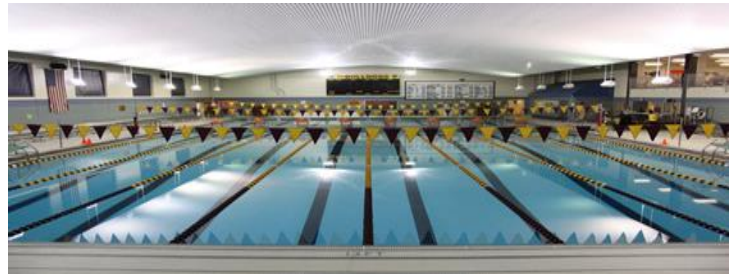


# Big Spring Aquatic Club



## Present the 2013 CASL A2 Divisionals Championships

Saturday, July 22, 2013

<b>LOCATION</b>	Big Spring High School 100 Mount Rock Road Newville PA 17241 Day of the meet emergency # 717-776-2400
<b>FACILITIES</b>	The Big Spring High School Natatorium is a State of the art 40 Yard indoor pool with adjustable bulkhead, which will be configured for eight lane 25 yards for competition (5 ½ depth at start end and 13ft at turn end. A warm up cool down pool behind the starting end of the pool. Spectator gallery seating for 75 seating capacity more seating will be on deck for 150 spectators. The facility is equipped with Anti Wave lanes Starting blocks. An automated Daktronics timing system with an eight lane scoreboard display will be used. 8&unders 25 events timers will use plungers at deep end.The Facility is also equipped with state of the art filter and ventilation units and sound system. Parking is located next to the natatorium.
<b>MEET DIRECTOR / SAFETY DIRECTOR</b>	<b>Nick Miller</b> 372 Channing Drive Chambersburg PA 17201 717-448-4362 <a href="mailto:nrmswimsfast@yahoo.com">nrmswimsfast@yahoo.com</a> Please direct all questions about the meet to the meet director.
<b>VOLUNTEER COORDINATORS</b>	<b>Amy Runyon</b> <b>(Day of the meet) Rob Runyon</b> 717-448-0449                              717-448-0119 <a href="mailto:rarunyon@aol.com">rarunyon@aol.com</a> Four (6) timers per team and one (1) seeding and two (2) Officials PIAA/USS/YMCA. All Teams need to have Volunteers each one will receive <b>free admission</b> and a complementary meal from the concession stand.
<b>ELIGIBILITY</b>	This meet is open to all CASL AA Division swimmers who have competed in a minimum of three (3) CASL league meets during the current season. There are no qualifying times. Swimmers may swim a maximum of three (3) events total. Swimmers may "swim-up" on relays, but must swim in their own age-group for individual events. For individual events, there is no limit to the number of swimmers that each team may enter. <b>Please contact the meet directors with any last minute scratches.</b>

<p><b>HOW TO ENTER/ DUE DATE</b></p>	<p>Electronic entries shall be submitted using Hy-Tek software. Entry times must be submitted using short course yard times (actual or converted.) Entries for which a swimmer has no time shall be entered with a "NT" seed time. Electronic entries shall be emailed to Nick Miller At <a href="mailto:nrmswimsfast@yahoo.com">nrmswimsfast@yahoo.com</a>. Entry summary emailed. Upon receipt of each team's entries, a confirmation report will be emailed back to the representative who submitted the entries. EACH TEAM SHOULD VERIFY THE ACCURACY OF THE CONFIRMATION REPORT AT THAT TIME. Psych sheets will be posted and sent to all teams Wed. No changes can be made after teams have made confirmations by Sunday night. Saturday morning changes are scratches and Alternets for relays. No teams may add events or switch events this is a CASL rule for championships.</p> <p><b>ALL ENTRIES ARE DUE JULY 13 NO LATER THAN 9:00PM.</b> <b>ALL TEE SHIRT ORDERS DUE ALSO JULY 9 No LATER THAN 9:00PM.</b></p>
<p><b>WARM-UP, MEETING &amp; MEET START TIMES</b></p>	<p><b>Doors open at 6:45AM</b>    <b>Session One:</b> 7:00 – 7:25 AM (BSAC,SAC )  <b>Session Two:</b> 7:25 – 7:50 AM(CVAC,CHAC)  <b>Session Three:</b> 7:50 – 8:15 AM (CYAC LAC)</p> <p>Sprints should be done in your teams warm up time.  Warm Up Cool Down Pool available throughout the meet.</p> <p>Scratch Meeting: 8 AM  Officials' Meeting: 8 AM  Timers' Meeting: 8:10 AM  Clear Pool 8:15am Meet Start: 8:30 AM</p>
<p><b>RULES/SAFETY</b></p>	<p>This meet will be conducted according to current NFHS swimming rules and safety procedures, with CASL modifications. This meet will be conducted using the whistle command and, with the exception of 8 &amp; Under events, no-recall false start procedures. No diving will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned. Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. <b>ANY SWIMMER OBSERVED SWIMMING UNDER THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT, OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED. RECORDING BAN</b> – The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks.</p>
<p><b>EVENTS / SESSIONS</b></p>	<p>This meet will be run in a single session as a pre-seeded, timed finals meet. The order of events is the same as the dual meet order of events (see attached order of events page.)</p>
<p><b>SWIMMER SEATING</b></p>	<p>Swimmers will be in the gym area. Swimmers are responsible for reporting to the seeding area (adaptive gym) when their event is announced and posted on the board. Any swimmer who cannot be found will be NS from the event. All swimmers must report to the seeding area before they are seeded in their heats and lanes. Swimmers will be escorted to the pool and provided a basket in which to place their belongings while they swim. Please remind your swimmers to pick up his/her belongings from the basket at the conclusion of his/her race.</p>

<b>AWARDS</b>	Custom CASL AA2 Divisional Championship ribbons 1 <sup>st</sup> place -8 <sup>th</sup> place. Coaches must pick up their team's awards at the conclusion of the meet.		
<b>PROGRAMS &amp; ADMISSION</b>	Admission \$5.00. Children under 5 admitted free. Free admission to all volunteers. One meet program per family will be included in the cost of admission.		
<b>CONCESSIONS/Vender</b>	A complete selection of food and drinks will be available for purchase at the concession stand located in the cafeteria. D&J Sports will be on-site, selling swimming equipment. <b>* Food is NOT permitted on the pool deck or red drinks, gym or spectator area Keep all food in the Cafeteria.</b>		
<b>TEE-SHIRTS</b>	SIZES ARE YOUTH AND ADULT PRICES ARE (\$15.00 EACH) Make One Check out to Big Spring Aquatic Club. A LIMITED NUMBER OF EXTRA T-SHIRTS WILL BE AVAILABLE AT THE MEET FOR (\$18.00). If you want to order a shirt at the meet you can they will be (\$18.00) they will be handed out at the Mid Cap Meet to your team. <b>PRE-ORDER FORMS ARE INCLUDED IN THIS PACKET DUE JULY 9 by 9:00PM</b> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">           Payment            Dan Feathers            2182 Newville Road            Carlisle PA 17015         </td> <td style="width: 50%;">           Orders Send to            Julie Laverty            265 Alters Rd            Carlisle PA 17013            jjwol33@aol.com         </td> </tr> </table>	Payment Dan Feathers 2182 Newville Road Carlisle PA 17015	Orders Send to Julie Laverty 265 Alters Rd Carlisle PA 17013 jjwol33@aol.com
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<b>RESULTS</b>	Results throughout the meet will be posted in the hallway between the pool and gymnasium. Final meet results will be posted in printable HTML format, coaches Team Manager CL2, and Meet Manager backup files on <a href="http://www.eteamz.com/BSAC">www.eteamz.com/BSAC</a> and <a href="http://www.swimcasl.org">www.swimcasl.org</a> .		
<b>HOSPITALITY</b>	Food and drinks will be available to coaches and officials throughout the meet in the HEALTH ROOM where coaches meeting will be.		
<b>DIRECTIONS</b>	From the North: Take I-81 South to Exit 44 (Allen Road). Turn right off the exit onto Route 465. At the second light, Route 11, turn left. There is a Sheetz at the intersection. Follow Route 11 approximately 5 miles to Mt. Rock Road. Turn right onto Mt. Rock Road (Agar's welding is at the corner before the turn and Mt. Rock Church is on the other corner). Follow Mt. Rock Road to the school complex. You will see the high school on the left as you round the bend. SAC 35:00 Away CVAC 45:00 Away CHAC 60:00 Away CYAC 60:15 Away LAC 60:15 Away		

**RELEASE STATEMENT: *The Capital Area Swim League, Big Spring School District, Big Spring Aquatic Club, and shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.***

# 2013 CASL A2 Divisionals Championships

Saturday, July 20, 2013

## Order of Events

Boys #	Event Description	Girls #
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15-19 200 Medley Relay	10
11	9-10 100 IM	12
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15-19 100 IM	18
19	8 & Under 25 Free	20
21	9-10 50 Free	22
23	11-12 50 Free	24
25	13-14 50 Free	26
27	15-19 50 Free	28
29	8 & Under 25 Back	30
31	9-10 50 Back	32
33	11-12 50 Back	34
35	13-14 50 Back	36
37	15-19 50 Back	38
<b>10Min</b>	<b>Switch Timers/Officials</b>	<b>10Min</b>
39	9-10 100 Free	40
41	11-12 100 Free	42
43	13-14 100 Free	44
45	15-19 100 Free	46
47	8 & Under 25 Breast	48
49	9-10 50 Breast	50
51	11-12 50 Breast	52
53	13-14 50 Breast	54
55	15-19 50 Breast	56
57	8 & Under 25 Fly	58
59	9-10 50 Fly	60
61	11-12 50 Fly	62
63	13-14 50 Fly	64
65	15-19 50 Fly	66
67	8 & Under 100 Free Relay	68
69	9-10 200 Free Relay	70
71	11-12 200 Free Relay	72
73	13-14 200 Free Relay	74
75	15-19 200 Free Relay	76

# 2013 CASL A2 Divisionals Championships

Saturday, July 20, 2013

## Volunteer Form

Team Name:

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Head Coach:

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Phone:

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E-Mail:

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### First Half Volunteers

\_\_\_\_\_ First Half Timer

\_\_\_\_\_ First Half Timer

\_\_\_\_\_ First Half Timer

\_\_\_\_\_ First Half Official

\_\_\_\_\_ First Half Official

\_\_\_\_\_ First Half GYM Seeder

### Second Half Volunteers

\_\_\_\_\_ Second Half Timer

\_\_\_\_\_ Second Half Timer

\_\_\_\_\_ Second Half Timer

\_\_\_\_\_ Second Half Official

\_\_\_\_\_ Second Half Official

\_\_\_\_\_ Second Half GYM Seeder

**Submit electronically to:**

**Nick Miller:** Email: [nrmswimsfast@yahoo.com](mailto:nrmswimsfast@yahoo.com) or  
**Amy Runyon and Rob Runyon :** Email [rarunyon@aol.com](mailto:rarunyon@aol.com)

by **Saturday, July 13, by 9:00 PM**

# 2013 CASL A2 Divisionals Championships

Saturday, July 20, 2013

## Tee-Shirt Order Form

Team Name: \_\_\_\_\_

Contact  
Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Swimmers Name	YS	YM	YL	AS	AM	AL	AXL	AXXL \$18.00	Total Shirts	Total \$15.00

Total \_\_\_\_\_ X \$15.00= \_\_\_\_\_

Make Checks out to Big Spring Aquatic Club

**Payment**  
**Dan Feathers**  
**2182 Newville Road**  
**Carlisle PA 17015**  
[ddfthrs@comcast.net](mailto:ddfthrs@comcast.net)

**Orders Send to**  
**Julie Laverty**  
**265 Alters Rd**  
**Carlisle PA 17013** [jjwol33@aol.com](mailto:jjwol33@aol.com)

**All Due by Tue July 9 9:00pm**