

CAPITAL AREA SWIM LEAGUE MEMBERSHIP ROSTER – 2009

Website: www.swimcasl.org

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| <p>OFFICERS: Gary Shank, President 101 Wilson Street Carlisle, PA 17013 gshank1717@embarqmail.com 440-1434</p> | <p>Mike Sienkiewicz, Treasurer 320 Parker Street Carlisle, PA 17013 sienk@pa.net 241-2555</p> |
| <p>Jeanne Howley, Vice President 6004 Devonshire Road Harrisburg, PA 17112 pjhowley@comcast.net 545-6854</p> | <p>Jeff Boswell, Secretary 323 North 24th Street Camp Hill, PA 17011 jboswell@btpalaw.com 737-5773 (H) 236-9377 (O) 236-9316 (Fax)</p> |

AAAA DIVISION

| TEAM | COACHES | REPRESENTATIVES |
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| CARLISLE SWIM CLUB 25 meters 6 lanes CSC S.T.: 9:00 a.m. | Gary Shank 101 Wilson Street Carlisle 17013 440-1434 243-3178 gshank171@embarqmail.com | SAME |
| INDIAN CREEK 25 meters 4 lanes ICAC S.T.: 8:30 a.m. | Stacy Ireland 3708 Leyland Mechanicsburg 17050 649-9057 (C) Stace815@aol.com | Jim Buck 207 Beaver Drive 737-3378 JamesGBuck@comcast.net John Gasparini 460 Pawnee Drive Mechanicsburg 17050 975-5521 jmgaspar@us.ibm.com |

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| <p>SPRING GROVE 25 meters 6 lanes SG S.T.: 8:30 a.m.</p> | <p>Peggy Kile 53 North Main Street Spring Grove 17362 225-5476 kilep@sgasd.com pjk1656@gmail.com</p> | <p>SAME</p> |
| <p>WEST SHORE Y 25 meters 8 lanes WSY S.T.: 8:30 a.m.</p> | <p>Mike Gobrecht 410 Fallowfield Road Camp Hill 17011 728-3555 (H) 514-2287 (C) – use cell 728-3561 (Fax) mike@wsyswim.org http://yswim.org</p> | <p>SAME</p> |
| <p>WILDCAT SWIM CLUB 25 meters 6 lanes WSC S.T.: 8:30 a.m.</p> | <p>Alicia Zeigler 2736 Hunt Club Drive York 17402 891-1034 aazeigle@aol.com</p> | <p>Richard Howley 901 Heritage Hills Drive York 17402 600-2400 (H) 887-3779 (C) richard.howley@dallastown.net</p> |
| <p>YORK YMCA 25 yards 8 lanes YY S.T.: 9:00 a.m.</p> | <p>Michael Brooks 90 N. Newberry Street York 17401 842-7884, Ext. 268 (O)] mbrooks@yorkcoymca.org</p> <p>Nate Gentzler 1162 Ruth Street York 17408 nater284@verizon.net</p> | <p>Nate Gentzler 1162 Ruth Street York 17408 nater284@verizon.net</p> <p>Sandy Zamalis 1985 Woodberry Road York 17408 zamjams@verizon.net</p> |

AAAA DIVISION (CONTINUED)

AAA DIVISION

| TEAM | COACHES | REPRESENTATIVES |
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| <p>AQUATIC CLUB OF WEST SHORE 25 meters 6 lanes ACWS S.T.: 9:00 a.m.</p> | <p>Greg Bryant 500 N. Reeser Road York Haven 17370 938-8076</p> | <p>Tim Kurland 202 Atlantha Lane Etters 17319 932-0654 tvnm4k@epix.net</p> |
| <p>CUMBERLAND VALLEY 25 meters 8 lanes CVAC S.T.: 9:00 a.m.</p> | <p>Jack Weaver jweaver@cvschools.org</p> | <p>Steve Wickenheiser 1020 Turnbridge Lane Mechanicsburg 17050-9132 728-1970 (H) 571-5999 (C) smwickenheiser@comcast.net</p> |
| <p>DOVER 25 yards 6 lanes DO S.T.: 8:30 a.m.</p> | <p>Richard Janosky 325 Kunkle Mill Road Dover 17315 292-7261 873-0092 Rjanos@dover.k12.pa.us</p> | <p>SAME</p> |
| <p>BOBCAT SWIM CLUB 25 yards 6 lanes BSC S.T.: 8:30 a.m.</p> | <p>Dan Schaeberle 10 Boxwood Road Manchester 17345 266-4716 schaeberled@nesd.k12.pa.us</p> | <p>Adam Ellis 1425 Canal Road Manchester 17345 266-3894 rdeaelis@netzero.net</p> |
| <p>NORTHERN YORK AQUATIC CLUB 25 yards 6 lanes NYAC S.T.: 9:00 a.m.</p> | <p>Scott Zacharda 410 Fallowfield Road Camp Hill 17011-4900 487-9500 (C) 737-0511 (YMCA) scott@wsyswim.org Terp1516@aol.com</p> | <p>Sandra Jumper 20 Cobblestone Drive Carlisle 17015 249-8053 sandra.jumper@navy.mil deedlesdbj@earthlink.net</p> |
| <p>MECHANICSBURG 25 meters 6 lanes MSC S.T.: 8:30 a.m.</p> | <p>Danny Gray 132 Center Street Carlisle 17013 301-928-5268 (C) danielgray1983@hotmail.com m</p> | <p>John Kopacko 218 E. Chestnut Street Shiremanstown 17011 761-1794 (H) 645-3971 (C) kopackoj@us.ibm.com</p> |

AA DIVISION

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| <p>BIG SPRING 25 meters 6 lanes BS S.T.: 9:00 a.m.</p> | <p>Steph Webber (Head Coach) 317 Bullshead Road Newville 17241 440-0574 swebber@bigspring.k12.pa.us</p> | <p>Keith McCabe 35 Pennway Drive Carlisle 17015 258-3882 kmccabe@krec.com</p> |
| <p>CAMP HILL 25 meters 8 lanes CH S.T.: 8:30 a.m.</p> | <p>Sean Pivovarnik pivsport@yahoo.com</p> <p>Jeff Boswell 323 N. 24th Street Camp Hill 17011 737-5773 (H) 236-9377 (O) jboswell@btpalaw.com bozduke323@comcast.net</p> | <p>Guy Tanguay 21 N. 21st Street Camp Hill 17011 975-0975 (H) 319-3972 (C) guy.tanguay@gmail.com</p> |
| <p>EAST PENNSBORO 25 yards 6 lanes EPAC S.T.: 9:00 a.m.</p> | <p>Eric Eisenacher 394 Hivner Road Harrisburg 17111 558-9487</p> <p>Luann Hetherington (Head Coach) 303 Hickory Hill Terrace Harrisburg 17109 215-4054 (C) luann.hetherington@highmark.com</p> | <p>Liz Ruopp 23 Hazelwood Path Mechanicsburg 17050 728-0672 (H) 919-1335 (C) mommybub@comcast.net ERUOPP@epasd.org</p> |
| <p>LION AQUATIC CLUB 25 yard 6 lanes LAC S.T.: 8:30 a.m.</p> | <p>Heather Stone 1166 Delta Road Red Lion 17356 683-7556</p> | <p>SAME</p> <p>Mike Vernoia 3024 Acorn Lane Red Lion 17356 424-4449 (C) mnmv99@comcast.net</p> |
| <p>SOUTH MIDDLETON 25 yards 6 lanes SMSC S.T.: 9:00 a.m.</p> | <p>Victor Elliott Hedge Row Lane Boiling Springs 17007 vcelliott@comcast.net</p> | <p>Dana Gossert 393 Limestone Road Carlisle 17015 Danagossert@comcast.net</p> |

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| HAMPDEN 25 meters 8 lanes HAC S.T.: 8:30 a.m. | Justin Kassab 6028 William Drive Mechanicsburg 17050 979-5047 jkassab05@yahoo.com jkassab2005@yahoo.com | Laura Punda 100 E. Clearview Drive Camp Hill 17011 429-0640 lpunda@live.com |
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AA DIVISION (CONTINUED)

A DIVISION

| TEAM | COACHES | REPRESENTATIVES |
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| <p>BEARCAT 25 yard 6 lanes S.T.: 9:00 a.m.</p> | <p>Mike Moffitt 344 Oakbrook Drive Felton 17332 244-4284 (H) 309-9113 (C) moffittcliff@comcast.net moffittcliff@myway.com</p> | |
| <p>GETTYSBURG YWCA 25 meters 6 lanes GET S.T.: 9:00 a.m.</p> | <p>Coach Megan Maslowski/Matt Teeter Gettysburg YWCA 909 Fairfield Road Gettysburg 17325 Megan - 253-1706 (C) Matt – 253-4933 (C) 334-8797 (Fax) sharkscoaches@gmail.com</p> | <p>Jay Ondrizek 1525 Biglerville Road Gettysburg 17325 337-1517 ondrizekj@comcast.net</p> |
| <p>HANOVER YMCA 25 meters 6 lanes HAY S.T.: 1:00 p.m.</p> | <p>Coach Laurie Flynn 500 Hanover YMCA North George Street Hanover 17331 632-8211 coachflynn@aol.com</p> | <p>Susan Clauser 1202 Garden Lane East Berlin 17316 259-0724 SUEC@aol.com</p> |
| <p>SHIPPENSBURG 25 yards 6 lanes SAC S.T.: 9:00 a.m.</p> | <p>Jeff Kaminski 713-0453 Jk2979@yahoo.com</p> | <p>Tina Gray P. O. Box 324 Newburg 17240 423-6056 (H) 860-0912 (C) 5grays@embarqmail.com</p> |
| <p>TROJAN 25 yards 4 lanes TAC S.T.: 8:30 a.m.</p> | <p>Heidi Royer 511 Erlen Drive York 17402 600-0234 (H) hlroyer@comcast.net</p> | <p>Patty Neidigh 2785 Cambridge Road York 17402 755-7181 (H) 578-8483 (C) neidighyork@aol.com</p> |
| <p>CENTRAL YORK AQUATIC CLUB 25 meters 8 lanes CYAC S.T.: 8:30 a.m.</p> | <p>Greg Wimmer 2835 Cambridge Road York 17402 755-8542 (H) 333-3983 (C) gwimmer@cysd.k12.pa.us</p> | <p>Karl Peckmann</p> |
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