



# The Camp Hill Aquatic Club

Presents the

## 2014 CASL All-Star Championships

Sunday, July 20, 2014

<b>Location</b>	<p><b>Camp Hill Borough Pool</b> Route 15 By-pass and North 25<sup>th</sup> Street Christian L. Siebert Memorial park Camp Hill, PA 17011</p> <p>Parking available at Eisenhower Elementary School (340 N. 21<sup>st</sup> Street, Camp Hill, PA 17011); Access to pool through underpass walkway.</p> <p>Day of meet ONLY emergency phone # (717)-443-4419</p>
<b>Facilities</b>	<p>The Camp Hill Borough Pool is an 8 lane 25 meter outdoor pool (7' depth at the start end and 4' depth at the turn end). Tent space for team areas and ready bench will be provided. The facility is equipped with KDI Paragon starting blocks, Colorado timing system and touchpads, in addition to a 7' X10' LED display board. We will be using Hy-tek Meet Manager 5.0 software. Parking will be available at the Pool and Overflow at the Eisenhower Elementary School (340 N. 21<sup>st</sup> Street, Camp Hill, PA 17011), with access to pool through underpass walkway.</p>
<b>Meet Director</b>	<p><b>Mark Pickering</b> 550 Devon Road Camp Hill, PA 17011 (717) 443-4419 <a href="mailto:mpickering1031@gmail.com">mpickering1031@gmail.com</a></p> <p>Please direct all questions about the meet to the meet director.</p>

<b>Meet Marshall</b>	<p><b>Josh Taylor</b>  2801 Fairview Road  Camp Hill, PA 17011  (717) 802-2322  <a href="mailto:jtaylor@camphillanimalhospital.com">jtaylor@camphillanimalhospital.com</a></p>
<b>Volunteer Coordinators</b>	<p><b>Annette Spahr:</b> (717) 585-2387  <b>Melissa Corbin:</b> (717) 645 – 0633  <a href="mailto:camphillaquaticclub@gmail.com">camphillaquaticclub@gmail.com</a></p> <p>Each team must provide four timers (two for the morning session and two for the afternoon session), as well as two officials (one for each session). Names must be emailed to <a href="mailto:camphillaquaticclub@gmail.com">camphillaquaticclub@gmail.com</a> or call Annette Spahr or Melissa Corbin (phone numbers above), by 9 p.m. on Saturday, July 19<sup>th</sup>.</p>
<b>Eligibility</b>	<p>Official results from each divisional championship meet will be compiled to determine the All-Stars qualifiers. The top sixteen (16) individuals and eight (8) relays from the combined results of the divisional meets will qualify. First and second alternates will be included in the final entry list.</p> <p><b>Please contact the meet director with any last minute scratches.</b></p>
<b>Warm-up, Meeting and Meet Start Times</b>	<p>Gates open at 7:00 a.m. for the first session; 11:30 for the second session. The meet will be divided into two sessions: the 8's and 10 and unders will be in the first session. The 11/12's to Open will be swimming in the second session.</p> <p>Second session swimmers and parents are requested not to arrive before 11:30 a.m. to allow first session participants to depart the facility.</p> <p><b>Please see the attached grid for warm-up times and meet schedule.</b></p>
<b>Rules/Safety</b>	<p>This meet will be conducted according to current CASL swimming rules and safety procedures. This meet will be conducted using the whistle command and, with the exception of 8 &amp; under events, no-recall false start procedures.</p> <p>No dividing will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned. Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet.</p> <p><b>No swimming in any area except the designated 8 lanes.</b></p>

	<p><b>Recording ban:</b> The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.</p>
<b>Events/Sessions</b>	<p>The order of events is attached. The meet will be run as two sessions, with 8 &amp; Under and 9-10 year old swimmers competing in the AM session and 11/12, 13/14, and 15 – 18 year old swimmers competing in the afternoon session.</p>
<b>Swimmers with Disabilities</b>	<p>A coach or team representative must alert the meet director and the meet referee as to the need for any special accommodations or arrangements prior to the start of the meet.</p>
<b>Swimmer Seating</b>	<p>Swimmer seating will be available in the designated team tent areas. Team tent areas and logistics for the meet will be uploaded to the CASL All-Star information website 2 weeks prior to the All-Star meet.</p>
<b>Awards</b>	<p>Medals will be awarded to places 1<sup>st</sup> through 8<sup>th</sup> for relay events and 1<sup>st</sup> through 16<sup>th</sup> for individual events. Champions of each event will receive a custom CASL All-Star Champion swim cap. Coaches must pick up their team's awards at the conclusion of the meet.</p>
<b>Results</b>	<p>Results will be posted throughout the meet for parents and swimmers to view.</p>
<b>Program and Admission</b>	<p>Admission:  Five and under - Free  Age 6 to 17 - \$2.00  Adults (18 &amp; over) - \$4.00  All-Stars Programs are available from CASL for \$4.00 each.  Admission is free to all registered volunteers and league officials.</p>
<b>Vendors/ Concessions</b>	<p>A wide variety of food and drinks will be available throughout the entire meet; vendors will also be onsite selling All-Stars 2014 T-Shirts and swimming equipment.</p>
<b>Hospitality</b>	<p>Food and drinks will be available to participating team coaches and league officials throughout the meet in the Hospitality tent, located near the North entrance behind the starting blocks.</p>
<b>Directions</b>	<p><b>Directions to Camp Hill Municipal Pool:</b></p> <p><b>From North – Route 11 &amp; 15 South:</b> Follow to Camp Hill By-pass (Route 15). About ¼ mile after North 21<sup>st</sup> Street light, Pool will be on right. Turn right onto North 25<sup>th</sup> Street.</p> <p><b>From South – Interstate 81 North:</b> Take Camp Hill Exit (formerly 19) to Route 581 connector route to Route 15 North. Follow directions below from Route 15 North.</p> <p><b>From South – Interstate 83 North:</b> Take Camp Hill Exit onto Route 581 connector to Route 15 North. Continue below.</p>

	<p><b>From South – Route 15 North:</b> Go past Camp Hill Mall on left (Bosco's). Continue through next four traffic lights. After Country Club Road light, Camp Hill Municipal Pool is ahead about ¼ mile on left at North 25<sup>th</sup> Street. Turn left onto North 25<sup>th</sup> Street. Make first right into pool parking lot.</p>
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**Release Statement:**

The Camp Hill Aquatic Club, Camp Hill Borough, Camp Hill Pool, and Camp Hill Borough employees and volunteers shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

## WARM-UP TIMES

### Session 1 – 8 & under and 10 & under

7:30 a.m. – 7:50 a.m.	7:50 a.m. – 8:10 a.m.	8:10 a.m. – 8:30 a.m.
CHAC	TAC	WSC
EPAC	BSAC	YY
CSC	IC	SAC
MSC	SMSC	SG
HAC	DO	HAY
ACWS	CYAC	LAC
NYAC	CVAC	GET
ACY		BCAT

8:30 a.m. Clear pool

8:35 a.m. Scratch Meeting

8:40 a.m. Officials Meeting

8:50 a.m. Timer's Meeting

9:00 a.m. Session 1 starts

### Session 2 – 12 & under, 14 & under and Opens

11:45 – 12:05 p.m.	12:05 – 12:25 p.m.	12:25 – 12:45 p.m.
CHAC	TAC	WSC
EPAC	BSAC	YY
CSC	IC	SAC
MSC	SMSC	SG
HAC	DO	HAY
ACWS	CYAC	LAC
NYAC	CVAC	GET
ACY		BCAT

12:30 p.m. Scratch Meeting

12:40 Official Meeting

12:45 p.m. Clear pool

12:50 p.m. Timers Meeting

1:00 p.m. Session 2 starts

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AM Session 8 & Under and 9-10 year old swimmers

Order of Events

Boys #	Event Description	Girls #
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
11	9-10 100 IM	12
19	8 & Under 25 Freestyle	20
21	9-10 50 Freestyle	22
29	8 & Under 25 Backstroke	30
31	9-10 50 Backstroke	32
39	9-10 100 Freestyle	40
47	8 & Under 25 Breaststroke	48
49	9-10 50 Breaststroke	50
57	8 & Under 25 Butterfly	58
59	9-10 50 Butterfly	60
67	8 & Under 100 Freestyle Relay	68
69	9-10 200 Freestyle Relay	70

PM Session 11-12, 13-14 and 15-18 year old swimmers

Boys #	Event Description	Girls #
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15 & Over 200 Medley Relay	10
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15 & Over 100 IM	18
23	11-12 50 Freestyle	24
25	13-14 50 Freestyle	26
27	15 & Over 50 Freestyle	28
33	11-12 50 Backstroke	34
35	13-14 50 Backstroke	36
37	15 & Over 50 Backstroke	38
41	11-12 100 Freestyle	42
43	13-14 100 Freestyle	44
45	15 & Over 100 Freestyle	46
51	11-12 50 Breaststroke	52
53	13-14 50 Breaststroke	54
55	15 & Over 50 Breaststroke	56
61	11-12 50 Butterfly	62
63	13-14 50 Butterfly	64
65	15 & Over 50 Butterfly	66
71	11-12 200 Freestyle Relay	72
73	13-14 200 Freestyle Relay	74
75	15 & Over 200 Freestyle Relay	76

**CASL All-Star Championships**  
**Sunday, July 20<sup>th</sup>, 2014**  
**Volunteer Form**

Team Name: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**AM Session Volunteers:**

\_\_\_\_\_ AM Timer/First Half

\_\_\_\_\_ AM Timer/ Second Half

\_\_\_\_\_ AM Official

**PM Session Volunteers:**

\_\_\_\_\_ PM Timer/First Half

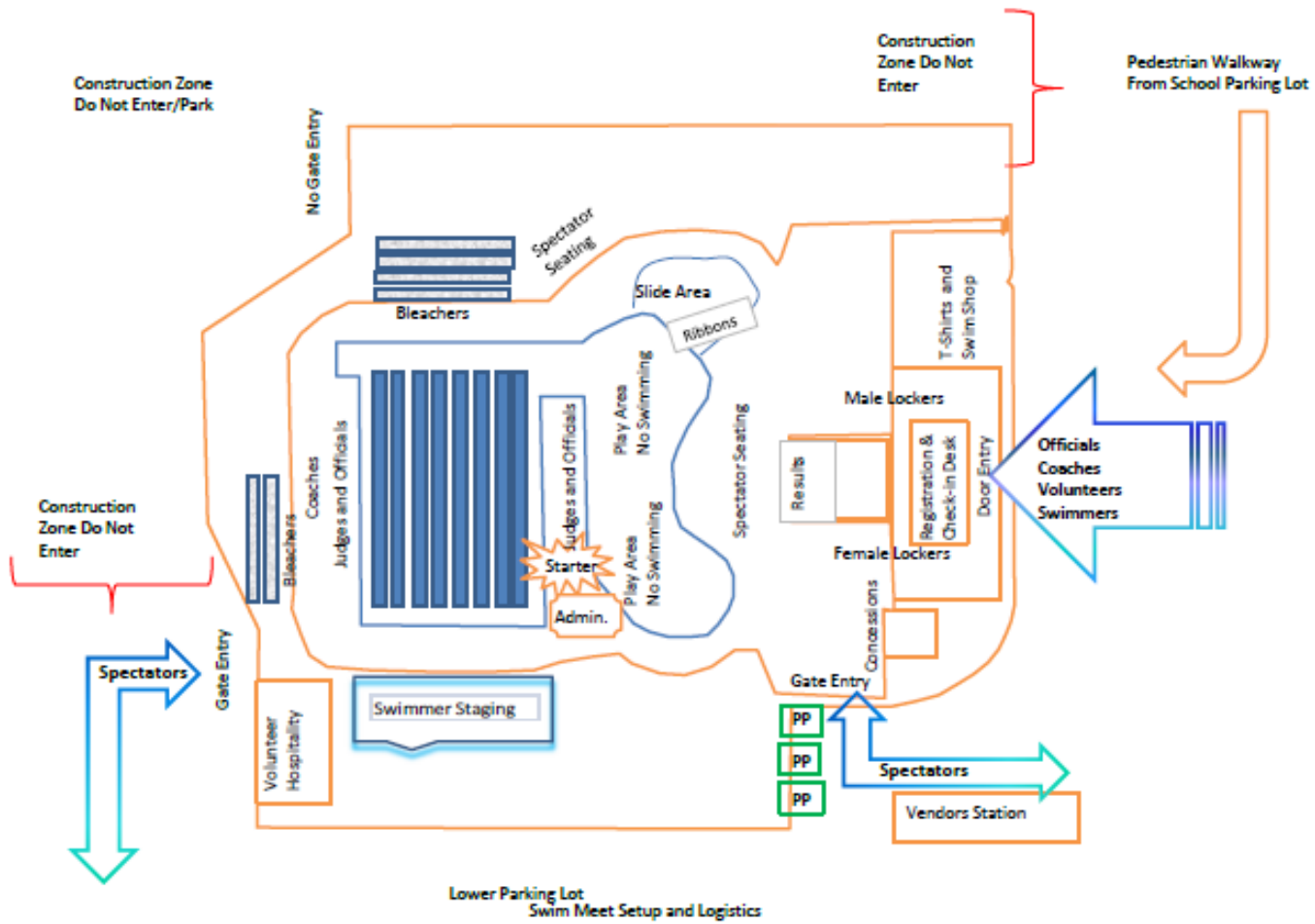
\_\_\_\_\_ PM Timer/ Second Half

\_\_\_\_\_ PM Official

**All teams must submit names electronically to:**

[camphillaquaticclub@gmail.com](mailto:camphillaquaticclub@gmail.com) or call Annette Spahr (717) 585-2387 or Melissa Corbin (717) 645 – 0633, Volunteer Coordinators, by 9 p.m. on Saturday, July 19<sup>th</sup>.

CAMP HILL AQUATIC CLUB



Lower Parking Lot  
Swim Meet Setup and Logistics