

CAPITAL AREA SWIM LEAGUE

2013 "AAA" Divisional Championships

HOST: The Spring Grove Swim Club

LOCATION: Spring Grove Area High School
1490 Roth's Church Road
Spring Grove, PA 17362

DATE: Saturday July 20, 2013

FACILITY: The Spring Grove Swim Club uses a 6 lane, 25 yard pool with a 12 foot deep starting end. A fully automatic Colorado 6 timing system, with touch pads at the turn and finish end. A six lane display will be used. We will be using Hy-Tek Meet Manager software. Access to the 2nd floor 350 Seat seating area for non-swimmers is located in the school lobby. Teams will be seated & staged in the gym.

WARM-UPS:

TEAM	CODE	WARM-UP TIME	LANE
Spring Grove Swim Club	SGSC	7:00 AM-7:25 AM	1-6
Dover Area Aquatic Club	DAAC	7:25 AM-7:50 AM	1-3
South Middleton Swim Club	SMSC	7:25 AM-7:50 AM	4-6
East Pennsboro Aquatic	EPAC	7:50 AM-8:15 AM	1-3
Indian Creek Swim Club	ICSC	7:50 AM-8:15 AM	4-6

Starts can be done as you prefer during the last 5 or 10 minutes of your warm up time

8:15 Clear the pool

SCRATCH MEETING: 7:50 AM (Divisional Meeting Room located off the pool deck)
(All Officials must be at the scratch meeting)

OFFICIALS MEETING: 8:05 AM (Divisional Meeting Room located off the pool deck)

TIMERS MEETING: 8:10 AM (Main hallway outside pool area)

START OF THE MEET: 8:30 AM

CONTACTS: Meet Director: Mike Heist 968-6323 mheisty@comcast.net
Aquatics Director & Head Coach: Peggy Kile 225-4731 ext7406
The Spring Grove Swim Club Hy-Tek: Marc Hershey

ENTRIES: Hy-Tek entries must be E-Mailed by Sunday July 14, by 6pm.
E- Mail entries to: mheisty@comcast.net

No entries will be accepted without completed volunteer sheets.

Because of the tight time line from our program printer we would appreciate your entries as soon as possible Sunday. After all entries are combined and verified we will send your teams report. We will ask you to double check the report and sign off (reply back). Psych sheets will then be sent out on Tuesday the 16th, only after a reply is received regarding correct times and spelling. **NO CHANGES ARE ALLOWED AFTER THIS POINT.**

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AWARDS: Ribbons will be awarded for 1st through 8th place in Individual Events, 1st through 4th Relays
Ribbons will be grouped by team and must be picked up by your Team Rep or Coach

ADMISSION: Program cost is \$2.00. Admission fee is \$3.00 for non-swimmers ages 12 and older. Enter using rear entrance of school.

VOLUNTEERS: Free admission will be extended to volunteers listed on your returned volunteer sign-up sheets. **No entries will be accepted without completed volunteer sheets.** Please do your best to fill these sheets. If there is a problem please contact the Meet Manager for other arrangements. **Please make sure your volunteers are present at pre-meet meetings. We will hold the meet until assigned volunteers are present at the pre-meet meetings.**

CONCESSIONS: The complete concession stand located in the school cafeteria will be open at 7:30 AM and continue operation until the end of the meet. Live video feed will be provided in the cafeteria.

All Food must be consumed in the Cafeteria area.
Please clean all liquid spills immediately.

TEE SHIRT

SALES: Custom **AAA** Divisional Tee shirts will be available for this years meet. We will post the shirt on our Web Site as soon as possible. Attached you will find your team's order form. Please return it by the due date to guarantee your order. A limited number of sizes will be available at the meet.

www.swimsgsc.org

Directions to Spring Grove High School –

1490 Roth's Church Road, Spring Grove, PA 17362

From 83, take 30 west towards Gettysburg make a left at the light onto 116 (Old Hanover Rd) approximately 3.5 miles bear to the right at the circle onto Roth's Church road approximately 0.5 of a mile turn left at the light into the Spring Grove campus and follow the road up the hill past the Papermaker Stadium. The natatorium is located at the Spring Grove High School.

PARKING

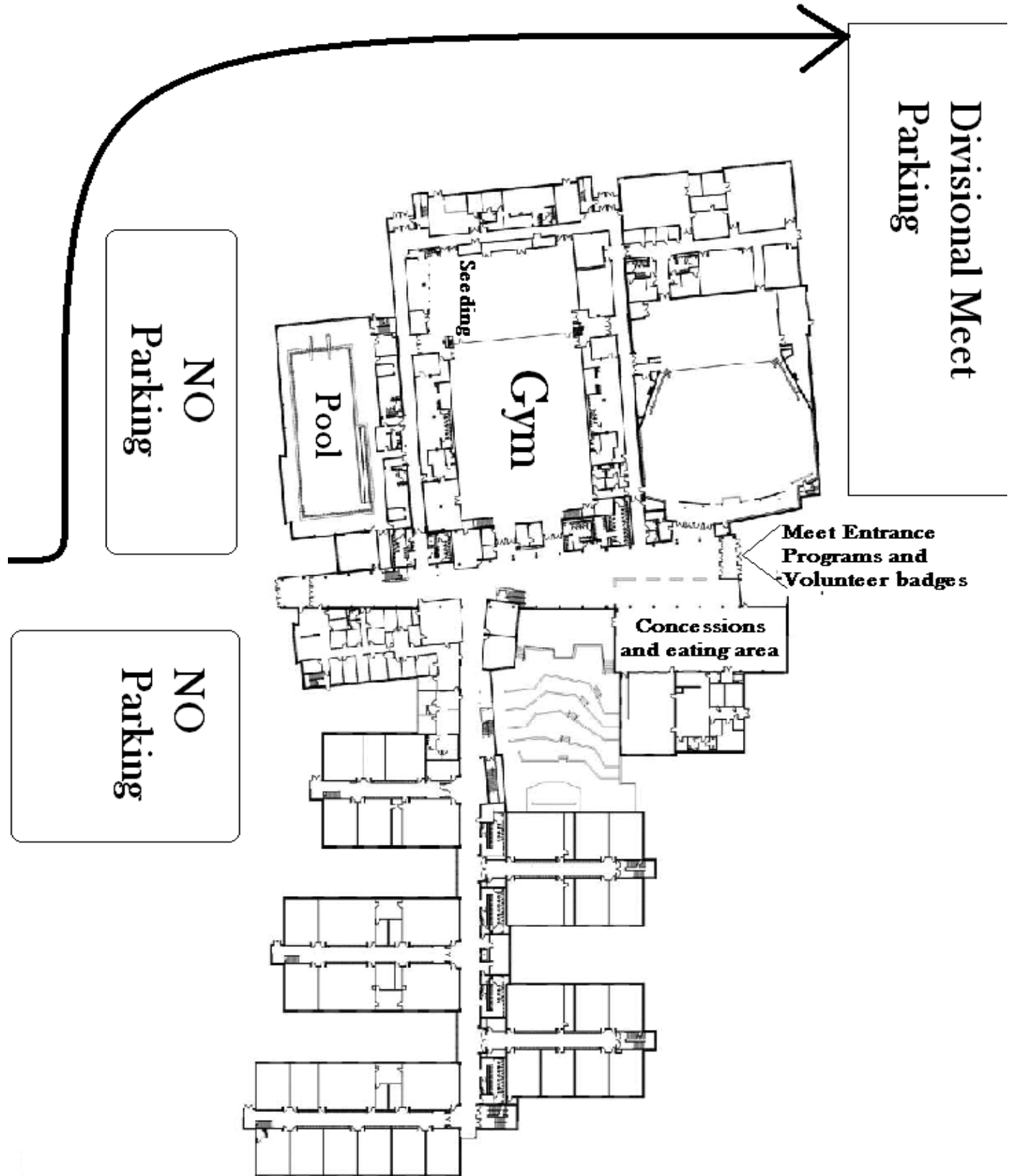
Event parking will be located at the rear of the building. (Student Parking Lot)

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2013 "AAA" Divisional Championships

Spring Grove High School Map

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IMPORTANT INFORMATION

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PLEASE SHARE THIS INFORMATION WITH ALL PARENTS and SWIMMERS

The Spring Grove Area School District has graciously allowed us the use of the cafeteria and gym to host this meet. Please continue the courtesy by following SGASD rules and adhere to the following.

The Spring Grove High School is a large facility and we are asking that all swimmers and their parents stay in the lobby portion of the school. Anyone trespassing anywhere else in the building will be turned over to the Spring Grove Area School District for trespassing charges.

Video Surveillance Cameras, both covert and overt, installed in District facilities are for security and monitoring purposes. This equipment is monitored or recording at all times. Information received through these recordings will be shared with District Staff and local agencies as deemed appropriate by the administration.

There is no smoking allowed anywhere on the Spring Grove campus. Remember the campus extends all the way to Lake Road.

Coaches, Officials, and assigned meet workers will be the only persons allowed on deck. You must have an event badge to be on deck.

Any swimmer observed swimming under the bulkhead at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Manager. This policy will be strictly enforced.

There are lockers and showers for your swimmer's use, however, neither the SGASD nor the SGSC will be held responsible for any lost or stolen items.

The seating area will be for spectators only. No swimmers will be allowed to sit in the spectator area. Please respect your fellow swim parent by not standing at the railing or saving seats.

We must ask that all swimmers exit the pool via the locker rooms. Swimmers please do your best to dry off in the locker rooms before entering the gym.

Wet gym floors could get very slippery. Please walk on the rugs provided for your safety.

Swimmers will be seeded in the gym and escorted through the natatorium hallway. From there they will be brought into the pool area prior to swimming their event. Please make sure your swimmers understand we will not look for them anywhere other than the gym and once they have been staged they should remain where instructed.

There must be at least one parent dedicated to supervise your team in the gym at all times.

Your team will be responsible for cleaning your area.

Remember to please clean all liquid spills immediately on the wooded GYM floor. No chairs will be allowed directly on the gym floor. You must provide a towel or blanket for the floors protection. There will be NO RUNNING OR BALL PLAYING IN THE GYM.

**Be safe and have a great meet.
This packet is available on our web site at:**

www.swimgsc.org

www.swimcasl.org

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EVENT LIST-BY EVENT NUMBER 1st HALF

Event #	Event Name
1	Boys 8 & Under 100 Medley Relay
2	Girls 8 & Under 100 Medley Relay
3	Boys 9-10 200 Medley Relay
4	Girls 9-10 200 Medley Relay
5	Boys 11-12 200 Medley Relay
6	Girls 11-12 200 Medley Relay
7	Boys 13-14 200 Medley Relay
8	Girls 13-14 200 Medley Relay
9	Boys 15 & Over 200 Medley Relay
10	Girls 15 & Over 200 Medley Relay
11	Boys 9-10 100 IM
12	Girls 9-10 100 IM
13	Boys 11-12 100 IM
14	Girls 11-12 100 IM
15	Boys 13-14 100 IM
16	Girls 13-14 100 IM
17	Boys 15 & Over 100 IM
18	Girls 15 & Over 100 IM
19	Boys 8 & Under 25 Freestyle
20	Girls 8 & Under 25 Freestyle
21	Boys 9-10 50 Freestyle
22	Girls 9-10 50 Freestyle
23	Boys 11-12 50 Freestyle
24	Girls 11-12 50 Freestyle
25	Boys 13-14 50 Freestyle
26	Girls 13-14 50 Freestyle
27	Boys 15 & Over 50 Freestyle
28	Girls 15 & Over 50 Freestyle
29	Boys 8 & Under 25 Backstroke
30	Girls 8 & Under 25 Backstroke
31	Boys 9-10 50 Backstroke
32	Girls 9-10 50 Backstroke
33	Boys 11-12 50 Backstroke
34	Girls 11-12 50 Backstroke
35	Boys 13-14 50 Backstroke
36	Girls 13-14 50 Backstroke
37	Boys 15 & Over 50 Backstroke
38	Girls 15 & Over 50 Backstroke

EVENT LIST-BY EVENT NUMBER 2nd HALF

Event #	Event Name
39	Boys 9-10 100 Freestyle
40	Girls 9-10 100 Freestyle
41	Boys 11-12 100 Freestyle
42	Girls 11-12 100 Freestyle
43	Boys 13-14 100 Freestyle
44	Girls 13-14 100 Freestyle
45	Boys 15 & Over 100 Freestyle
46	Girls 15 & Over 100 Freestyle
47	Boys 8 & Under 25 Breaststroke
48	Girls 8 & Under 25 Breaststroke
49	Boys 9-10 50 Breaststroke
50	Girls 9-10 50 Breaststroke
51	Boys 11-12 50 Breaststroke
52	Girls 11-12 50 Breaststroke
53	Boys 13-14 50 Breaststroke
54	Girls 13-14 50 Breaststroke
55	Boys 15 & Over 50 Breaststroke
56	Girls 15 & Over 50 Breaststroke
57	Boys 8 & Under 25 Butterfly
58	Girls 8 & Under 25 Butterfly
59	Boys 9-10 50 Butterfly
60	Girls 9-10 50 Butterfly
61	Boys 11-12 50 Butterfly
62	Girls 11-12 50 Butterfly
63	Boys 13-14 50 Butterfly
64	Girls 13-14 50 Butterfly
65	Boys 15 & Over 50 Butterfly
66	Girls 15 & Over 50 Butterfly
67	Boys 8 & Under 100 Freestyle Relay
68	Girls 8 & Under 100 Freestyle Relay
69	Boys 9-10 200 Freestyle Relay
70	Girls 9-10 200 Freestyle Relay
71	Boys 11-12 200 Freestyle Relay
72	Girls 11-12 200 Freestyle Relay
73	Boys 13-14 200 Freestyle Relay
74	Girls 13-14 200 Freestyle Relay
75	Boys 15 & Over 200 Freestyle Relay
76	Girls 15 & Over 200 Freestyle Relay