

25 yards
6 lanes
NYAC
Start: 6 p.m.
<http://nyac.wsyswim.org>
Northern York High School

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