



CENTRAL YORK AQUATICS

Presents the

CASL AAAA Divisional Championships

Saturday, July 22, 2017

LOCATION	Central York High School 601 Mundis Mill Rd. York, PA 17406
FACILITIES	The Central York High School Natatorium is a state-of-the-art 40-yard indoor pool with adjustable bulkhead, which will be configured for eight 25-yard lanes for competition (13' depth at the start end and 7' depth at the turn end), and five additional lanes for continuous warm-up/ warm-down. Spectator gallery seating for 500; seating capacity for up to 300 athletes on the pool deck. The facility is equipped with AntiWave 6" Maximum racing lane lines, Spectrum Cougar starting blocks, Colorado 6 timing system, Aqua Grip touchpads, and an 8 x 7 ft. LED display board. The facility is also equipped with state-of-the-art filter and ventilation units, and an audio system with under water speakers. Parking is located next to the natatorium.
MEET DIRECTOR	Trevor Endler cyacoachtrevor@gmail.com 732-439-9840
MEET MARSHALL	Julie Tate tate500@comcast.net 717-880-8088
VOLUNTEER REQUIREMENTS	Volunteer Coordinator: April Wobber cyavc@yahoo.com 410-241-0118 Eight (8) timers (four per half), two (2) officials and one (1) bullpen/seeding person per team are required to volunteer. E-mail your volunteer names to April Wobber at cyavc@yahoo.com by 11:59 pm, Wednesday 7/19/17. Volunteers will receive free admission.

ELIGIBILITY	<p>A swimmer's age will be determined by their age as of June 1, 2017. A swimmer may enter a maximum of three events. All entry times must have been accomplished during the current season. A swimmer must have swum in one half of the dual meets sponsored by the league in order to be eligible. A maximum of two (2) relay entries for each age group will be permitted. A swimmer may move up one age group in relay events ONLY.</p> <p>Please contact your coach or the meet director with any last minute scratches.</p>
WARM-UP, MEETING & MEET START TIMES	<p>General warm-up session one: 7:40 – 8:15 AM (CYA & DSC) General warm-up session two: 8:15 – 8:50 AM (DAAC, ACWS & TAC) One-way sprints: 8:50 – 8:55 AM (All teams)</p> <p>Scratches due: 8:15 AM Officials' meeting: 8:10 AM Timers' meeting: 8:30 AM Meet start: 9:00 AM</p> <p>There will be 13 warm-up lanes available for each session. Coaches and swimmers are asked to be courteous and fair to other teams in sharing lane space. Teams may be assigned specific warm-up lanes closer to the date of the meet at the discretion of the meet director.</p> <p>Continuous warm-up/ warm-down will be available in the 5-lane portion of the pool throughout the meet.</p>
EVENTS / SESSIONS	<p>The order of events is attached. The meet will be run as a single session, with a 10-minute break at the half way point.</p>
SWIMMERS WITH DISABILITIES	<p>A coach or team representative must alert the meet director and the meet referee as to the need for any special accommodations or arrangements prior to the start of the meet.</p>
SWIMMER SEATING	<p>Swimmer seating will be available on the pool deck and the gymnasium. The bullpen/seeding area will be in the gymnasium. Swimmers who want to be seeded must be in the gymnasium.</p>
AWARDS	<p>Ribbons will be awarded to places 1st through 8th. Coaches must pick up their team's awards at the conclusion of the meet.</p>
RESULTS	<p>Results will be posted throughout the meet for parents and swimmers to view. Live results will be available through the Meet Mobile app available for iPhone and Android. Results will be provided electronically to any coach who brings a flash drive.</p>
PROGRAMS & ADMISSION	<p>Admission is \$5.00. Children 12 and under admitted free. Free admission to all volunteers and officials. One meet program per family will be included in the cost of admission. Additional programs will cost \$3.00.</p>
VENDORS / CONCESSIONS	<p>A complete selection of food and drinks will be available for purchase at the concession stand located in the cafeteria at the end of hallway past the gym. Meet t-shirts will be sold at the meet.</p> <p>* Food is NOT permitted on the pool deck, gym or spectator area.</p>

<p>HOSPITALITY</p>	<p>Food and drinks will be available to coaches and officials throughout the meet in the glass room located behind the scorers' table.</p>
<p>RULES / SAFETY</p>	<p>This meet will be conducted according to current NFHS swimming rules and safety procedures, with CASL modifications. This meet will be conducted using the whistle command and, with the exception of 8 & Under events, no-recall false start procedures.</p> <p>No diving will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned.</p> <p>Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. ANY SWIMMER OBSERVED SWIMMING UNDER THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT, OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.</p> <p>NO SPECTATORS WILL BE ALLOWED ON THE POOL DECK AT ANY TIME, FOR ANY REASON, OTHER THAN THOSE WHO ARE HANDICAPPED OR VOLUNTEERING. Swimmers must access the deck through the locker rooms at all times. Officials, coaches, and volunteers will be given wristbands which must be worn to be permitted on the pool deck. In addition, officials, coaches, and volunteers will have access to the deck through the lobby doors.</p> <p>IN ORDER FOR ALL SPECTATORS TO HAVE A POSITIVE VIEWING EXPERIENCE, WE ASK THAT SPECTATORS SET UP THEIR CHAIRS AND BLANKETS IN THE GYM AS THEIR "PERMANENT SEATING" AND SHARE THE GALLERY SEATING AREA WITH OTHERS.</p> <p>TO PROVIDE AN ATMOSPHERE WHERE ALL SPECTATORS HAVE THE OPPORTUNITY TO OBSERVE THEIR SWIMMERS COMPETING, AND TO STAY IN COMPLIANCE WITH FIRE CODE, SPECTATORS MUST VACATE THE GALLERY AFTER THEIR SWIMMER COMPLETES THEIR RACE. THIS IS ESPECIALLY NECESSARY DURING MEDLEY RELAY EVENTS. IF SPECTATORS DO NOT MAKE ACCESS FOR ONE ANOTHER DURING THE MEDLEY RELAYS, WE WILL RESTRICT ACCESS TO THE GALLERY WHEN ATTENDANCE REACHES CAPACITY AND THEN TEMPORARILY STOP THE MEET AFTER EVENT 4 (GIRLS 9-10 200 MEDLEY RELAY) TO CLEAR THE SPECTATOR GALLERY BEFORE CONTINUING WTH EVENT 5 (BOYS 11-12 200 MEDLEY RELAY.)</p> <p>Swimmers are not permitted to be in hallways, gym or the spectator seating area unless they are dried, fully clothed and wearing footwear.</p> <p>RECORDING BAN – The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks.</p> <p>DECK CHANGING – Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>

DIRECTIONS

From the North: I-83 S to Exit 24 (Emigsville), left onto Church Rd., right onto N. George St., left onto Emig Rd., school is on the left.

From the South: I-83 N to Exit 22 (N. George St.), right onto Emig Rd., school is on the left.

From the East: US-30 W to Exit 24 (Mt. Zion Rd.), right onto Mt. Zion Rd., school is on the Right.

From the Southwest: US-30 E toward York, left onto N. George St., right onto Emig Rd., school is on the Left.

Natatorium is located on the left side of the school, across the parking lot from the football stadium.

RELEASE STATEMENT:

The Capital Area Swim League, Central York School District, and Central York Aquatics shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

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Order of Events

Boys #	Event Description	Girls #
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15 & Over 200 Medley Relay	10
11	9-10 100 IM	12
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15 & Over 100 IM	18
19	8 & Under 25 Freestyle	20
21	9-10 50 Freestyle	22
23	11-12 50 Freestyle	24
25	13-14 50 Freestyle	26
27	15 & Over 50 Freestyle	28
29	8 & Under 25 Backstroke	30
31	9-10 50 Backstroke	32
33	11-12 50 Backstroke	34
35	13-14 50 Backstroke	36
37	15 & Over 50 Backstroke	38
10 Minute Break		
39	9-10 100 Freestyle	40
41	11-12 100 Freestyle	42
43	13-14 100 Freestyle	44
45	15 & Over 100 Freestyle	46
47	8 & Under 25 Breaststroke	48
49	9-10 50 Breaststroke	50
51	11-12 50 Breaststroke	52
53	13-14 50 Breaststroke	54
55	15 & Over 50 Breaststroke	56
57	8 & Under 25 Butterfly	58
59	9-10 50 Butterfly	60
61	11-12 50 Butterfly	62
63	13-14 50 Butterfly	64
65	15 & Over 50 Butterfly	66
67	8 & Under 100 Freestyle Relay	68
69	9-10 200 Freestyle Relay	70
71	11-12 200 Freestyle Relay	72
73	13-14 200 Freestyle Relay	74
75	15 & Over 200 Freestyle Relay	76

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Coaches & Volunteers Form

Team Name: _____

Head Coach: _____

Phone: _____

E-Mail: _____

Coaches

Volunteers

_____ Timer
_____ Timer
_____ Timer
_____ Timer
_____ Timer
_____ Timer
_____ Timer
_____ Timer
_____ Official
_____ Official
_____ Bullpen/Seeding

E-mail this form or your coach and volunteer names to April Wober at cyavc@yahoo.com by 11:59 pm, Wednesday 7/20/16. **Volunteers will receive free admission.**