

CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2010 SEASON

Website: www.swimcasl.org

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AAAA DIVISION

TEAM	COACHES	REPRESENTATIVES
CARLISLE SWIM CLUB 25 meters 6 lanes CSC S.T.: 9:00 a.m.	Gary Shank 101 Wilson Street Carlisle 17013 440-1434 243-3178 gshank1717@embarqmail.com	SAME
CUMBERLAND VALLEY 25 meters 8 lanes CVAC S.T.: 9:00 a.m.	Jack Weaver jweaver@cvschools.org	Steve Wickenheiser 1020 Turnbridge Lane Mechanicsburg, 17050-9132 728-1970 (H) 571-5999 (C) smwickenheiser@comcast.net

<p>INDIAN CREEK 25 meters 4 lanes ICAC S.T.: 8:30 a.m.</p>		<p>Jim Buck 207 Beaver Drive 737-3678 JamesGBuck@comcast.net buckgang@comcast.net</p> <p>Marlo Kent 438 Pawnee Drive Mechanicsburg, PA 17050 303-2027 the5Kents@comcast.net</p>
<p>NORTHERN YORK AQUATIC CLUB 25 yards 6 lanes NYAC S.T.: 9:00 a.m.</p>	<p>Scott Zacharda 410 Fallowfield Road Camp Hill 17011-4900 487-9500 (C) 737-0511 (YMCA) scott@wsyswim.org Terp1516@aol.com</p>	<p>Sandra Jumper 20 Cobblestone Drive Carlisle 17015 249-8053 sandra.jumper@navy.mil deedlesdbj@earthlink.net</p>
<p>WILDCAT SWIM CLUB 25 meters 6 lanes WSC S.T.: 8:30 a.m.</p>	<p>Alicia Zeigler 2736 Hunt Club Drive York 17402 891-1034 aazeigle@aol.com</p>	<p>Richard Howley 901 Heritage Hills Drive York 17402 600-2400 (H) 887-3779 (C) richard.howley@dallastown.net</p>
<p>YORK YMCA 25 yards 8 lanes YY S.T.: 9:00 a.m.</p>	<p>Michael Brooks 90 N. Newberry Street York 17401 842-7884, Ext. 268 (O)] mbrooks@yorkcoymca.org</p> <p>Nate Gentzler 1162 Ruth Street York 17408 nater284@verizon.net</p>	<p>Nate Gentzler 1162 Ruth Street York 17408 nater284@verizon.net</p> <p>Sandy Zamalis 1985 Woodberry Road York 17408 zamjams@verizon.net</p>

AAAA DIVISION (CONTINUED)

AAA DIVISION

TEAM	COACHES	REPRESENTATIVES
AQUATIC CLUB OF WEST SHORE 25 meters 6 lanes ACWS S.T.: 9:00 a.m.	Dave Horton	Tim Kurland 202 Atlantha Lane Etters 17319 932-0654 (H) 525-9461 (W) tvmn4k@epix.net tk.cheran@comcast.net
SPRING GROVE 25 METERS 6 LANES SG S.T.: 8:30 A.M.	Peggy Kile 53 North Main Street Spring Grove 17362 225-5476 (H) 225-4731 x 7406 (W) kilep@sgasd.org pjk1656@gmail.com	SAME
DOVER 25 yards 6 lanes DO S.T.: 8:30 a.m.	Richard Janosky 325 Kunkle Mill Road Dover 17315 292-7261 873-0092 Rjanos@dover.k12.pa.us	SAME
BOBCAT SWIM CLUB 25 yards 6 lanes BSC S.T.: 8:30 a.m.	Dan Schaeberle 10 Boxwood Road Manchester 17345 266-4716 schaeberled@nesd.k12.pa.us	Adam Ellis 1425 Canal Road Manchester 17345 266-3894 rdeaelis@netzero.net
WEST SHORE Y 25 meters 8 lanes WSY S.T.: 8:30 a.m.	Mike Gobrecht 410 Fallow Field Road Camp Hill 17011 737-0511 (YMCA) 514-2287 (C) – use cell 728-3561 (Fax) mike@wsyswim.org http://yswim.org	G. Michael Gobrecht 4172 Nantucket Drive Mechanicsburg, PA 17050 514-2287 (C) – use cell 728-3555 (H) mike@wsyswim.org http://yswim.org
SOUTH MIDDLETON 25 yards 6 lanes SMSC S.T.: 9:00 a.m.	Victor Elliott Hedge Row Lane Boiling Springs 17007 velliott@comcast.net	Dana Gossert 393 Limestone Road Carlisle 17015 Danagossert@comcast.net

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<p>CAMP HILL 25 meters 8 lanes CH S.T.: 8:30 a.m.</p>	<p>Sean Pivovarnik pivsport@yahoo.com</p> <p>Jeff Boswell 323 N. 24th Street Camp Hill 17011 737-5773 (H) 236-9377 (O) jboswell@btpalaw.com bozduke323@comcast.net</p>	<p>Guy Tanguay 21 N. 21st Street Camp Hill 17011 975-0975 (H) 319-3972 (C) guy.tanguay@gmail.com</p>
<p>EAST PENNSBORO 25 yards 6 lanes EPAC S.T.: 9:00 a.m.</p>	<p>Luann Hetherington (Head Coach) 303 Hickory Hill Terrace Harrisburg 17109 215-4054 (C) luann.hetherington@highmark.com</p>	<p>Liz Ruopp 23 Hazelwood Path Mechanicsburg 17050 728-0672 (H) 919-1335 (C) mommybub@comcast.net ERUOPP@epasd.org</p>
<p>LION AQUATIC CLUB 25 yard 6 lanes LAC S.T.: 8:30 a.m.</p>	<p>Heather Stone 1166 Delta Road Red Lion 17356 683-7556</p>	<p>Mike Vernoia 3024 Acorn Lane Red Lion 17356 424-4449 (C) mnmv99@comcast.net</p>
<p>TROJAN 25 yards 4 lanes TAC S.T.: 8:30 a.m.</p>	<p>Patty Smith Neidigh 2785 Cambridge Road York 17402 755-7181 (H) 578-8483 (C) Neidighyork@aol.com</p>	<p>Patty Smith Neidigh 2785 Cambridge Road York 17402 755-7181 (H) 578-8483 (C) Neidighyork@aol.com</p>
<p>HAMPDEN 25 meters 8 lanes HAC S.T.: 8:30 a.m.</p>	<p>Justin Kassab 6028 William Drive Mechanicsburg 17050 979-5047 jkassab2005@yahoo.com</p>	<p>Kathy Bass 18 Ellington Road Mechanicsburg 17050 433-0254 (C) kmjbass@verizon.net</p>

AA DIVISION (CONTINUED)

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TEAM	COACHES	REPRESENTATIVES
BEARCAT 25 yard 6 lanes S.T.: 9:00 a.m.	Mike Moffitt 344 Oakbrook Drive Felton 17332 244-4284 (H) 309-9113 (C) moffittcliff@comcast.net moffittcliff@myway.com	
HANOVER YMCA 25 meters 6 lanes HAY S.T.: 1:00 p.m.	Coach Laurie Flynn 500 Hanover YMCA North George Street Hanover 17331 632-8211 emailcoachflynn@aol.com	Susan Clauser 202 Garden Lane East Berlin 17316 259-0724 SUEC@aol.com
SHIPPENSBURG 25 yards 6 lanes SAC S.T.: 9:00 a.m.	Jeff Kaminski 713-0453 Jk2979@yahoo.com	Tina Gray P. O. Box 324 Newburg 17240 423-6056 (H) 860-0912 (C) 5grays@embarqmail.com
GETTYSBURG YWCA 25 meter 6 lanes GET S.T.: 9:00 a.m.	Coach Megan Maslowski/Matt Teeter Gettysburg YWCA 909 Fairfield Road Gettysburg 17325 Megan – 253-1706 (C) Matt – 253-4933 (C) 334-8797 (Fax) sharkscoaches@gmail.com	Jay Ondrizek 1525 Biglerville Road Gettysburg 17325 ondrizej@comcast.net
CENTRAL YORK AQUATICS 25 meters 8 lanes CYA S.T.: 8:30 a.m.	Jason Miller 610 Mundis Mill Road York 17406 846-6789 x 1375 (W) 654-7513 (C) Jmiller2@cysd.k12.pa.us	Karl Peckmann Steve Goodling

BIG SPRING 25 meters 6 lanes BS S.T.: 9:00 a.m.	Nick Miller 114 Wildwood Road Newville 17241 776-6103 (H) 448-4362 (C) nrmwimsfast@yahoo.com	Keith McCabe 35 Pennway Drive Carlisle 17015 258-3882 kmccabe@krec.com
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