

2012 CASL AAAA Divisional Championship Meet

Hosted by the York YMCA Aquatic Club



Saturday July 21, 2012

General Information:

LOCATION	York YMCA – Graham Aquatic Center 543 N. Newberry St. York, PA 17404 Day of meet emergency phone # 717-586-4573
FACILITIES	The Graham Aquatic Center is a new indoor facility, which will be configured for eight 25-meter lanes for competition (6' depth at the start end and 5' depth at the turn end), and five additional 25-yard lanes for continuous warm-up/ warm-down (5' depth at both ends). Permanent bleacher seating for 750+; very large deck area for swimmers, coaches and officials. Daktronics OmniSport 2000 timing system with LED matrix scoreboard. Hy-Tek Meet Manager 4.0 software. Concession area with promenade overlooking competitive pool; with free Wi-Fi. Free parking is available; capacity 550.
MEET DIRECTOR / SAFETY DIRECTOR	Nate Gentzler 1162 Ruth Street York, PA 17408 717-586-4573 nater284@gmail.com Please direct all questions about the meet to the Meet Director.
OFFICIALS COORDINATOR	Brian Gunn 717-676-1335 bgunn@accomhs.com All currently certified PIAA officials are encouraged to volunteer.
ELIGIBILITY	This meet is open to all CASL AAAA Division swimmers who have competed in a minimum of three (3) CASL league meets during the current season. There are no qualifying times. Entry times must have been achieved in the current season. Swimmers' age is as of June 1, 2012.
ENTRY LIMITS	Swimmers may swim a maximum of three (3) events total. Swimmers may "swim-up" on relays, but must swim in their own age-group for individual events. For individual events, there is no limit to the number of swimmers that each team may enter, but only two relays may be entered by a team for each relay event.

EVENTS / SESSIONS	This meet will be run in a single session as a pre-seeded, timed finals meet. The order of events is the same as the dual meet order of events (see attached order of events page.)
WARM-UP, MEETING & MEET START TIMES	<p>Warm-ups will be divided into three sessions, as follows:</p> <p>General warm-up session one: 7 – 7:35 AM (TAC, WSC, YYTW)</p> <p>General warm-up session two: 7:35 – 8:10 AM (CSC, CVAC, NYAC)</p> <p>One-way sprints: 8:10 – 8:20 AM (All teams)</p> <p>Warm-up lanes will not be assigned. There will be 13 lanes available for each session. Coaches and swimmers are asked to be courteous and fair to other teams in sharing lane space.</p> <p>Continuous warm-up/ warm-down will be available in the 5-lane portion of the pool throughout the meet.</p> <p>Scratch Meeting: 8 AM</p> <p>Officials' Meeting: 8 AM</p> <p>Timers' Meeting: 8:10 AM</p> <p>Meet Start: 8:30 AM</p>
ENTRIES	<p>Electronic entries shall be submitted using Hy-Tek software. Entry times must be submitted using short course meters times (actual or converted.) Entries for which a swimmer has no time shall be entered with a "NT" seed time. Electronic entries shall be emailed to nater284@gmail.com. Entry summary / volunteer sheets should be mailed to:</p> <p>Nate Gentzler 1162 Ruth Street York, PA 17408</p> <p>Alternatively, summary sheets may be scanned and emailed to nater284@gmail.com.</p> <p>Upon receipt of each team's entries, a confirmation report will be emailed back to the representative who submitted the entries. EACH TEAM SHOULD VERIFY THE ACCURACY OF THE CONFIRMATION REPORT AT THAT TIME. Psych sheets will be posted as soon as all teams' entries have been received and confirmed as accurate, but not later than Monday July 18 at 7:00 PM. All teams will then have 24 hours to verify that the psych sheets are correct before entries become FINAL on Tuesday July 19 at 7:00 PM.</p>
ENTRY DEADLINE	Sunday, July 15, 2012 at 7:00 PM.

<p>RULES / SAFETY</p>	<p>This meet will be conducted according to current NFHS swimming rules as amended by the Capital Area Swim League. This meet will be conducted using the whistle command and – with the exception of 8 & Unders – no-recall false start procedures. 8 & Unders will be permitted one false start.</p> <p>No diving will be permitted during warm-ups, except during the one-way sprint session. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned.</p> <p>Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. ANY SWIMMER OBSERVED SWIMMING UNDER THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER’S NEXT INDIVIDUAL EVENT, OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.</p> <p>NO SPECTATORS WILL BE ALLOWED ON THE POOL DECK AT ANY TIME. Swimmers who are not fully clothed and dry are not permitted to be in the spectator seating at any time. Swimmers and parents may meet in the café area of the building.</p>
<p>SWIMMER SEATING/ STAGING</p>	<p>Swimmer seating will be available on the pool deck, and in ½ of the bleachers on the south side of the pool. A bullpen/seeding area will be located directly behind the starting blocks.</p>
<p>VOLUNTEERS</p>	<p>Each team is responsible for providing two (2) first half timers, two (2) second half timers, one (1) finish judge or seeding volunteer, and two (2) certified stroke & turn officials. Additional volunteers are also welcome. All volunteers will receive free admission and a name badge at the admission table. Volunteer lists should be submitted with team entries. Teams will not be permitted to compete in the meet until they provide the required volunteers.</p>
<p>AWARDS</p>	<p>Ribbons will be awarded for 1st-8th place in each event.</p>
<p>PROGRAMS & ADMISSION</p>	<p>Programs \$3.00, Admission \$2.00. Children under 5 admitted free. Free admission to all volunteers.</p>
<p>VENDORS</p>	<p>Vendors will be on-site, selling meet t-shirts and swimming equipment.</p>
<p>RESULTS</p>	<p>Final results will be posted at www.swimcasl.org following the conclusion of the meet. Realtime results will be posted throughout the meet in the lobby, as well as online at www.swimtidalwaves.org/realtime.</p>
<p>DIRECTIONS/PARKING</p>	<p>See following pages.</p>

Directions to Graham Aquatic Center

Note: The following directions will lead you directly to the Graham Aquatic Center, which is where swimmers may be dropped off. However, parking for the facility is located on Parkway Boulevard. There will be additional parking available at Met-Ed, and along the streets. There is easy access to the facility from the parking area via a pedestrian path and bridge. The address of the facility is 543 North Newberry Street, York, PA 17404.

From northbound Interstate 83:

Take Interstate 83 north to PA Exit 21 B (US Route 30 West). At the end of the ramp, merge onto US Route 30. Proceed on Route 30 west to the first traffic signal at North George Street. Turn left onto George and proceed for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

From southbound Interstate 83:

Take Interstate 83 south to PA Exit 22 (North George Street). At the end of the ramp, turn right onto George Street. **NOTE:** Follow signs for Route 30. The first right towards the end of the ramp will be Lightner Road. Go past Lightner, and turn right at the traffic light onto George. Proceed on George across US Route 30 and continue for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.



From eastbound US Route 30:

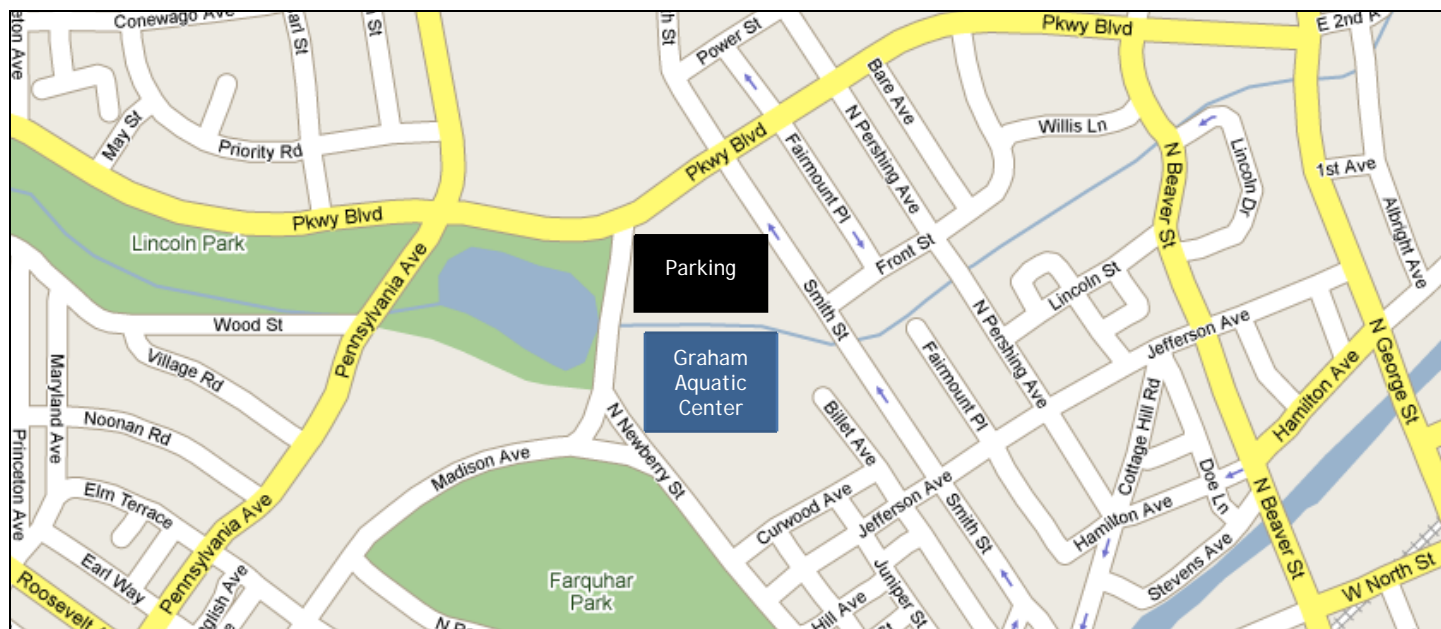
Follow US Route 30 east into the light cycle in York. After you pass several Apple car dealerships on the right, you will come to a traffic signal at Roosevelt Avenue. There will be a Denny's on the left corner. Turn right and follow Roosevelt approximately a half mile to Parkway Boulevard. Turn left onto Parkway and continue for about a half mile until you proceed through a traffic signal and pass Kiwanis Lake on the right. Immediately after you pass the lake, turn right onto North Newberry Street. The pool will be on the left; Kiwanis Lake will still be on the right.

From westbound US Route 30:

Follow US Route 30 west into the light cycle in York. The first traffic signal after you pass under Interstate 83 will be North George Street. Turn left onto George and continue for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

From southbound PA Route 74:

Follow PA Route 74 south past US Route 30 and continue until you pass the York Fair on the right. At the first traffic signal immediately after the fairgrounds, turn left onto Madison Avenue. Proceed on Madison until it ends at North Newberry Street. Farquhar Park will be to the right of the intersection. Turn left onto Newberry. The pool will be on the right; Kiwanis Lake will be on the left.



Graham Aquatic Center
543 North Newberry Street
York, PA 17404

PARKING MAP

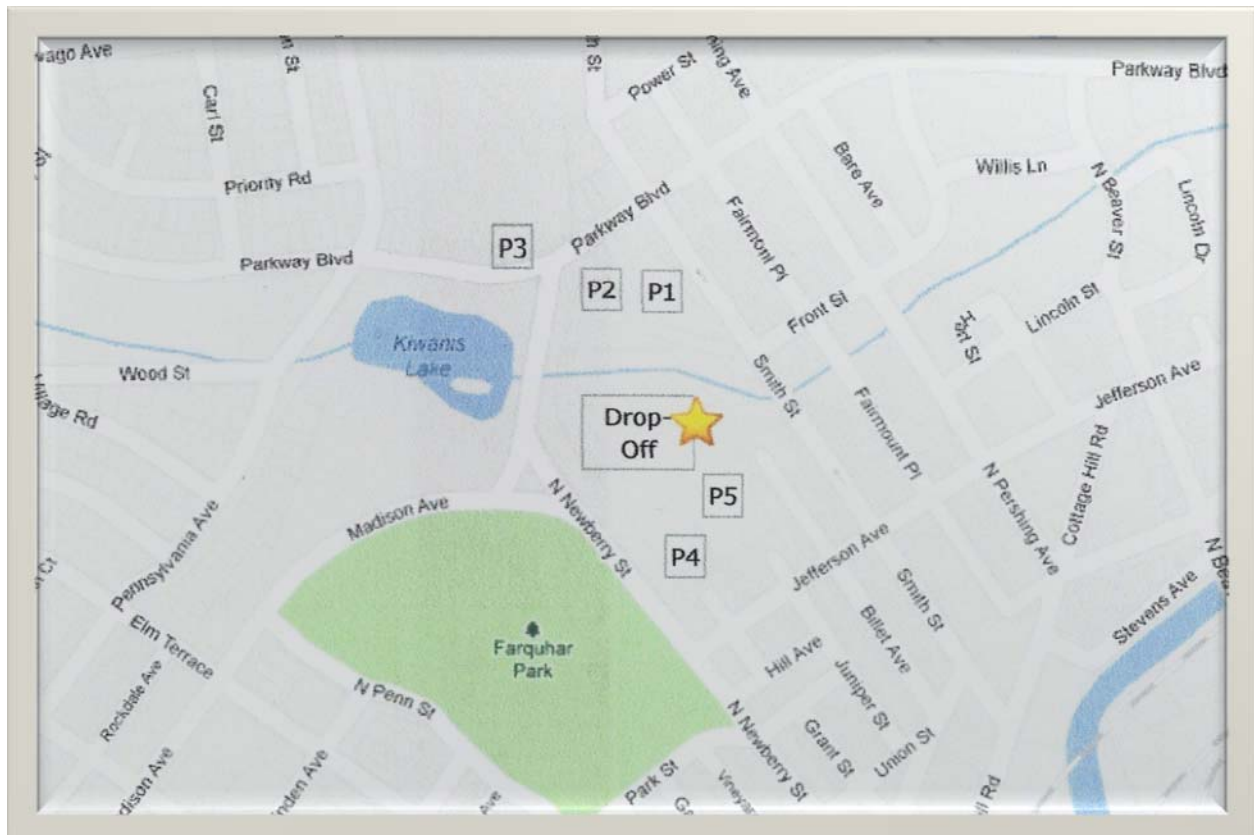
Ample parking is available in five general areas within walking distance of the Graham Aquatic Center. Swimmers may be dropped off at the circular entrance located at 543 North Newberry Street. There is also limited handicapped parking at this location. Upon drop-off, cars may proceed to any of the parking areas detailed below. Please secure all valuables when you park.

PLEASE NOTE: PARKING IN ALL LOTS MUST BE IN LINED SPACES ONLY. PLEASE DO NOT BLOCK FENCES, GARAGES, OR INTRUDE ON PRIVATE PROPERTY IN THESE LOTS. TOWING MAY BE ENFORCED.



Graham Aquatic Center/Swimmer Drop-off/Handicap Parking

- P1 Graham Aquatic Center Lot (enter off Parkway Dr. and cross bridge to pool)
- P2 Grace Brethren Church Lot** (enter off N. Newberry St. and cross bridge to pool)
**No Parking on Sunday, please...
- P3 Met-Ed Visitor Lot (enter off Parkway Dr. and walk up N. Newberry St. to pool)
- P4/P5 Ferguson Elementary – Upper/Lower Visitor Lot
(enter off N. Newberry St. and walk down N. Newberry St. or down path behind pool)



**2012 CASL AAAA Divisional Championship Meet
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ORDER OF EVENTS

Boys	Event	Girls
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15-18 200 Medley Relay	10
11	9-10 100 IM	12
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15-18 100 IM	18
19	8 & Under 25 Freestyle	20
21	9-10 50 Freestyle	22
23	11-12 50 Freestyle	24
25	13-14 50 Freestyle	26
27	15-18 50 Freestyle	28
29	8 & Under 25 Backstroke	30
31	9-10 50 Backstroke	32
33	11-12 50 Backstroke	34
35	13-14 50 Backstroke	36
37	15-18 50 Backstroke	38
39	9-10 100 Freestyle	40
41	11-12 100 Freestyle	42
43	13-14 100 Freestyle	44
45	15-18 100 Freestyle	46
47	8 & Under 25 Breaststroke	48
49	9-10 50 Breaststroke	50
51	11-12 50 Breaststroke	52
53	13-14 50 Breaststroke	54
55	15-18 50 Breaststroke	56
57	8 & Under 25 Butterfly	58
59	9-10 50 Butterfly	60
61	11-12 50 Butterfly	62
63	13-14 50 Butterfly	64
65	15-18 50 Butterfly	66
67	8 & Under 100 Freestyle Relay	68
69	9-10 200 Freestyle Relay	70
71	11-12 200 Freestyle Relay	72
73	13-14 200 Freestyle Relay	74
75	15-18 200 Freestyle Relay	76

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ENTRY SUMMARY & VOLUNTEER FORM

This form MUST accompany team entries.

TEAM NAME:

HEAD COACH:

PHONE:

EMAIL:

ENTRY TOTALS:	VOLUNTEERS:
_____ INDV. EVENT ENTRIES	_____ 1 ST HALF TIMER
_____ RELAY ENTRIES	_____ 1 ST HALF TIMER
_____ TOTAL ENTRIES	_____ 2 ND HALF TIMER
	_____ 2 ND HALF TIMER
	_____ FINISH JUDGE / SEEDING
===== TOTAL ATHLETES	_____ S&T OFFICIAL
	_____ S&T OFFICIAL

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH THE TEAM THAT THEY REPRESENT AND THAT THEY HAVE ATTENDED AT LEAST THREE CASL LEAGUE MEETS DURING THE CURENT SEASON.

_____ **HEAD COACH**

Mail this form to: Nate Gentzler
1162 Ruth Street
York, PA 17408

Or submit electronically to: nater284@gmail.com

Submission Deadline: Sunday, July 15, 2012 at 7:00 PM