

CAPITAL AREA SWIM LEAGUE

2012 "AAA" Divisional Championships

HOST: The Spring Grove Swim Club

LOCATION: Spring Grove Area High School
1490 Roth's Church Road
Spring Grove, PA 17362

DATE: Saturday July 21, 2012

FACILITY: The Spring Grove Swim Club uses a 6 lane, 25 meter pool with a 12 foot deep starting end. A fully automatic Colorado 6 timing system, with touch pads at the turn and finish end. A six lane display will be used. We will be using Hy-Tek Meet Manager software. Access to the 2nd floor 350 Seat seating area for non-swimmers is located in the school lobby. Teams will be seated & staged in the gym.

WARM-UPS:

TEAM	CODE	WARM-UP TIME	LANE	STARTS
Spring Grove Swim Club	SGSC	7:00 AM-7:20 AM	1-3	1
Dover Area Aquatic Club	DAAC	7:00 AM-7:20 AM	4-6	2
South Middleton Swim Club	SMSC	7:20 AM-7:40 AM	1-3	3
Aquatic Club of West Shore	ACWS	7:20 AM-7:40 AM	4-6	4
East Pennsboro Aquatic	EPAC	7:40 AM-8:00 AM	1-3	5
Indian Creek Swim Club	ICSC	7:40 AM-8:00 AM	4-6	6

8:00 Clear the pool

8:05 One way starts will begin in your assigned lane

8:20 Clear the pool

SCRATCH MEETING: 7:50 AM (Divisional Meeting Room located off the pool deck)
(All Officials must be at the scratch meeting)

OFFICIALS MEETING: 8:00 AM (Divisional Meeting Room located off the pool deck)

TIMERS MEETING: 8:10 AM (Main hallway outside pool area)

START OF THE MEET: 8:30 AM

CONTACTS: Meet Director: Mike Heist 577-5186 mheisty@comcast.net

Aquatics Director & Head Coach: Peggy Kile 225-4731 ext7406

The Spring Grove Swim Club Hy-Tek: Mike Heist / Marc Hershey

ENTRIES: Hy-Tek entries must be E-Mailed by Sunday July 15, by 7pm.

E- Mail entries to: mheisty@comcast.net

No entries will be accepted without completed volunteer sheets.

Because of the tight time line from our program printer we would appreciate your entries as soon as possible Sunday. After all entries are combined and verified we will send your teams report. We will ask you to double check the report and sign off (reply back). Psych sheets will then be sent out on Monday the 16th, only after a reply is received regarding correct times and spelling. NO CHANGES ARE ALLOWED AFTER THIS POINT.

CAPITAL AREA SWIM LEAGUE

2012 "AAA" Divisional Championships

AWARDS: Ribbons will be awarded for 1st through 8th place in Individual Events, 1st through 4th Relays
Ribbons will be grouped by team and must be picked up by your Team Rep or Coach

ADMISSION: Program cost is \$2.00. Admission fee is \$3.00 for non-swimmers ages 12 and older. Enter using rear entrance of school.

VOLUNTEERS: Free admission will be extended to volunteers listed on your returned volunteer sign-up sheets. **No entries will be accepted without completed volunteer sheets.** Please do your best to fill these sheets. If there is a problem please contact the Meet Manager for other arrangements. **Please make sure your volunteers are present at pre-meet meetings. We will hold the meet until assigned volunteers are present at the pre-meet meetings.**

CONCESSIONS: The complete concession stand located in the school cafeteria will be open at 7:30 AM and continue operation until the end of the meet. Live video feed will be provided in the cafeteria.

All Food must be consumed in the Cafeteria area.
Please clean all liquid spills immediately.

TEE SHIRT

SALES: Custom **AAA** Divisional Tee shirts will be available for this years meet. We will post the shirt on our Web Site as soon as possible. Attached you will find your team's order form. Please return it by the due date to guarantee your order. A limited number of sizes will be available at the meet.

www.swimsgsc.org

Directions to Spring Grove High School –

1490 Roth's Church Road, Spring Grove, PA 17362

From 83, take 30 west towards Gettysburg make a left at the light onto 116 (Old Hanover Rd) approximately 3.5 miles bear to the right at the circle onto Roth's Church road approximately 0.5 of a mile turn left at the light into the Spring Grove campus and follow the road up the hill past the Papermaker Stadium. The natatorium is located at the Spring Grove High School.

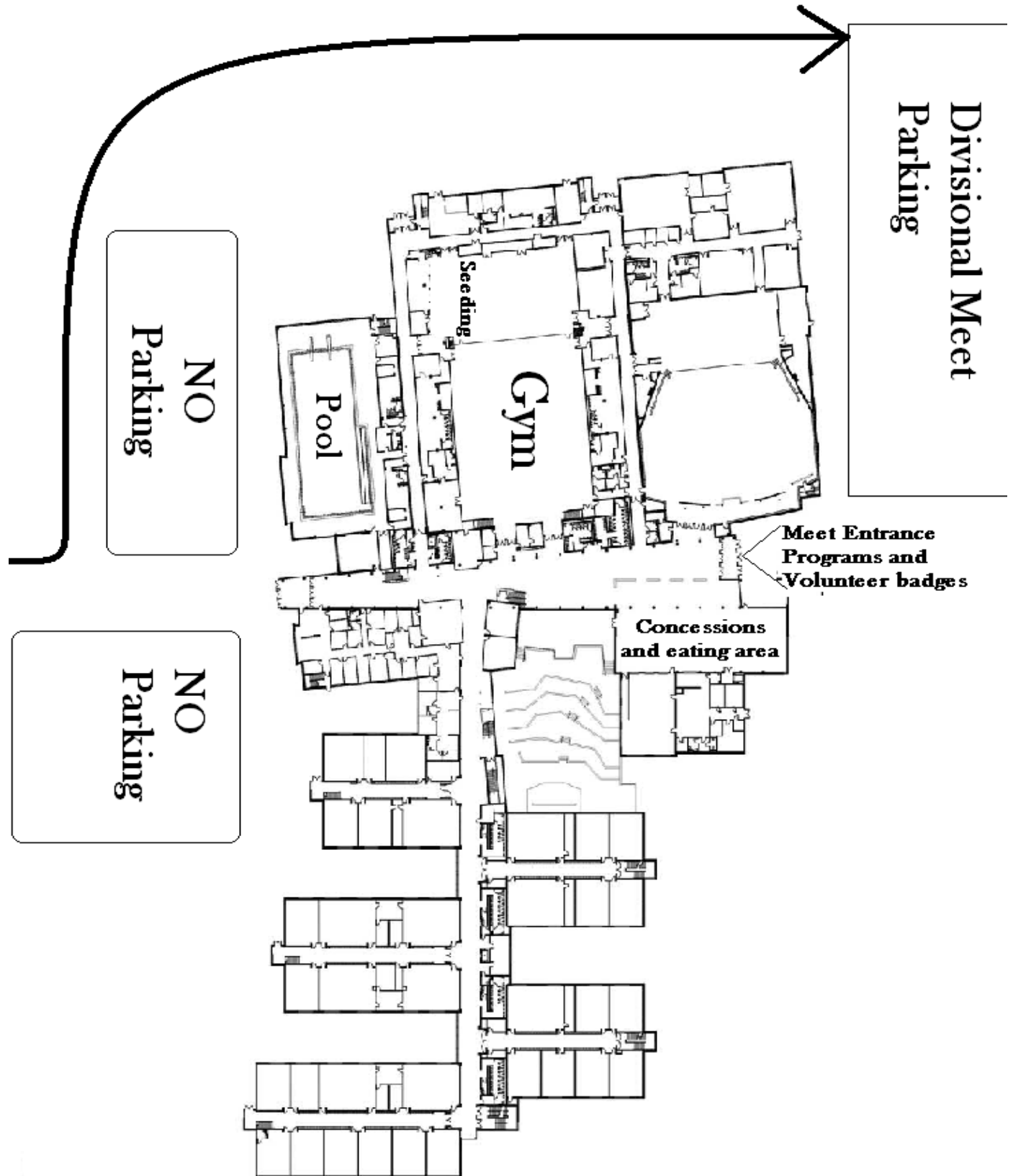
PARKING

Event parking will be located at the rear of the building. (Student Parking Lot)

CAPITAL AREA SWIM LEAGUE
2012 "AAA" Divisional Championships

Spring Grove High School Map

CAPITAL AREA SWIM LEAGUE 2012 "AAA" Divisional Championships



IMPORTANT INFORMATION

CAPITAL AREA SWIM LEAGUE

2012 "AAA" Divisional Championships

PLEASE SHARE THIS INFORMATION WITH ALL PARENTS and SWIMMERS

The Spring Grove Area School District has graciously allowed us the use of the cafeteria and gym to host this meet. Please continue the courtesy by following SGASD rules and adhere to the following.

The Spring Grove High School is a large facility and we are asking that all swimmers and their parents stay in the lobby portion of the school. Anyone trespassing anywhere else in the building will be turned over to the Spring Grove Area School District for trespassing charges.

Video Surveillance Cameras, both covert and overt, installed in District facilities are for security and monitoring purposes. This equipment is monitored or recording at all times. Information received through these recordings will be shared with District Staff and local agencies as deemed appropriate by the administration.

There is no smoking allowed anywhere on the Spring Grove campus. Remember the campus extends all the way to Lake Road.

Coaches, Officials, and assigned meet workers will be the only persons allowed on deck. You must have an event badge to be on deck.

Any swimmer observed swimming under the bulkhead at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Manager. This policy will be strictly enforced.

There are lockers and showers for your swimmer's use, however, neither the SGASD nor the SGSC will be held responsible for any lost or stolen items.

The seating area will be for spectators only. No swimmers will be allowed to sit in the spectator area. Please respect your fellow swim parent by not standing at the railing or saving seats.

We must ask that all swimmers exit the pool via the locker rooms. Swimmers please do your best to dry off in the locker rooms before entering the gym.

Wet gym floors could get very slippery. Please walk on the rugs provided for your safety.

Swimmers will be seeded in the gym and escorted through the natatorium hallway. From there they will be brought into the pool area prior to swimming their event. Please make sure your swimmers understand we will not look for them anywhere other than the gym and once they have been staged they should remain where instructed.

There must be at least one parent dedicated to supervise your team in the gym at all times.

Your team will be responsible for cleaning your area.

Remember to please clean all liquid spills immediately on the wooded GYM floor. No chairs will be allowed directly on the gym floor. You must provide a towel or blanket for the floors protection. There will be NO RUNNING OR BALL PLAYING IN THE GYM.

Be safe and have a great meet.

This packet is available on our web site at:

www.swimsgsc.org

www.swimcasl.org

EVENT LIST-BY EVENT NUMBER

1st HALF

Event #

Event Name

CAPITAL AREA SWIM LEAGUE

2012 "AAA" Divisional Championships

	Event #	Event Name
1		Boys 8 & Under 100 Medley Relay
2		Girls 8 & Under 100 Medley Relay
3		Boys 9-10 200 Medley Relay
4		Girls 9-10 200 Medley Relay
5		Boys 11-12 200 Medley Relay
6		Girls 11-12 200 Medley Relay
7		Boys 13-14 200 Medley Relay
8		Girls 13-14 200 Medley Relay
9		Boys 15 & Over 200 Medley Relay
10		Girls 15 & Over 200 Medley Relay
11		Boys 9-10 100 IM
12		Girls 9-10 100 IM
13		Boys 11-12 100 IM
14		Girls 11-12 100 IM
15		Boys 13-14 100 IM
16		Girls 13-14 100 IM
17		Boys 15 & Over 100 IM
18		Girls 15 & Over 100 IM
19		Boys 8 & Under 25 Freestyle
20		Girls 8 & Under 25 Freestyle
21		Boys 9-10 50 Freestyle
22		Girls 9-10 50 Freestyle
23		Boys 11-12 50 Freestyle
24		Girls 11-12 50 Freestyle
25		Boys 13-14 50 Freestyle
26		Girls 13-14 50 Freestyle
27		Boys 15 & Over 50 Freestyle
28		Girls 15 & Over 50 Freestyle
29		Boys 8 & Under 25 Backstroke
30		Girls 8 & Under 25 Backstroke
31		Boys 9-10 50 Backstroke
32		Girls 9-10 50 Backstroke
33		Boys 11-12 50 Backstroke
34		Girls 11-12 50 Backstroke
35		Boys 13-14 50 Backstroke
36		Girls 13-14 50 Backstroke
37		Boys 15 & Over 50 Backstroke
38		Girls 15 & Over 50 Backstroke
	39	Boys 9-10 100 Freestyle
	40	Girls 9-10 100 Freestyle
	41	Boys 11-12 100 Freestyle
	42	Girls 11-12 100 Freestyle
	43	Boys 13-14 100 Freestyle
	44	Girls 13-14 100 Freestyle
	45	Boys 15 & Over 100 Freestyle
	46	Girls 15 & Over 100 Freestyle
	47	Boys 8 & Under 25 Breaststroke
	48	Girls 8 & Under 25 Breaststroke
	49	Boys 9-10 50 Breaststroke
	50	Girls 9-10 50 Breaststroke
	51	Boys 11-12 50 Breaststroke
	52	Girls 11-12 50 Breaststroke
	53	Boys 13-14 50 Breaststroke
	54	Girls 13-14 50 Breaststroke
	55	Boys 15 & Over 50 Breaststroke
	56	Girls 15 & Over 50 Breaststroke
	57	Boys 8 & Under 25 Butterfly
	58	Girls 8 & Under 25 Butterfly
	59	Boys 9-10 50 Butterfly
	60	Girls 9-10 50 Butterfly
	61	Boys 11-12 50 Butterfly
	62	Girls 11-12 50 Butterfly
	63	Boys 13-14 50 Butterfly
	64	Girls 13-14 50 Butterfly
	65	Boys 15 & Over 50 Butterfly
	66	Girls 15 & Over 50 Butterfly
	67	Boys 8 & Under 100 Freestyle Relay
	68	Girls 8 & Under 100 Freestyle Relay
	69	Boys 9-10 200 Freestyle Relay
	70	Girls 9-10 200 Freestyle Relay
	71	Boys 11-12 200 Freestyle Relay
	72	Girls 11-12 200 Freestyle Relay
	73	Boys 13-14 200 Freestyle Relay
	74	Girls 13-14 200 Freestyle Relay
	75	Boys 15 & Over 200 Freestyle Relay
	76	Girls 15 & Over 200 Freestyle Relay

EVENT LIST-BY EVENT NUMBER

2nd HALF