



# Camp Hill Aquatic Club

presents the

## 2018 Gary Shank CASL All-Star Championships

### July 22, 2018

<p><b>LOCATION &amp; PARKING</b></p>	<p><b>Camp Hill Borough Pool</b>          Route 15 Bypass &amp; N. 25th Street          Christian L. Siebert Memorial Park          Camp Hill, PA 17011</p> <p><i>Mapping Apps – use "Siebert Park"</i></p> <p><b>Parking</b>          Parking is available around the pool and stadium at Siebert Park. Additional parking is available at Eisenhower Elementary/Pollock Center (340 N. 21St, Camp Hill) located on the other side of Rt. 15 Bypass, with access to the pool via walking tunnel. <u>You must use the walking tunnel to go under the bypass. Do not attempt to walk across the bypass.</u></p> <p>See attached <u>area map</u> for Eisenhower Elementary/Pollock Center and walking tunnel.</p>
<p><b>FACILITY</b></p>	<p>The Camp Hill Borough Pool is an 8-lane, 25-meter outdoor pool. The starting end has a depth of 7 feet and the turn end has a depth of 4 feet. The pool has KDI Paragon starting blocks, Colorado Timing System and touchpads, and a 7' x 10' readout display scoreboard. The meet will use Hy-Tek Meet Manager software. Space for team tent areas and a ready bench will be provided.</p> <p>See attached <u>pool map</u> for designated team tent &amp; swimmer seating areas.</p>

<b>CONTACTS</b>	<p><b><u>Meet Director</u></b>  Julien Gaudion  717-315-5599 or <a href="mailto:juliengaudion@gmail.com">juliengaudion@gmail.com</a></p> <p><b><u>Officials Coordinator</u></b>  Tom Brenner  717-576-8139 or <a href="mailto:dadbrenner@gmail.com">dadbrenner@gmail.com</a></p>	<p><b><u>Co-Meet Marshalls</u></b>  Mike Jones  717-648-6234</p> <p>Chris Lee  717-798-1087</p>
<b>ELIGIBILITY</b>	<p>Official results from each CASL Divisional Championship meet will be compiled to determine All-Stars qualifiers. For individual events, the 16 fastest overall times from the combined results of the divisional meets will qualify for All-Stars. For relays, the fastest 8 overall times will qualify for All-Stars. First and second alternates will be included in the final entry list. <b>Please contact your team coach with scratches.</b></p> <p>Each CASL Divisional Championship meet host will submit meet results to CASL President Mike Gobrecht at the conclusion of their meet on July 21, 2018.</p>	
<b>MEET INFORMATION &amp; TIMELINE</b>	<p><b>Sunday, July 22, 2018</b></p> <p>The meet will be run as two sessions. See attached Order of Events.</p> <p><b><u>AM Session (8 &amp; Under and 9-10 age groups)</u></b>  Gates open at 7:00 AM</p> <p>Warm-Ups: 7:30 – 8:50 AM (see warm-up schedule below)  Scratch Meeting: 8:00 AM behind the starting blocks  Officials Meeting: 8:15 AM behind the starting blocks  Timers Meeting: 8:30 AM behind the starting blocks  Meet Start: 9:00 AM</p> <p><b><u>PM Session (11-12, 13-14 and 15 &amp; Over age groups)</u></b>  Gates open at 11:30 AM</p> <p>Warm-Ups: 11:50 AM – 12:50 PM (see warm-up schedule below)  Scratch Meeting: 12:00 PM behind the starting blocks  Officials Meeting: 12:15 PM behind the starting blocks  Timers Meeting: 12:30 PM behind the starting blocks  Meet Start: 1:00 PM</p> <p>*For the PM Session, <u>coaches</u> please turn in the names of your graduating seniors to the announcers table before 12:30 PM. Seniors will be announced at the beginning of the PM Session.</p>	

<p><b>WARM-UP SCHEDULE</b></p>	<p>There will be 8 warm-up lanes available for each session. Coaches and swimmers are asked to be courteous and fair to other teams in sharing lane space.</p> <p><b><u>AM Session (8 &amp; Under and 9-10 age groups)</u></b>  Gates open at 7:00 AM</p> <p>7:30 - 7:50 AM: A &amp; AAA clubs  7:50 - 8:00 AM: One-way sprints (A &amp; AAA clubs)  8:00 - 8:20 AM: AA &amp; AAAA clubs  8:20 - 8:30 AM: One-way sprints (AA &amp; AAAA clubs)</p> <p><b><u>PM Session (11-12, 13-14 and 15 &amp; Over age groups)</u></b>  Gates open at 11:30 AM</p> <p>11:50 - 12:10 PM: A &amp; AAA clubs  12:10 - 12:20 PM: One-way sprints (A &amp; AAA clubs)  12:20 - 12:40 PM: AA &amp; AAAA clubs  12:40 - 12:50 PM: One-way sprints (AA &amp; AAAA clubs)</p>
<p><b>VOLUNTEERS</b></p>	<p>Each team is responsible for providing:</p> <p><b><u>4 timers</u></b> (2 timers for AM Session and 2 timers for the PM Session)  <b><u>2 officials</u></b> (1 official for AM Session and 1 official for PM Session)</p> <p>Coaches must send volunteer information by <b><u>5:00 p.m. on Saturday, July 21</u></b> via email to Julien Gaudion (<a href="mailto:juliengaudion@gmail.com">juliengaudion@gmail.com</a>). Please include the following information in your email:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Volunteer Name</li> <li><input type="checkbox"/> AM or PM Session</li> <li><input type="checkbox"/> Cell phone number</li> <li><input type="checkbox"/> Designate as Timer or Official (PIAA/USA/YMCA)</li> </ul> <p>Volunteers receive free admission to the meet.</p> <p>Volunteers should check in at the Entrance for Volunteers, Officials, Coaches, Swimmers (see map).</p>
<p><b>SWIMMERS WITH DISABILITIES</b></p>	<p>A coach or team representative must alert the meet director and the meet referee as to the need for any special accommodations or arrangements prior to the start of the meet.</p>

<p><b>SWIMMER SEATING &amp; STAGING</b></p>	<p>See attached <u><a href="#">pool map</a></u> for designated team tent &amp; swimmer seating areas.</p> <p>A ready bench area will be located behind the starting blocks. The meet announcer will announce which events are being seated.</p>
<p><b>RESULTS &amp; AWARDS</b></p>	<p>Results will be posted on the pool house wall, next to the concession stand.</p> <p>Medals will be awarded to places 1st through 8th for relay events and 1st through 16th for individual events. Coaches must pick up their team's awards at the conclusion of the meet.</p>
<p><b>ADMISSION, PROGRAMS &amp; T-SHIRTS</b></p>	<p>AM Session: \$5 for all spectators age 8 &amp; older</p> <p>PM Session: \$5 for all spectators age 8 &amp; older</p> <p>Full Day (AM &amp; PM Sessions): \$8 for all spectators age 8 &amp; older</p> <p>Free admission to competing swimmers, children under 8, listed meet officials, listed coaches and listed meet volunteers. Volunteers should check in at the Timers &amp; Officials Table.</p> <p>Programs: \$3</p> <p><b>All-Star Championship T-shirts: \$20</b> (available only at the meet; no pre-orders)</p>
<p><b>VENDORS &amp; CONCESSIONS</b></p>	<p>A wide variety of food and drinks will be available for purchase throughout the meet; vendors will also be onsite selling All-Stars Championship Meet T-Shirts and swimming equipment.</p>
<p><b>HOSPITALITY AREA</b></p>	<p>Food and drinks will be available to participating team coaches and league officials throughout the meet in the Hospitality Area.</p>

<p><b>RULES &amp; SAFETY</b></p>	<p>This meet will be conducted according to current CASL swimming rules and safety procedures. This meet will be conducted using the whistle command and, with the exception of 8 &amp; Under events, no-recall false start procedures.</p> <p>No diving will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned.</p> <p>Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet.</p> <p>NO SWIMMING IN ANY AREA EXCEPT THE DESIGNATED 8 LANES.</p> <p>RECORDING BAN. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks.</p>
<p><b>RELEASE STATEMENT</b></p>	<p>The Capital Area Swim League, Camp Hill Aquatic Club, Camp Hill Borough, Camp Hill Pool and Camp Hill Borough employees and volunteers shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</p>

**CASL All-Star Championships – Sunday, July 22, 2018**

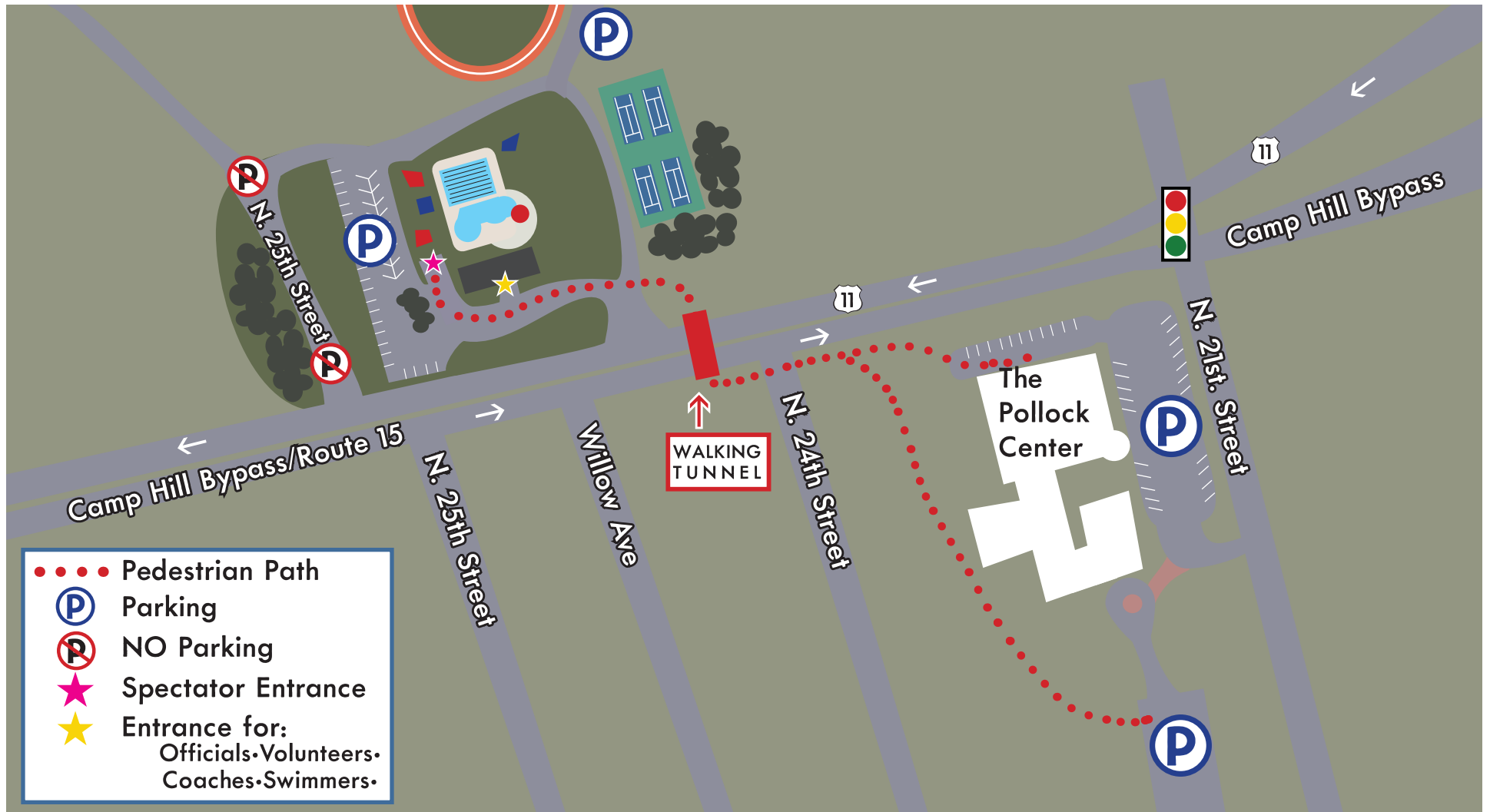
**Order of Events**

<b>AM Session (8 &amp; Under and 9-10 Swimmers)</b>		
<b>Boys #</b>	<b>Event Description</b>	<b>Girls #</b>
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
11	9-10 100 IM	12
19	8 & Under 25 Freestyle	20
21	9-10 50 Freestyle	22
29	8 & Under 25 Backstroke	30
31	9-10 50 Backstroke	32
39	9-10 100 Freestyle	40
47	8 & Under 25 Breaststroke	48
49	9-10 50 Breaststroke	50
57	8 & Under 25 Butterfly	58
59	9-10 50 Butterfly	60
67	8 & Under 100 Freestyle Relay	68
69	9-10 200 Freestyle Relay	70

<b>PM Session (11-12, 13-14 and 15 &amp; Over Swimmers)</b>		
<b>Boys #</b>	<b>Event Description</b>	<b>Girls #</b>
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15 & Over 200 Medley Relay	10
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15 & Over 100 IM	18
23	11-12 50 Freestyle	24
25	13-14 50 Freestyle	26
27	15 & Over 50 Freestyle	28
33	11-12 50 Backstroke	34
35	13-14 50 Backstroke	36
37	15 & Over Backstroke	38
41	11-12 100 Freestyle	42
43	13-14 100 Freestyle	44
45	15 & Over 100 Freestyle	46
51	11-12 50 Breaststroke	52
53	13-14 50 Breaststroke	54
55	15 & Over 50 Breaststroke	56
61	11-12 50 Butterfly	62
63	13-14 50 Butterfly	64
65	15 & Over 50 Butterfly	66
71	11-12 200 Freestyle Relay	72
73	13-14 200 Freestyle Relay	74
75	15 & Over 200 Freestyle Relay	76

# 2018 CASL ALL STAR SWIM MEET

hosted by camp hill aquatic club



## DIRECTIONS TO OVERFLOW PARKING AND WALKING TUNNEL:

Follow US Route 15 North past pool to intersection of North 21st Street. Turn Right on North 21st street, then Right into Eisenhower School (Pollock Center) Parking Lot. Walking Southbound, follow the walking path behind the school, then parallel to US Route 15, to the steps to the walking tunnel by North 24th Street. The tunnel crosses below US Route 15 and leads to the park and the pool. The walk takes approximately 5 minutes from the parking lot to the pool.

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