



CAPITAL AREA SWIM LEAGUE
3A DIVISIONAL CHAMPIONSHIP MEET
JULY 23rd 2016

Hosted by Aquatic Club of the West Shore

Please review the information enclosed in this packet.

The following information is needed from each team:

- T-Shirt Order Forms must be returned by Friday July 15th by 8:00pm to furlonglm@hotmail.com. Full Payment must be made by Team check only at time of pick-up

 - The volunteer form at the back of this packet should be returned no than Friday July 15th by 8:00pm (team entries may not be accepted if forms are not received to: David Horton @ hortonpa_0001@msn.com)

 - Divisional Entries are due by Sunday July 17th @ 3:00pm. Please forward your divisional entries to David Horton @ hortonpa_0001@msn.com. If you have any questions regarding submitting your entries please contact Lisa Furlong @ furlonglm@hotmail.com or David Horton @ hortonpa_0001@msn.com.
-

If there are any concerns or questions please contact:

Hortonpa_0001@msn.com

We look forward to seeing you at the meet.

Directions to Latshmere can be found @ <http://www.latshmereswimclub.club/>

General Information & Meet Schedule

Where: Latshmere Swim Club
When: July 23, 2016
Host: Aquatic Club of the West Shore
Meet Directors: David Horton and Tim Kurland

Warm-Up Times:

<u>Team</u>	<u>Morning</u>
ACWS - Aquatics Club of West Shore	7:00-7:25 – Lanes 1 thru 6
Carlisle Swim Club	7:25-7:50 – Lanes 1 thru 6
East Pennsboro	7:50-8:25 – Lanes 1 and 2
Seahorse Swim Team	7:50-8:25 – Lanes 3 thru 6
Spring Grove	8:25-8:50 - Lanes 1 thru 6

Scratch Meeting: Morning Session: 8:30 a.m.

Start of Meet: 9:15 AM

Admission Fee: \$5.00 12 & Older
Registered Volunteers will be admitted free.

Heat Sheet: 1 per family @ no charge

Concessions: Food, Drink,

Electronic Timing:

Please review the following with your swimmers:

- Hit the pads hard on the vertical (wall) portion.
The touch pads are not as sensitive on the top.
- Relay swimmers will have 15 seconds to exit the pool.
Swimmers are to exit on the left side of the lane.
- If pads and back-up malfunction, stop watch times will be used.
The Head Referee will have the final decision.

General Rules:

- No smoking is allowed
- Team are responsible for cleaning up their area at the end of the meet.
- No one is permitted to use the playground.
- No one is permitted to be in the "baby pool".
- No diving at the shallow end of the pool!

TIMERS

Five Timers are needed for each team. Timers will receive their lane assignment at check-in at the meet.

RIBBON WRITERS

One (1) Ribbon Writer is needed for each team to assist in entering data and tagging ribbons with computer generated labels.

OFFICIALS

Each team will provide four (4) officials (2 per session), and assignments will be posted the day of the meet. Each team will also provide a representative for the Championship committee. This committee will be responsible for handling any discrepancies in rules interpretation arising during the meet. This representative can also function as an official.

FINISH JUDGE

One (1) Finish Judge is needed for each team for each session. Extra finish judges may be reassigned.

ADULT SUPERVISION

Each team is required to have at least two (2) adults in charge of team discipline in the designated team area. Please note the following rules:

1. Keep the "team area clean".
2. No horseplay, running or games (football, basketball, etc.)
3. Please sit in specified team areas.
4. Use locker rooms only for changing.

COACHES

We will provide free admission and a meal voucher for up to four (4) coaches from each team. Please provide the names of your coaches on the Volunteer Form so they are admitted free to the meet.

2016 3A DIVISIONAL VOLUNTEER FORM

Return to David Horton (hortonpa_0001@msn.com) **no later than July 15, 2016**

Team Name: _____

Team Rep: _____

TIMERS:

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

FINISH JUDGE: (Extra finish judges may be reassigned)

Name: _____

OFFICIALS:

Name: _____

Name: _____

Championship Committee Representative:

Coach: _____

Coach: _____

Coach: _____

Coach: _____