

Updated 10/17/18

CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2018 SEASON

Website: www.swimcasl.org

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Report any changes or corrections for the CASL Roster directly to
Mike Gobrecht at mike@wsyswim.org

AAAA DIVISION

TEAM

HEAD COACH

REPRESENTATIVE

AQUATIC CLUB OF THE WEST SHORE

25 meters or yards
6 lanes

ACWS

Start: 9:00 am

www.teamunify.com/amacofws

Keystone Aquatics

105 Midway Drive

Carlisle, PA 17015

Erin Edwards

212 11th Street

New Cumberland, PA 17070

erine.bcba@gmail.com

CENTRAL YORK AQUATICS

25 yards or meters
8 lanes

CYA

Start: 8:30 a.m.

www.swimcya.org

Central York High School

Chris Doemland

1318 Greenbriar Road

York, PA 17404

cyacoachchris@gmail.com

Julie Tate

tate500@comcast.net

CUMBERLAND VALLEY AQUATIC CLUB

25 meters or yards
8 lanes

CVAC

Start: 8:30 a.m.

www.teamunify.com/macvac

Gus Schnell

164 Rich Valley Rd

Mechanicsburg, PA 17050

717-439-0564

cvaccoaches@gmail.com

Lisa Furlong

6085 Run Cross Lane

Enola, PA 17025

717-421-8492

furlonglm@hotmail.com

DOVER AREA AQUATIC CLUB

25 yards
6 lanes

DAAC

Start: 8:30 a.m.

www.swimdover.org

Dover Aquatic Center

4500 intermediate Avenue

Dover 17315

Ross Spangler

3171 Sky Top Trail

Dover 17315

717 676-1366 (cell)

rspangler@doversd.org

Ross Spangler

3171 Sky Top Trail

Dover, PA 17315

(717) 676-1366 (cell)

rspangler@doversd.org

DALLASTOWN SWIM CLUB

25 yards
6 lanes

DSC

Start: 8:30 a.m.

www.teamunify.com/masdsc

Dallastown Area School District

700 New School Lane

Dallastown, PA 17313

Alicia Shiflet

214 Sheffield Drive

Dallastown, PA 17313

717-578-3888

aazeigle@aol.com

Gwen Babcock

642 Blossom Hill Lane

Dallastown, PA 17313

717-309-5408

Coach.Babcock@Dallastown.net

AAA DIVISION

TEAM

HEAD COACH

REPRESENTATIVE

BOBCAT SWIM CLUB

25 yards

6 lanes

BSC

Start: 8:30 a.m.

www.bsctswimming.com

Northeastern High School
Manchester, PA 17345

Lyndsay Schaeberle

10 Boxwood Road
Manchester 17345
717-968-4355 (Cell)
fry3578@gmail.com

Dan Schaeberle

10 Boxwood Road
Manchester 17345
717-891-3471 (Cell)
schaeberled@gmail.com

CARLISLE SWIM CLUB

25 meters

6 lanes

CSC

Start: 8:00 a.m.

www.carliseswimclub.com

outdoor pool

Tara Young

103 Schoolfield Drive
Carlisle 17013
717-448-6291 (Cell)
tyswim@embarqmail.com

Charles Chenot

22 Dannah Drive
Carlisle 17013
717-943-7418 (Cell)
chenot@pa.net

KEYSTONE AQUATIC CLUB

25 meters or yards

8 lanes

KA

Start: 8:00 a.m.

<https://www.teamunify.com/usapaka>

Indoor pool

Dave Horton

Carlisle 17013
717-743-04531
jeffrey.kaminski@icloud.com

Kim Gitner

3 Hemlock Circle
Mechanicsburg, PA 17055
717-884-6501
peaksvcs@yahoo.com

LION AQUATIC CLUB

25 yards

6 lanes

LAC

Start: 8:30 a.m.

www.lionaquaticclub.org

Red Lion High School

Heather McDanel

810 W. Broadway
Red Lion 17356
717-693-3310
swimshepherd@yahoo.com

Sabrina Grothe

225 Newcomer Road
Windsor, PA 17366
717-600-6811
grothesabrina@yahoo.com

SEAHORSE SWIM TEAM

25 yards

6 lanes

SST

Start: 8:30 a.m.

www.seahorseswimteam.org

Ray Evelan

6096 Old Hanover Road
Spring Grove 17362
717-476-7203
rayevelan03@gmail.com

Bill Sterner

1918 Beck Mill Road
Hanover 17331
717-637-8834 (Home)
717-479-6886 (Cell)
bsterner@embarqmail.com

TROJAN AQUATIC CLUB

25 yards

4 lanes

TAC

Start: 8:30 a.m.

www.trojanaquaticclub.org

York Suburban High School

Patty Smith Neidigh

2785 Cambridge Road
York 17402
717-755-7181 (Home)
717-578-8483 (Cell)
swimpatty03@gmail.com

SAME

AA DIVISION

TEAM

GETTYSBURG YWCA

25 meters
6 lanes
GTY
Start: 9:00 a.m.
www.swimburg.org

HAMPDEN DUCKS

25 meters
8 lanes
HAC
Start: 8:30 a.m.
<http://ducks.wsyswim.org>
Hampden Township Park
outdoor pool

MECHANICSBURG SWIM CLUB

25 meters
6 lanes
MSC
Start: 8:30 a.m.
www.mechanicsburgswimclub.com
Memorial Park

MERCERSBURG AREA SWIM CLUB

25 yards
6 lanes
MASC
9:00 a.m. (Sat.)
or 6:00 p.m. (weeknights)
www.swimmasc.org
James Buchanan High School
indoor pool

SPRING GROVE SWIM CLUB

25 meters or yards
6 lanes
SGSC
Start: 8:30 a.m.
<http://www.sgsc.teampages.com/>
Spring Grove High School
1490 Roth's Church Road
Spring Grove, PA 17362
indoor pool

SOUTH MIDDLETON SWIM CLUB

25 yards
6 lanes
SMSC
Start: 9:00 a.m.
No Sat. in summer
Boiling Springs High School

HEAD COACH

Megan Maslowski
228 Highland Avenue
Gettysburg 17325
717-2531706 (Cell)
sharkscoaches@gmail.com

G. Michael Gobrecht
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mike@wsyswim.org

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717-503-1831
mglumac@prismworks.net

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nal@smsd.us
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REPRESENTATIVE

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Gettysburg 17325
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rscheung@yahoo.com

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Enola 17025
717-576-8945 (Cell) 717-732-6261 (H)
president@swim-hampden.org

Valerie Rodgers
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Mechanicsburg, PA 17055
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Joey Lane
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sjlane@comcast.net

Gabriela Calugar
6400 Lauren Ln
Spring Grove 17362
717-332-2292 (cell)
sgswimclub@gmail.com

Scott Shively
22 Derbyshire Drive
Carlisle 17015
717-773-2058
Ssksshives@embarqmail.com
scott.shively@veritivcorp.com

A DIVISION

TEAM

BIG SPRING AQUATIC CLUB

25 meters or yards
8 lanes/score 6 lanes
BSAC
Start: 9:00 a.m.

CAMP HILL AQUATIC CLUB

25 meters
8 lanes
CHAC
Warmups 7:30 a.m. - Start: 8:30 a.m.
www.swimcamphill.org
Seibert Memorial Park – Camp Hill Pool
outdoor pool

ELITE PERFORMANCE AQUATIC CLUB

www.epac.org
EPAC
6 lanes
25 yards
Central Penn Fitness Club
450 Powers Avenue
Harrisburg, PA 17109

HANOVER YMCA

25 meters
6 lanes
HAY
Start: 9:00 a.m.

INDIAN CREEK AQUATIC CLUB

25 meters
4 lanes
ICAC
Start: 8:30 a.m.
www.swimindiancreek.org
Indian Creek Recreation Club
outdoor pool

HEAD COACH

Greg Walker
596 Mount Rock Road
Newville, PA 17241
717-386-0152 (Cell)
walker.greg28@gmail.com

Christie Katora
449 Meadows Road
Newville, PA 17241

Sean Pivovarnik
717-379-9864
pivsport@yahoo.com

Guy Tanguay
717-319-3972
coaches@epac.org

Zack Miller
Hanover YMCA
500 George Street
Hanover 17331
717-632-8211
717-476-5497
zmiller@hanoverymca.org

Matt Zappe
(570) 490-1063
mattzappe@gmail.com

REPRESENTATIVE

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596 Mount Rock Road
Newville, PA 17241
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717-385-6898

Julien Gaudion
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juliengaudion@gmail.com

Jason Sandhaus
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Tammy Shore
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500 George Street
Hanover 17331
717-632-8211
tshore@hanoverymca.org

Lauren Stout
424 Sioux Drive
Mechanicsburg 17050
717-385-0136 (Cell)
laurenstout3@yahoo.com

Jeff Derr
jeffreyderr@yahoo.com

A DIVISION (continued)

TEAM

HEAD COACH

REPRESENTATIVE

SHIPPENSBURG AQUATIC CLUB

25 yards

6 lanes

SAC

Start: 9:00 a.m.

www.swimship.org

NO HOME MEETS

Nick Miller

717-448-4362

nmiller33083@gmail.com

Nick Miller

717-448-4362

nmiller33083@gmail.com

NORTHERN YORK AQUATIC CLUB

25 yards

6 lanes

NYAC

Start: 6 p.m.

<http://nyac.wsyswim.org>

Northern York High School

Kelly Coons

410 Fallowfield Road

Camp Hill 17011

kcoons920@gmail.com

Derek Boyce

127 Old York Road

Dillsburg, PA 17019

dskrboyce@gmail.com

Updated 10/17/2018