

Updated 5/8/18

CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2018 SEASON

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Report any changes or corrections for the CASL Roster directly to Mike Gobrecht at mike@wsyswim.org

METERS is the preferred meet dimension for 2018

AAAA DIVISION

TEAM

AQUATIC CLUB OF THE WEST SHORE

25 meters or yards

6 lanes

ACWS

Start: 9:00 am

www.teamunify.com/amacofws

Keystone Aquatics

105 Midway Drive

Carlisle, PA 17015

CENTRAL YORK AQUATICS

25 yards or meters

8 lanes

CYA

Start: 8:30 a.m.

www.swimcya.org

Central York High School

CUMBERLAND VALLEY AQUATIC CLUB

25 meters or yards

8 lanes

CVAC

Start: 8:30 a.m.

www.teamunify.com/macvac

DOVER AREA AQUATIC CLUB

25 yards

6 lanes

DAAC

Start: 8:30 a.m.

www.swimdover.org

Dover Aquatic Center

4500 intermediate Avenue

Dover 17315

DALLASTOWN SWIM CLUB

25 yards

6 lanes

DSC

Start: 8:30 a.m.

www.teamunify.com/masdsc

Dallastown Area School District

700 New School Lane

Dallastown, PA 17313

HEAD COACH

Dave Horton

hortonpa_0001@msn.com

Trevor Endler

305 Harvestview North

Mount Joy, PA 17552

cyacoachtrevor@gmail.com

Rich Alderman

843 Mandy Lane

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rjajr57@gmail.com

412-401-7677

Richard Janosky

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Dover 17315

717-292-7261 (Home)

717-292-3671 x 20308 (Pool)

717-873-0092 (Cell)

rjanosky@doversd.org

Alicia Shiflet

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Dallastown, PA 17313

717-578-3888

aazeigle@aol.com

REPRESENTATIVE

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Ross Spangler

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rspangl@doversd.org

Gwen Babcock

642 Blossom Hill Lane

Dallastown, PA 17313

717-309-5408

Coach.Babcock@Dallastown.net

AAA DIVISION

TEAM

HEAD COACH

REPRESENTATIVE

BOBCAT SWIM CLUB

25 yards

6 lanes

BSC

Start: 8:30 a.m.

www.bsccswimming.com

Northeastern High School
Manchester, PA 17345

Lyndsay Schaeberle

10 Boxwood Road

Manchester 17345

717-968-4355 (Cell)

[fry3578@gmail.com](mailto: fry3578@gmail.com)

Dan Schaeberle

10 Boxwood Road

Manchester 17345

717-891-3471 (Cell)

[schaeberled@gmail.com](mailto: schaeberled@gmail.com)

CARLISLE SWIM CLUB

25 meters

6 lanes

CSC

Start: 8:00 a.m.

www.carliseswimclub.com

outdoor pool

Tara Young

103 Schoolfield Drive

Carlisle 17013

717-448-6291 (Cell)

[tyswim@embarqmail.com](mailto: tyswim@embarqmail.com)

Charles Chenot

22 Dannah Drive

Carlisle 17013

717-943-7418 (Cell)

[chenot@pa.net](mailto: chenot@pa.net)

LION AQUATIC CLUB

25 yards

6 lanes

LAC

Start: 8:30 a.m.

www.lionaquaticclub.org

Red Lion High School

Heather McDanel

810 W. Broadway

Red Lion 17356

717-693-3310

[swimshepherd@yahoo.com](mailto: swimshepherd@yahoo.com)

Sabrina Grothe

225 Newcomer Road

Windsor, PA 17366

717-600-6811

[grothesabrina@yahoo.com](mailto: grothesabrina@yahoo.com)

SEAHORSE SWIM TEAM

25 yards

6 lanes

SST

Start: 8:30 a.m.

www.seahorseswimteam.org

Ray Evelan

6096 Old Hanover Road

Spring Grove 17362

717-476-7203

[rayevelan03@gmail.com](mailto: rayevelan03@gmail.com)

Bill Sterner

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717-637-8834 (Home)

717-479-6886 (Cell)

[bsterner@embarqmail.com](mailto: bsterner@embarqmail.com)

TROJAN AQUATIC CLUB

25 yards

4 lanes

TAC

Start: 8:30 a.m.

www.trojanaquaticclub.org

York Suburban High School

Patty Smith Neidigh

2785 Cambridge Road

York 17402

717-755-7181 (Home)

717-578-8483 (Cell)

[swimpatty03@gmail.com](mailto: swimpatty03@gmail.com)

SAME

AA DIVISION

TEAM

GETTYSBURG YWCA

25 meters

6 lanes

GTY

Start: 9:00 a.m.

www.swimburg.org

HAMPDEN DUCKS

25 meters

8 lanes

HAC

Start: 8:30 a.m.

<http://ducks.wsyswim.org>

Hampden Township Park
outdoor pool

MECHANICSBURG SWIM CLUB

25 meters

6 lanes

MSC

Start: 8:30 a.m.

www.mechanicsburgswimclub.com

Memorial Park

MERCERSBURG AREA SWIM CLUB

25 yards

6 lanes

MASC

9:00 a.m. (Sat.)

or 6:00 p.m. (weeknights)

www.swimmasc.org

James Buchanan High School
indoor pool

SPRING GROVE SWIM CLUB

25 meters or yards

6 lanes

SGSC

Start: 8:30 a.m.

<http://www.sgsc.teampages.com/>

Spring Grove High School
1490 Roth's Church Road
Spring Grove, PA 17362
indoor pool

SOUTH MIDDLETON SWIM CLUB

25 yards

6 lanes

SMSC

Start: 9:00 a.m.

No Sat. in summer

Boiling Springs High School

HEAD COACH

Megan Maslowski

228 Highland Avenue

Gettysburg 17325

717-2531706 (Cell)

sharkscoaches@gmail.com

G. Michael Gobrecht

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Valerie Rodgers

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sgswimclub@gmail.com

Scott Shively

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Carlisle 17015

717-773-2058

Ssksshives@embarqmail.com

scott.shively@veritivcorp.com

A DIVISION

TEAM

BIG SPRING AQUATIC CLUB

25 meters or yards
8 lanes/score 6 lanes
BSAC
Start: 9:00 a.m.

CAMP HILL AQUATIC CLUB

25 meters
8 lanes
CHAC
Warmups 7:30 a.m. - Start: 8:30 a.m.
www.swimcamphill.org
Seibert Memorial Park – Camp Hill Pool
outdoor pool

ELITE PERFORMANCE AQUATIC CLUB

www.epac.org
EPAC
6 lanes
25 yards
Central Penn Fitness Club
450 Powers Avenue
Harrisburg, PA 17109

HANOVER YMCA

25 meters
6 lanes
HAY
Start: 9:00 a.m.

INDIAN CREEK AQUATIC CLUB

25 meters
4 lanes
ICAC
Start: 8:30 a.m.
www.swimindiancreek.org
Indian Creek Recreation Club
outdoor pool

HEAD COACH

Greg Walker
596 Mount Rock Road
Newville, PA 17241
717-386-0152 (Cell)
walker.greg28@gmail.com

Christie Katora
449 Meadows Road
Newville, PA 17241

Sean Pivovarnik
717-379-9864
pivsport@yahoo.com

Guy Tanguay
717-319-3972
coaches@epac.org

Zack Miller
Hanover YMCA
500 George Street
Hanover 17331
717-632-8211
717-476-5497
zmiller@hanoverymca.org

Matt Zappe
(570) 490-1063
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REPRESENTATIVE

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717-315-5599 (Cell)
juliengaudion@gmail.com

Jason Sandhaus
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Tammy Shore
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Hanover 17331
717-632-8211
tshore@hanoverymca.org

Lauren Stout
424 Sioux Drive
Mechanicsburg 17050
717-385-0136 (Cell)
laurenstout3@yahoo.com

Jeff Derr
jeffreyderr@yahoo.com

A DIVISION (continued)

TEAM

HEAD COACH

REPRESENTATIVE

SHIPPENSBURG AQUATIC CLUB

25 yards

6 lanes

SAC

Start: 9:00 a.m.

www.swimship.org

NO HOME MEETS

Nick Miller

717-448-4362

nmiller33083@gmail.com

Mark Hollar

717-262-5560

m.hollar25@gmail.com

NORTHERN YORK AQUATIC CLUB

25 yards

6 lanes

NYAC

Start: 6 p.m.

<http://nyac.wsyswim.org>

Northern York High School

G. Michael Gobrecht

410 Fallowfield Road

Camp Hill 17011

717-514-2287 (Cell)

mike@wsyswim.org

Derek Boyce

127 Old York Road

Dillsburg, PA 17019

dskrboyce@gmail.com

Updated 5/8/2018