

**CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2012 SEASON**

**Website:** [www.swimcasl.org](http://www.swimcasl.org)

**OFFICERS:** Richard Janosky, President      Patty Smith Neidigh, Treasurer  
 325 Kunkle Mill Road                      2785 Cambridge Road  
 Dover, PA 17315                              York, PA 17402  
[rjanosky@doversd.org](mailto:rjanosky@doversd.org)                      [Neidighyork@aol.com](mailto:Neidighyork@aol.com)  
 292-7261 (H)                                      755-7181 (H)  
 873-0092 (C)                                      578-8483 (C)  
 292-3671 x 20308

Richard Howley, Vice President              Jeff Boswell, Secretary  
 901 Heritage Hills Drive                      323 North 24<sup>th</sup> Street  
 York, PA 17402                                  Camp Hill, PA 17011  
[Richard.howley@dallastown.net](mailto:Richard.howley@dallastown.net)              [jboswell@btpalaw.com](mailto:jboswell@btpalaw.com)  
 600-2400 (H)                                      737-5773 (H)  
 887-3779 (C)                                      236-9377 (O)  
     236-9316 (Fax)

Guy Tanguay, CASL Scorer  
 21 N. 21<sup>st</sup> Street  
 Camp Hill, PA 17011  
[guy.tanguay@gmail.com](mailto:guy.tanguay@gmail.com)  
 975-0975 (H)  
 319-3972 (C)

NS = No Saturday meet can be hosted

**AAAA DIVISION**

<b>TEAM</b>	<b>COACHES</b>	<b>REPRESENTATIVES</b>
CARLISLE SWIM CLUB 25 meters 6 lanes CSC Start: 9:00 a.m.	Gary Shank 101 Wilson Street Carlisle 17013 440-1434 243-3178 <a href="mailto:gshank1717@comcast.net">gshank1717@comcast.net</a>	SAME

<p>CUMBERLAND VALLEY  25 meters  8 lanes  CVAC  Start: 9:00 a.m.</p>	<p>Caleb Courage  <a href="mailto:couragestorm@gmail.com">couragestorm@gmail.com</a></p>	<p>Lisa Furlong  6085 Run Cross Lane  Enola PA 17025  (717) 421-8492 (cell)  <a href="mailto:furlonglm@hotmail.com">furlonglm@hotmail.com</a></p>
<p>NORTHERN YORK  AQUATIC CLUB  25 yards  6 lanes  NYAC  Start: 6:00 p.m.  NS</p>	<p>Scott Zacharda  410 Fallowfield Road  Camp Hill 17011-4900  487-9500 (C)  737-0511 (YMCA)  <a href="mailto:scott@wsyswim.org">scott@wsyswim.org</a>  <a href="mailto:Terp1516@aol.com">Terp1516@aol.com</a></p>	<p>Sandra Jumper  20 Cobblestone Drive  Carlisle 17015  249-8053  385-4895 (C)  <a href="mailto:sandra.jumper@navy.mil">sandra.jumper@navy.mil</a>  <a href="mailto:deedlesdbj@earthlink.net">deedlesdbj@earthlink.net</a></p>
<p>TROJAN  25 yards  4 lanes  TAC  Start: 6:00 p.m.  NS</p>	<p>Patty Smith Neidigh  2785 Cambridge Road  York 17402  755-7181 (H)  578-8483 (C)  <a href="mailto:Neidighyork@aol.com">Neidighyork@aol.com</a></p>	<p>Patty Smith Neidigh  2785 Cambridge Road  York 17402  755-7181 (H)  578-8483 (C)  <a href="mailto:Neidighyork@aol.com">Neidighyork@aol.com</a></p>
<p>WILDCAT SWIM CLUB  25 meters  6 lanes  WSC  Start: 8:30 a.m.</p>	<p>Alicia Zeigler  2736 Hunt Club Drive  York 17402  717-578-3888  <a href="mailto:aazeigle@aol.com">aazeigle@aol.com</a></p>	<p>Richard Howley  901 Heritage Hills Drive  York 17402  600-2400 (H)  887-3779 (C)  <a href="mailto:richard.howley@dallastown.net">richard.howley@dallastown.net</a></p>
<p>YORK YMCA TIDAL  WAVES  25 yards  4 lanes  YY  Start: 8:30 a.m.</p>	<p>Nate Gentzler  1162 Ruth Street  York 17408  <a href="mailto:nater284@verizon.net">nater284@verizon.net</a></p>	<p>Landy Sopko  2710 Stevenson Drive  York 17404  (717) 799-0501  <a href="mailto:sopkoclan@comcast.net">sopkoclan@comcast.net</a></p>

### AAA DIVISION

TEAM	COACHES	REPRESENTATIVES
<p>AQUATIC CLUB OF WEST SHORE 25 meters 6 lanes ACWS Start: 9:00 a.m.</p>	<p>Jesus Lanzot (717) 728-6162 <a href="mailto:junitorod@hotmail.com">junitorod@hotmail.com</a></p>	<p>Tim Kurland 202 Atlantha Lane Etters 17319 932-0654 (H) 525-9461 (W) <a href="mailto:tvnm4k@epix.net">tvnm4k@epix.net</a> <a href="mailto:turkland@cheraninc.com">turkland@cheraninc.com</a></p>
<p>DOVER 25 yards 6 lanes DAAC Start: 8:30 a.m.</p>	<p>Richard Janosky 325 Kunkle Mill Road Dover 17315 292-7261 (H) 292-3671 x 20308 873-0092 (C) <a href="mailto:rjanosky@doversd.org">rjanosky@doversd.org</a></p>	<p>SAME</p>
<p>EAST PENNSBORO 25 yards 6 lanes EPAC Start: 6:00 p.m. NS</p>	<p>Luann Hetherington 303 Hickory Hill Terrace Harrisburg 17109 215-4054 (C) <a href="mailto:luann.hetherington@highmark.com">luann.hetherington@highmark.com</a> <a href="mailto:lphether@msn.com">lphether@msn.com</a></p>	<p>Liz Groff 23 Hazelwood Path Mechanicsburg 17050 728-0672 (H) 919-1335 (C) 732-0771 (W) <a href="mailto:mommybub@comcast.net">mommybub@comcast.net</a> <a href="mailto:eagroff@epasd.org">eagroff@epasd.org</a></p>
<p>INDIAN CREEK 25 meters 4 lanes ICAC Start: 8:30 a.m.</p>	<p>Alie Zelenky 717-645-0637 (C)</p>	<p>Jim Buck 207 Beaver Drive Mechanicsburg 17050 215-8512 <a href="mailto:jimkatbuck@verizon.net">jimkatbuck@verizon.net</a></p> <p>Marlo Kent 438 Pawnee Drive Mechanicsburg 17050 303-2027 <a href="mailto:The5Kents@comcast.net">The5Kents@comcast.net</a></p>
<p>SOUTH MIDDLETON 25 yards 6 lanes SMSC Start: 9:00 a.m. NS</p>	<p>Drew Hagerich (717) 448-1121</p>	<p>Scott Shively 114 Woodview Drive Mt. Holly Springs 17065 <a href="mailto:ssksshives@embargmail.com">ssksshives@embargmail.com</a></p>

SPRING GROVE 25 meters 6 lanes SG Start: 8:30 a.m. NS	Peggy Kile 53 North Main Street Spring Grove 17362 255-5476 (H) 225-4731 x 7406 (W) <a href="mailto:kilep@sgasd.org">kilep@sgasd.org</a> <a href="mailto:pjk1656@gmail.com">pjk1656@gmail.com</a>	SAME
--	---	------

## AA DIVISION

<p><b>BOBCAT SWIM CLUB</b> 25 yards 6 lanes BSC Start: 8:30 a.m.</p>	<p>Lyndsay Schaeberle 10 Boxwood Road Manchester, PA 17345 968-4355 (C) <a href="mailto:fry3578@hotmail.com">fry3578@hotmail.com</a></p>	<p>Dan Schaeberle 10 Boxwood Road Manchester 17345 266-4716 <a href="mailto:schaeberled@nesd.k12.pa.us">schaeberled@nesd.k12.pa.us</a></p>
<p><b>BIG SPRING</b> 25 meters 8 lanes BS Start: 9:00 a.m.</p>	<p>Nick Miller 114 Wildwood Road Newville 17241 776-6103 (H) 448-4362 (C) <a href="mailto:nrmswimsfast@yahoo.com">nrmswimsfast@yahoo.com</a></p>	<p>Roger Thrush 15 Beecher Drive Carlisle 17015 385-3714 (C) <a href="mailto:rthrush@kuhncom.net">rthrush@kuhncom.net</a></p>
<p><b>CAMP HILL</b> 25 meters 8 lanes CH Start: 8:30 a.m.</p>	<p>Sean Pivovarnik <a href="mailto:pivsport@yahoo.com">pivsport@yahoo.com</a></p> <p>Jeff Boswell 323 N. 24<sup>th</sup> Street Camp Hill 17011 737-5773 (H) 236-9377 (O) <a href="mailto:jboswell@btpalaw.com">jboswell@btpalaw.com</a> <a href="mailto:bozduke323@comcast.net">bozduke323@comcast.net</a></p>	<p>Guy Tanguay 21 N. 21<sup>st</sup> Street Camp Hill 17011 975-0975 (H) 319-3972 (C) <a href="mailto:guy.tanguay@gmail.com">guy.tanguay@gmail.com</a></p>
<p><b>CENTRAL YORK AQUATICS</b> 25 meters 8 lanes CYA Start: 8:00 a.m.</p>	<p>Sara Weber 601 Mundis Mill Road York 17406 846-6789 x 1346 (W) 916-1054 (cell) <a href="mailto:sweber@cysd.k12.pa.us">sweber@cysd.k12.pa.us</a></p>	<p>Mark Beck <a href="mailto:mbeck@tekgard.com">mbeck@tekgard.com</a></p>
<p><b>LION AQUATIC CLUB</b> 25 yard 6 lanes LAC Start: 8:30 a.m.</p>	<p>Heather Stone 1166 Delta Road Red Lion 17356 683-7556</p>	<p>Mike Vernoia 3024 Acorn Lane Red Lion 17356 424-4449 (C) <a href="mailto:mnmv99@comcast.net">mnmv99@comcast.net</a></p>
<p><b>WEST SHORE Y</b> 25 meters 8 lanes WSY All meets away No home meets</p>	<p>Mike Gobrecht 410 Fallow Field Road Camp Hill 17011 737-0511 (YMCA) 514-2287 (C) – use cell 728-3561 (Fax) <a href="mailto:mike@wsyswim.org">mike@wsyswim.org</a> <a href="http://yswim.org">http://yswim.org</a></p>	<p>G. Michael Gobrecht 4172 Nantucket Drive Mechanicsburg 17050 514-2287 (C) – use cell 728-3555 (H) <a href="mailto:mike@wsyswim.org">mike@wsyswim.org</a> <a href="http://yswim.org">http://yswim.org</a></p>

**A DIVISION**

<b>TEAM</b>	<b>COACHES</b>	<b>REPRESENTATIVES</b>
<p>THE ATHLETIC CLUB OF YORK 25 yard 4 lanes ACY No home meets</p>	<p>Denise Miller 6447 Lauren Lane Spring Grove 17362 825-8810 (C) <a href="mailto:twinmom1995@comcast.net">twinmom1995@comcast.net</a></p>	<p>Denise Miller 6447 Lauren Lane Spring Grove 17362 825-8810 (C) <a href="mailto:twinmom1995@comcast.net">twinmom1995@comcast.net</a></p>
<p>GETTYSBURG YWCA 25 meter 6 lanes GET Start: 9:00 a.m.</p>	<p>Megan Maslowski Gettysburg YWCA 909 Fairfield Road Gettysburg 17325 Megan – 253-1706 (C) 334-8797 (Fax) <a href="mailto:sharkscoaches@gmail.com">sharkscoaches@gmail.com</a></p>	<p>Jay Ondrizek 1525 Biglerville Road Gettysburg 17325 <a href="mailto:ondrizej@comcast.net">ondrizej@comcast.net</a></p>
<p>HAMPDEN 25 meters 8 lanes HAC Start: 8:30 a.m.</p>	<p>Unfilled</p>	<p>Joseph M. Spila 732-6862 <a href="mailto:JMSpila@att.net">JMSpila@att.net</a></p>
<p>HANOVER YMCA 25 meters 6 lanes HAY Start: 9:00 a.m.</p>	<p>Josh Miller 500 Hanover YMCA North George Street Hanover 17331 632-8211 <a href="mailto:coachjoshmiller@gmail.com">coachjoshmiller@gmail.com</a></p>	<p>Susan Clauser 202 Garden Lane East Berlin 17316 259-0724 <a href="mailto:SUEC@aol.com">SUEC@aol.com</a></p>
<p>MECHANICSBURG 25 meters 6 lanes MSC Start: 8:30 a.m.</p>	<p>Danny Gray 132 Center Street Carlisle 17013 301-928-5268 <a href="mailto:Danielgray1983@hotmail.com">Danielgray1983@hotmail.com</a></p>	<p>John Kopacko 218 E. Chestnut Street Shiremanstown 17011 761-1794 (H) 645-3971 (C) <a href="mailto:kopackoj@us.ibm.com">kopackoj@us.ibm.com</a></p>
<p>SHIPPENSBURG 25 yards 6 lanes SAC Start: 9:00 a.m.</p>	<p>Jeff Kaminski 713-0453 <a href="mailto:Jk2979@yahoo.com">Jk2979@yahoo.com</a></p>	<p>Scott Wright (717) 729-7062 s.r.wright87@gmail.com</p>