

CAPITAL AREA SWIM LEAGUE

2004 "D" Divisional Championships

HOST: Hanover YMCA Stingray Swim Team

LOCATION: Hanover YMCA
500 N. George Street
Hanover, PA. 17331

DATE: Saturday July 24, 2004

WARM-UPS:

<u>TEAM</u>	<u>CODE</u>	<u>WARM-UP TIME</u>	<u>LANE</u>
Hanover YMCA Practice A	HAY	7:00 AM-7:30 AM	1-3
Hanover YMCA Practice B	HAY	7:00 AM-7:30 AM	4-6
Northern York Aquatic	NYAC	7:30 AM-8:00 AM	1-3
Gettysburg YMCA	GET	7:30 AM-8:00 AM	4-6
Bobcat Swim Club	BSC	8:00 AM-8:30 AM	1-3
Shippensburg Aquatic Club	SAC	8:00 AM-8:30 AM	4-6

The first 20 minutes of each session will be warm-ups with the last 10 minutes for sprints.

SCRATCH MEETING: 8:30 AM (Divisional Meeting Room located opposite the pool windows)

OFFICIALS' MEETING: 8:45 AM (Divisional Meeting Room located opposite the pool windows)

START OF THE MEET: 9:00 AM

CONTACTS: Meet Director & Team Rep.: Scott Craver 225-3357 svcraver@suscom.net
Hanover YMCA Aquatics Director: Kim Capone 632-8211
Hanover Swim Team Hy-Tek: Louis Mart 637-2994 webmaster@ymcastingrays.org

ADMISSION: Program cost is \$3.00. Admission fee is \$2.00 for non-swimmers ages 12 and older

AWARDS: Ribbons will be awarded for, 1st through 6th place in Individual events
1st through 3rd in Relay events

Ribbons will be grouped by team and can be picked up by your coach after the meet.

ENTRIES: Hy-Tek entries must be E-Mailed or received by 11:00AM on Monday July 19.

E- Mail entries to webmaster@ymcastingrays.org or

Mail to Scott Craver
Meet Director
135 Springhouse Lane
Spring Grove, PA 17362-8696

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VOLUNTEERS: Free admission will be extended to volunteers listed on your returned volunteer sign-up sheets. **No entries will be accepted without completed volunteer sheets.** Please do your best to fill these sheets. If there is a problem please contact the Meet Manager as soon as possible for alternate arrangements.

FACILITY: Hanover YMCA Aquatics Department has a 6 lane, 25-meter pool with a 7 foot starting end, and a fully automatic Colorado 5 timing system, with touch pads at the finish end for 9 & over swimmers. A single line display will be used. We will be using Hy-Tek Meet Manager software. There will be bleachers for non-swimmers located around the pool. Teams will be seated & staged in the gym.

CONCESSIONS: The concession stand will open at 7:30 AM and will continue operation until the end of the meet. The concession stand will be located in the larger YMCA gym. **All food and drink must be consumed in the gym area.**
Please clean up all spills immediately.

TEE SHIRT

SALES: Custom **D** Divisional tee shirts will be available for this years meet. We will post the shirt on our Web Site as soon as possible. Attached you will find your teams order form. Please return it by the due date to guarantee your order. A limited number of sizes will be available at the meet.

www.ymcastingrays.org

DIRECTIONS:

From the North/West- take 15 South to Route 74 South to Dillsburg. After Northern High School take 194 South. Follow 194 South through Franklinton, East Berlin and Abbottstown. At the first light in Hanover, Utz Plant on the left, make a right onto Eisenhower Drive. You will make an immediate left onto George Street, between the Car Wash and Arbys. The YMCA is behind Wal-Mart on the right.

Or take 15 South to Route 94 South for Hanover/York Springs. At the bottom of the exit take a left towards Hanover. Follow Route 94 through Cross Keys. At the first light in Hanover, (Pizza Hut on the left,) take a left onto Eisenhower Drive. Follow Eisenhower and turn right onto George Street, (between the Car Wash and Arbys). The YMCA is behind Wal-Mart on the right.

From the East- take Route 30 East to Abbottstown. At the square in Abbottstown take Route 194 South. At the first light in Hanover, Utz Plant is on the left, make a right onto Eisenhower Drive. You will make an immediate left onto George Street, between the Car Wash and Arbys. The YMCA is behind Wal-Mart on the right.

If you stop and ask for directions, please indicate the YMCA and not the YWCA, as they are both located in Hanover.

You may find people can direct you to Wal-Mart better than the YMCA. Just a suggestion!

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IMPORTANT INFORMATION

PLEASE SHARE THIS INFORMATION WITH ALL PARENTS, SWIMMERS, & COACHES

The Hanover YMCA has graciously allowed us the use of the large gym for staging this meet. Please continue the courtesy by following YMCA rules and adhere to the following.

The Hanover YMCA is a large facility and we are asking that all swimmers and their parents stay in the front portion of the YMCA. No wet swimmers will be allowed in the “Teen Center” or the “Gymnastics Facility.”

There are lockers for your use, however, neither the Hanover YMCA nor the Hanover YMCA Stingray Parents Association will be held responsible for any lost or stolen items. You may bring a lock for your protection.

The pool deck seating area will be for spectators only. Swimmers will be staged in the gym. No swimmers will be allowed to sit in the spectator area. We apologize for this; however, space is limited on our deck.

We must ask that all swimmers exit the pool via the locker rooms. We are trying to keep the hallway outside the pool open as we have swimmers waiting to swim events sitting outside the pool deck. Swimmers please do your best to dry off in the locker rooms before entering the gym.

Wet gym floors could get very slippery.

Swimmers will be seeded in the gym and moved into the main hallway. From there they will be brought into the pool area prior to swimming their event. Please make sure your swimmers understand we will not look for them anywhere other than the gym and once they have been handed their entry card, they should remain where instructed.

There must be at least one parent to supervise your team in the gym at all times.

Your team will be responsible for cleaning your area.

Remember to please clean up all spills immediately on the wooden floor.

There will be NO RUNNING IN THE GYM.

**This packet and maps are available on our web site at:
www.ymcastingrays.org**

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EVENT LIST-BY EVENT NUMBER 1st HALF

Event #	Event Name
1	Boys 8 & Under 100 Medley Relay
2	Girls 8 & Under 100 Medley Relay
3	Boys 9-10 200 Medley Relay
4	Girls 9-10 200 Medley Relay
5	Boys 11-12 200 Medley Relay
6	Girls 11-12 200 Medley Relay
7	Boys 13-14 200 Medley Relay
8	Girls 13-14 200 Medley Relay
9	Boys 15 & Over 200 Medley Relay
10	Girls 15 & Over 200 Medley Relay
11	Boys 9-10 100 IM
12	Girls 9-10 100 IM
13	Boys 11-12 100 IM
14	Girls 11-12 100 IM
15	Boys 13-14 100 IM
16	Girls 13-14 100 IM
17	Boys 15 & Over 100 IM
18	Girls 15 & Over 100 IM
19	Boys 8 & Under 25 Freestyle
20	Girls 8 & Under 25 Freestyle
21	Boys 9-10 50 Freestyle
22	Girls 9-10 50 Freestyle
23	Boys 11-12 50 Freestyle
24	Girls 11-12 50 Freestyle
25	Boys 13-14 50 Freestyle
26	Girls 13-14 50 Freestyle
27	Boys 15 & Over 50 Freestyle
28	Girls 15 & Over 50 Freestyle
29	Boys 8 & Under 25 Backstroke
30	Girls 8 & Under 25 Backstroke
31	Boys 9-10 50 Backstroke
32	Girls 9-10 50 Backstroke
33	Boys 11-12 50 Backstroke
34	Girls 11-12 50 Backstroke
35	Boys 13-14 50 Backstroke
36	Girls 13-14 50 Backstroke
37	Boys 15 & Over 50 Backstroke
38	Girls 15 & Over 50 Backstroke

EVENT LIST-BY EVENT NUMBER 2nd HALF

Event #	Event Name
39	Boys 9-10 100 Freestyle
40	Girls 9-10 100 Freestyle
41	Boys 11-12 100 Freestyle
42	Girls 11-12 100 Freestyle
43	Boys 13-14 100 Freestyle
44	Girls 13-14 100 Freestyle
45	Boys 15 & Over 100 Freestyle
46	Girls 15 & Over 100 Freestyle
47	Boys 8 & Under 25 Breastroke
48	Girls 8 & Under 25 Breastroke
49	Boys 9-10 50 Breastroke
50	Girls 9-10 50 Breastroke
51	Boys 11-12 50 Breastroke
52	Girls 11-12 50 Breastroke
53	Boys 13-14 50 Breastroke
54	Girls 13-14 50 Breastroke
55	Boys 15 & Over 50 Breastroke
56	Girls 15 & Over 50 Breastroke
57	Boys 8 & Under 25 Butterfly
58	Girls 8 & Under 25 Butterfly
59	Boys 9-10 50 Butterfly
60	Girls 9-10 50 Butterfly
61	Boys 11-12 50 Butterfly
62	Girls 11-12 50 Butterfly
63	Boys 13-14 50 Butterfly
64	Girls 13-14 50 Butterfly
65	Boys 15 & Over 50 Butterfly
66	Girls 15 & Over 50 Butterfly
67	Boys 8 & Under 100 Freestyle Relay
68	Girls 8 & Under 100 Freestyle Relay
69	Boys 9-10 200 Freestyle Relay
70	Girls 9-10 200 Freestyle Relay
71	Boys 11-12 200 Freestyle Relay
72	Girls 11-12 200 Freestyle Relay
73	Boys 13-14 200 Freestyle Relay
74	Girls 13-14 200 Freestyle Relay
75	Boys 15 & Over 200 Freestyle Relay
76	Girls 15 & Over 200 Freestyle Relay