

**Capital Area Swim League**  
**2014 Division "A" Championships**  
**Saturday, July 19<sup>th</sup>, 2014**

Hosted by Hampden Aquatic Club



**Location**

**Hampden Township Pool**

5002 Hampden Park Dr.  
Mechanicsburg, PA 17050

**Facility**

The Hampden Township Pool is an 8 lane, 50 meter outside pool. A removable bulkhead converts the pool to 25 meters for swim meets. The pool has a full modern bathhouse and public restrooms.

**Eligibility**

This meet is open to all registered CASL Division "A" swimmers who swam a minimum of three league meets throughout the season. Each swimmer may enter in a maximum of three events (3 individual **OR** 2 individual & 1 relay **OR** 1 individual and 2 relays). Swimmer's age is determined as of June 1, 2014.

**Important Dates and Times**

- **Entries:** July 13<sup>th</sup> at 10 PM via email to [mike@wsyswim.org](mailto:mike@wsyswim.org)
- **Volunteers:** July 14<sup>th</sup> at 6 PM via our website -- [www.swim-hampden.org](http://www.swim-hampden.org)
- **T-Shirt Order:** July 13<sup>th</sup> at 10 PM via our website – [www.swim-hampden.org](http://www.swim-hampden.org)
- **Meet Information:** July 19<sup>th</sup> at 9 AM – Meet will start promptly on time
  - Scratch Meeting:* 8:30 AM at the Scoring Table
  - Officials Meeting:* 8:40 AM at the Baby Pool
  - Timers Meeting:* 8:50 AM at the Baby Pool

**Entries**

Entries must be submitted to [mike@wsyswim.org](mailto:mike@wsyswim.org) using Hy-Tek software. All times must be submitted in meters. If a meter time does not exist, please enter "NT". An entries report will be sent to each team for review by Tuesday, July 15, 2015 and verification. No "event changes" can be made after Psych Sheets are listed on website

The TM Import file is available on the CASL website as well as emailed to all teams.

**Warm-ups**

Final times will be determined after entries are submitted and an email will be sent to all head coaches and posted on our website.

**Swimmer Seating/Staging**

Swimmer seating will be available in the grass area near the pool. A bullpen/seating area will be located directly behind the starting blocks.

**Results/Awards**

Results will be posted near the concession stand for parents and swimmers to view. Results will also be available online using "Meet Mobile app". Ribbons will be awarded to the top eight finishers in each event. A team representative must pick up their team's awards at the end of the meet.

## Admission

Cost of admission is \$5.00 per person and Programs are Free.  
Volunteers and children under 10 years of age are free.

## Concession/Vendor Stands

A complete selection of food and drinks will be available for purchase along with vendors selling swimming equipment.

## Volunteers

**Each team is responsible for providing two (2) first half timers, two (2) second half timers, one (1) seeding and two (2) certified stroke & turn officials.** Please indicate on the volunteer form if any of your volunteers are PIAA/USS/YMCA certified. All volunteers will receive free admission and a name badge at the admission table. Volunteer registration information must be submitted by Monday, July 14<sup>th</sup> via [www.swim-hampden.org](http://www.swim-hampden.org). Teams who do not submit a volunteer registration form will not have their entries processed.

## Division Championship T-Shirts

Meet T-shirts will be available on pre-order basis with a limited supply available on the day of the meet. The cost is \$12.00 for short sleeve T-shirt in sizes Youth Small to Adult XXL. Please submit your order online at [www.swim-hampden.org](http://www.swim-hampden.org). Payment can either be done online via PayPal or check at time of delivery on the morning of the meet. Keep in mind, T-shirts will not be delivered to the team without payment to the Hampden Aquatic Club.

## Qualifying for All-Stars

This is a qualifying meet for the CASL All-Stars Championship meet to be held on July 20<sup>th</sup> at the Camp Hill Aquatic Club. Below are qualifying criteria for the All-Stars Championship meet:

- Top 8 relays across all 4 Divisions (A, AA, AAA, AAAA) Championship meets.
- Top 16 individuals across all 4 Divisions (A, AA, AAA, AAAA) Championship meets.
- Only times and finishes earned at each Division Championship will be used to determine qualification

## Rules/Guidelines

- This meet will be governed by National Federation Rules, as amended by the Capital Area Swim League.
- All swimmers will be seated and staged before escorted to the starting blocks.
- On-deck volunteers must check in with the volunteer coordinator at the beginning of the meet to receive their assignment and deck pass.
- Swimmers must enter the water feet first for warm-ups.
- False-Starts
  - 8 & under – one (1) false start allowed
  - All other age groups – No false starts allowed
- Dual confirmation will be used for all starts and relay take-offs.
- 8 & under relays will have the 2nd and 4th swimmers start from the water.
- Relay entries may include up to 8 swimmers.

Additional detail information is available at [www.swim-hampden.org](http://www.swim-hampden.org)